



Hawaii Association for Play Therapy

Summer Workshop and Membership Meeting

Friday, July 19 8:30am to 1:00pm

1259 A'ala St, Honolulu, Hawaii

3 APT CEU's included, sponsored by HAPT

(APT Approved Provider 99-053)



Helpful Interventions for the Trauma Informed Play Therapist to Move Trauma out of the Body

Description of Presentation:

So many of our clients and their families who come to us as play therapists present with some degree of trauma. It has become more important than ever to expand our understanding of trauma so that we can help to address these issues in therapy with our clients. John will help deepen our understanding of trauma so that specific intervention strategies can be utilized to move trauma out of the body. John will identify appropriate play therapy materials that can be used in a therapist's playroom to help work with the client utilizing a trauma-focused approach to play therapy. John will help the play therapist to view their clients through a whole-body approach that looks at how trauma is expressed through the nervous system. This therapeutic model integrates play therapy with Somatic modalities to help our clients work out their trauma expressively.

Presenter:

John Mascaro holds a Ph.D. in clinical psychology from Pacifica Graduate Institute in Carpinteria, California and his M.A. in clinical psychology from Antioch University in Los Angeles, California. John is a licensed marriage and family therapist currently working in private practice on the big island in Waimea. John is a registered play therapist supervisor, a Sandplay Practitioner, and a Theraplay therapist. John is also trained to work with trauma somatically. He is an EMDR therapist, Organic Intelligence Practitioner - Expert Level (OIX), and Touch Skills for Trauma Therapist. For the past 15 years, John has worked with youth and their families and has experience with mental health issues related to developmental and complex trauma, along with abuse, domestic violence, and 12 step/addiction recovery.

Learning Objectives:

1. The attendees will deepen their understanding of trauma and the different ways that trauma is expressed through the body. The attendees will be able to identify play therapy interventions that can be utilized to help move trauma out of the body.
2. The attendees will learn a trauma-informed approach to play therapy.
3. The attendees will view their clients through a whole-body approach that looks at how trauma is expressed through the nervous system.
4. The attendees will learn to integrate play therapy with somatic modalities to help clients to work out their trauma somatically.