









Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069
 Hours 9:00am to 4:00pm

COME JOIN US!!!
 Lunch Served Daily
 Monday Thru Friday
 11:30am TO 12:30Pm

January 2019

SUN	MON	TUE	WED	THU	FRI	SAT
		1 SITE CLOSED HAPPY NEW YEAR!! SITE CLOSED	2 Yoga @8:30am Chair exercise @10:00am H&F Cards @12:30	3 Boon Dock Band 10am-12pm Craft and Coloring @1:00-2:30pm	4 Yoga @8:30am Chair exercise @10:00am-11:00am Pinochle @12:30pm	5 
6 	7 Yoga @8:30am Chair exercise @10:00am-11:00am Pinochle @12:30pm	8 Crochet & Knitting @2pm- 4pm Folk Dancing 7pm - 9pm	9 Yoga @8:30am Chair exercise @10:00am-11:00am Bingo @1:00pm H&F Cards @12:30	10 Boon Dock Band 10am-12pm Craft and Coloring @1:00-2:30pm	11 Yoga @8:30am Chair exercise @10:00am-11:00am Bake Sale @11:00am Pinochle @12:30pm	12 
13 	14 Yoga @8:30am Chair exercise @10:00am-11:00am Pinochle @12:30pm	15 Pinochle 12:30pm Movie@1:00pm Crochet & Knitting @2pm-4pm Folk Dancing 7pm - 9pm	16 Yoga @8:30am Chair exercise @10:00am-11:00am H&F Cards @12:30	17 Foster Grandparents@11:00 Craft and Coloring @1:00-2:30pm	18 Yoga @8:30am Chair exercise @10:00am-11:00am Pinochle @12:30pm Legal @ 12:00	19 
20	21 Site Closed For Martin Luther King Day	22 Crochet & Knitting @2pm-4pm Folk Dancing 7pm - 9pm RHS Commodities 1-3	23 Yoga @ 8:30am Chair exercise @10:00am - 11:00am H&F Cards @12:30 Caregiver Support@12 Homeless Presentation @11-1pm	24 Boon Dock Band 10 am-12pm Craft and Coloring @1:00-2:30pm	25 Yoga @8:30am Chair Exercise@10am Pinochle@12:30pm Birthday Luncheon	26 
27 	28 Yoga @ 8:30 Chair exercise @10:00am-11:00am Pinochle @ 12:30	29 Crochet & Knitting @2pm – 4pm Folk Dancing 7pm - 9pm	30 Yoga @ 8:30am Chair Exercise @10:00am – 11:00am H&F Cards @12:30	31 Boon Dock Band @10am-12pm Craft & Coloring @1-2:30pm		Energy and Weatherization Program at DNSC 464-9013