

class schedule



november 2019

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
3	4	5	6	7	8	9
	7:00-8:00pm YANG (SHORT)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
	8:00-9:00pm CHEN (SHORT)	8:00-9:00pm CHEN (SHORT)				
10	11	12	13	14	15	16
	Remembrance Day (no classes)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
		8:00-9:00pm CHEN (SHORT)				
17	18	19	20	21	22	23
	7:00-8:00pm YANG (SHORT)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
	8:00-9:00pm CHEN (SHORT)	8:00-9:00pm CHEN (SHORT)				
24	25	26	27	28	29	30
	7:00-8:00pm YANG (SHORT)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
	8:00-9:00pm CHEN (SHORT)	8:00-9:00pm CHEN (SHORT)				



Medicine Hat
Tai Chi
& Qi-gong Association

www.mhtaichi.ca

太极拳

year of
earth
pig



I have great faith;
The unknown does not
frighten me;
Fate is my destiny;
I am intrepid and confident;
Assured of divine protection;
As I give what I have freely;
I need no accolades as proof;
I am one with all;
What I offer is without
prejudice;
I am pure of heart and trust
in myself;
I AM THE PIG.

class schedule

december 2019



Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	3 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	4 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	5 Happy Holidays! See you in January!	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 Christmas Eve	25 Christmas Day	26 Boxing Day	27	28
29	30	31 New Year's Eve	1	2	3	4



Medicine Hat
Tai Chi
& Qi-gong Association

www.mhtaichi.ca

太极拳

year of
earth
pig



I have great faith;
The unknown does not
frighten me;
Fate is my destiny;
I am intrepid and confident;
Assured of divine protection;
As I give what I have freely;
I need no accolades as proof;
I am one with all;
What I offer is without
prejudice;
I am pure of heart and trust
in myself;
I AM THE PIG.

class schedule


january 2020



Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1 New Year's Day	2	3	4
5	6	7	8 7:00pm OPEN HOUSE MH Cultural Centre Everyone welcome	9	10	11
12	13 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	14 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	15 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	16	17	18
19	20 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	21 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	22 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	23 6:00-9:00pm Chinese New Year Celebration Hat Restaurant Members only	24	25  Chinese New Year
26	27 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	28 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	29	30	31	1



Medicine Hat
Tai Chi
& Qi-gong Association

www.mhtaichi.ca

太极拳

year of
earth
pig



I have great faith;
The unknown does not
frighten me;
Fate is my destiny;
I am intrepid and confident;
Assured of divine protection;
As I give what I have freely;
I need no accolades as proof;
I am one with all;
What I offer is without
prejudice;
I am pure of heart and trust
in myself;
I AM THE PIG.

class schedule

february 2020



Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
2	3 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	4 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	5 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	6	7	8
9	10 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	11 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	12 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	13	14 Valentine's Day	15
16	17 Family Day (No classes)	18 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	19 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	20	21	22
23	24 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	25 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	26 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	27	28	29



Medicine Hat
Tai Chi
& Qi-gong Association

www.mhtaichi.ca

太极拳

year of
metal
rat



I am a mystery
Appearing when least expected
Charming and social
Introverted and secretive
I'm a powerful protector
An unforgiving enemy
I observe and react
Seek reform and Justice
I demand perfection
and fear failure
My objective is survival
I AM THE RAT

class schedule



march 2020

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	3 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	4 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	5	6	7
8	9 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	10 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	11 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	12	13	14
15	16 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	17 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	18 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	19	20	21
22	23 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	24 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	25 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	26	27	28
29	30 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	31 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	1	2	3	4



Medicine Hat
Tai Chi
& Qi-gong Association

www.mhtaichi.ca

太极拳

year of
metal
rat



I am a mystery
Appearing when least expected
Charming and social
Introverted and secretive
I'm a powerful protector
An unforgiving enemy
I observe and react
Seek reform and Justice
I demand perfection
and fear failure
My objective is survival
I AM THE RAT