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How Art Can Benefit Children With Learning Disabilities

As the parent or teacher of a child with a learning disability, you may feel you lack ways to help them cope with their disability and engage in healthy methods of learning and communicating with others. Consider getting your child involved with some form of art, as it can yield a variety of benefits. [Thematic Teacher](#) presents some ideas below.

Using Art to Help a Child With a Learning Disability

Children with learning disabilities may have difficulty expressing themselves, and they may lack ways to communicate frustration. The arts can [provide outlets](#) for their thoughts and emotions and help enhance their cognitive and motor skills. Art can also be a fun way for children to practice these skills without the rigid requirements of formal educational tasks.

Types of Art and Associated Benefits

Visual arts, such as drawing, painting, or simple crafts, can have particular benefits for preliterate children, helping them to express themselves without rigid boundaries if verbal communication is frustrating. Children who are [visually impaired](#) can work with different

materials, such as shells, sand, fabrics, and textured crayons, to engage in touch-centered art experiences.

Children with [motor disabilities](#) or other conditions, such as [cerebral palsy](#), can still engage in arts and crafts. Using large transfer materials, such as wide pieces of chalk or special paintbrushes, can make it easier for those with restricted hand movements or coordination challenges to benefit from the creative process.

Listening to [music](#) has been proven to help children cope with a variety of emotional challenges. Your child's disability may still allow them to play instruments, and singing can also provide a way for children to express their feelings while strengthening their verbal and motor skills.

Theater arts are an excellent way for children with learning disabilities to acquire new skills, have fun, bolster their confidence, and engage with other children in cooperative activities. Pretending to be [other characters](#) can show them alternative modes of thinking, and children can learn new communication strategies as well as socially appropriate facial and visual cues.

Consider Teaching Other Children

Once you've engaged your child in forms of art that benefit their learning disabilities, you may find you're not only enjoying the experience but also strengthening your own communication skills and affinity for working with disabled children. If you enjoy this process, consider teaching art to other children.

Starting a limited liability company (LLC) can be a beneficial and straightforward way to turn your venture into a viable business. It makes paying taxes easier and allows transactions to be more straightforward. It's also easier to market your business when you have an LLC, and parents of disabled children may find it more appropriate to retain your art therapy services when you operate as an official business. Review the specific requirements for starting an LLC in your state before getting started. If you're overwhelmed by this part of setting up your business, look up [Zen Business contact](#) information and get in touch — formation services can save you a lot of time and energy.

Therapeutic Art for Curious Kids

Engaging a child who has learning disabilities with art projects can be a fun and enriching experience that benefits both of you. If you love doing it, you can start a business to help other children as well.