ROLLS-ROYCE HARRIERS

5000 METRE TRACK RACE RESULTS WEDNESDAY 10 JULY 2019

RACE 1	RACE 2

POS	NAME	<u>TIME</u>	POS	NAME	TIME
1	DAVID NARBOROUGH	17:31			
2	BEN CLARKE	19:10			
3	CHRIS BOOTH	19:43			
4	TODD COXHEAD	20:26			
5	ANDY DODSLEY	21:11			
6	HAZEL LE CORNU	21:13			
7	MARK FOWELL	22:01			
8	DEBORAH PHELPS	22:23			
9	DEAN SMITH	22:30			
10	CHRIS SMITH	22:44			
			1	SIMON COOK	24:47
			2	PAUL STEELE	24:51
			3	MIKE LAWSON	25:06
			4	NEAL FELLOWS	26:44
			5	STEVE WAKEFIELD	27:54
			6	ROB GOULDS	27:55
			7	GILLIAN WHITESIDE	28:33
			8	BILL SOUTHGATE	29:49
			9	DEBBIE WATKINS	33:02

TIMEKEEPERS JON KINDER, ANDY NORMAN

REMAINING FIXTURES (5PM AT MOORWAYS)

WEDNESDAY 17 JULY 3,000 METRES
WEDNESDAY 24 JULY 1,500 METRES
WEDNESDAY 31 JULY 5,000 METRES
WEDNESDAY 14 AUGUST 3,000 METRES
WEDNESDAY 21 AUGUST 1,500 METRES
WEDNESDAY 28 AUGUST 100, 200, 400 AND 800 METRES
WEDNESDAY 04 SEPTEMBER 100, 200, 400 AND 800 METRES

DON'T FORGET THE PIGGS TROPHY 10K AT MICKLEOVER ON WEDNESDAY, 7 AUGUST AT 7PM. REGISTER AT MICKLEOVER SPORTS CLUB, NORTH END OF STATION ROAD, BY 6.45PM.

ENTRY FEE £8 UNATTACHED, £6 AFFILIATED, FREE TO R-R HARRIERS