

VICTORY OVER FAILURES WORKSHEET (I John 5:4-5)Page 1 of 2*(if applicable) Name of person I have failed to love God's way* my Mother-in-law

(1) My specific unbiblical thoughts, words, and actions (Matthew 7:1-5)	(2) "Put off" and biblical reference(s) (Ephesians 4:22; Colossians 3:5-9)	(3) "Put on" and biblical reference(s) (Ephesians 4:22; Colossians 3:10-17)	(4) My plan not to repeat this sin and to respond biblically instead (Titus 2:11-14)
<p>I became irritated with my Mother-in-law a few times over the past few weeks when she did things differently than me. I didn't say anything, or do anything outwardly, but I often think to myself, "Well, that's really a stupid way to do it."</p> <p>Later, I became irritated and angry when she bribed the boys with snacks to get them to eat lunch. Again, I didn't say anything, but the look on my face was surely an unpleasant one. I can't remember exactly what I was thinking, but I'm sure it was something like this: "I have enough trouble getting them to eat without YOU coming in here and messing things up! I can hardly WAIT until you go home!"</p>	<p>Critical thinking</p> <p>Selfishness</p> <p>Anger (Ephesians 4:31)</p> <p>Critical thinking</p> <p>Selfishness</p>	<p>Godly thinking (Philippians 4:8)</p> <p>Love for God and Others (Matthew 22:37-40)</p> <p>Kindness, tenderhearted (Ephesians 4:32)</p> <p>Godly thinking (Philippians 4:8)</p> <p>Love for God and Others (Matthew 22:37-40)</p>	<p>PATTERNS: Anger, critical thinking, selfishness</p> <p>My basic plan for overcoming critical thinking is to think, speak and act biblically in order to become more and more Christ-like every day and to train myself (by reason of use) to discern both good and evil. (Hebrews 5:14)</p> <p>Think biblically.</p> <p>I will focus my thoughts on the wonderful qualities that my Mother-in-law has, instead of focusing on our differences. I will confess my sinful thoughts to God, and ask for God's help in purifying my thought life. I will memorize Philippians 4:8, and go through the list of characteristics when I begin to feel as though I may think critically of someone. I will think on things that are true, honest, just, pure, lovely, of good report, virtuous, and praise-worthy about the very person or situation I am tempted to think critically about.</p> <p>I will ask myself the following questions:</p> <p>Is this type of thinking sinful?</p> <p>Is my thinking edifying to others, or am I tearing someone down in my thought life?</p> <p>How can I change my thinking to glorify God in this situation?</p>