

Simple Hamburger Soup

- 2 lbs. of ground beef, cooked and drained
 - 1 28 oz can of diced petite tomatoes
 - 2 14 oz cans of beef broth (or use equivalent water and beef soup base)
 - 1 10 oz bag of gumbo soup vegetables (or raw okra, onion, celery, carrots, and green peppers)
 - ½ cup of uncooked pearl barley
 - 1 teaspoon Italian seasoning
- Salt and pepper as needed

Combine all ingredients in a slow cooker. Add water to cover. Cover, cook on high for 3 to 4 hours or until barley and vegetables are tender.