

Just Dance & Fitness Studio



Monthly Schedule

Just Dance & Fitness Studio 1060
E. Industrial Dr. Ste T
Orange City, FL. 32763

UPDATED 1-5-25

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	5:30 AM STRONG Nation Jennie	6:00 PM Suspension Training Jennie	5:30 AM Suspension Training Jennie	6:00 PM Barre Above Jennie	5:30 AM Barre Above Jennie	8:00 AM STRONG Nation Jennie
	6:45 AM X- Fit Rachelle	7:00 PM HIIT The Dance Floor Tracy & Rachelle	6:45 AM X-Fit Rachelle	7:00 PM LIT Fit Rachelle & Tracy	6:45 AM X-Fit Rachelle	9:00 AM ZUMBA Tracy & Rachelle
	6:00 PM Barre Above Jennie		6:00 PM Zumba® Toning Combo Jennie & Tracy	7:00 PM Last Thurs of the month Dance Fusion Rachelle		10:30 AM Christian Dance Fitness Tracy & Rachelle 2nd & 4th Saturday
	7:00 PM ZUMBA Tracy & Rachelle		7:00 PM Boss Chicks EJ			

