



A.M.* Snack Menu Summer - Fall 2023

* Provided daily in Preschool only.

AM snacks provided to all rooms on PA days, School Breaks and Summer Camp

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit
Week 2	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	Multigrain Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit
Week 3	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M. G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit
Week 4	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit

P.M. Snack Menu

Week 1	Yogurt Whole Wheat Multigrain Crackers Fresh Fruit	No Nut Butter Whole Wheat English Muffin Fresh Fruit	Gold Fish Crackers Raisins	Apple Strawberry Sauce Whole Wheat Multigrain Crackers	Berry Sour Cream Loaf Fresh Fruits
Week 2	Yogurt Arrowroot Cookies Fresh Fruit	Zucchini Banana Raisin Loaf Fresh Fruit	Soft Cheese Whole Wheat Bagel Fresh Fruit	Oatmeal Raisin Cookies Fresh Fruit	No Nut Butter Raisin Bread Fresh Fruit
Week 3	Apple Strawberry Sauce Rice Cakes	Gold Fish Crackers Raisins	Yogurt Whole Wheat Multigrain Crackers Fresh Fruit	Marble Banana Loaf Fresh Fruit	Sliced Cheddar Whole Wheat Multigrain Crackers Fresh Fruit
Week 4	Carrot Loaf Fresh Fruit	Yogurt Whole Wheat Multigrain Crackers Fresh Fruit	Nachos Cheese Salsa	No Nut Butter Muesli Bun Fresh Fruit	Banana Chocolate Loaf Fresh Fruit

Water available at all times

July 4, 2023