



APRIL 3RD, 2018
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TONIGHT'S MEETING

•For tonight's meeting we will have two speakers: Dr. Seth Sullivan and a representative from Ross University. Dr. Sullivan is an infectious disease specialist in College Station, Texas and is affiliated with multiple hospitals in the area, including College Station Medical Center and Scott and White Memorial Hospital. He received his medical degree from University of Missouri - Kansas City School of Medicine. He is one of 2 doctors at College Station Medical Center and one of 4 at Scott and White Memorial Hospital who specialize in Infectious Disease.

ANNOUNCEMENTS

- In order to officially become a member, you **MUST** fill out a membership form and pay dues!
*The cost is \$45 for the semester or \$65 for the year.
- **VOLUNTEERING: You must be a member to volunteer and are required to wear your pre-medical society shirt, long pants, and closed toed shoes. *You are required to attend an orientation to volunteer at Phoebe's home. To volunteer anywhere you will also need a TB test and a current flu shot.**

POINT OPPORTUNITIES

Pre-Med meeting attendance	3 Points
ECHO meeting attendance	2 Point
Pre-Med Shirt at ECHO Meeting	1 Points
Social/ intramural attendance	2 Points
One hour of community service	1 Point
Recruit a physician to speak or student to write an article	1 Point (max 3)

MEMBERSHIP LEVELS

Exemplary	100 Points
Distinguished	75 Points
Honored	50 Points
Member	<50 points

The points system is used to determine our members' participation within the society. The various echelons of awarded membership allow one to truly benefit from all the society has to offer and to capitalize on this involvement during the medical school application process.



The most valuable member for this week is Sabrina Cuadra! Sabrina is a biology major and has been very involved in Premed events and volunteering! Keep up the good work!

THE CADUCEUS

THE OFFICIAL NEWSLETTER
OF THE TEXAS A&M
PRE-MEDICAL SOCIETY

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Pun of the week:

What do you call a tooth in a glass of water?

“A one molar solution“

-Practice MCAT Question-

A reaction takes place where an alcohol is converted to an aldehyde. This type of reaction is referred to as a:

- A) hydrolysis reaction.
- B) reduction reaction.
- C) oxidation reaction.
- D) dehydration reaction.

DUES AND T-SHIRTS

\$45 for one semester

\$65 for two semesters

*includes T-shirt

Individual shirts are \$15

UPCOMING OPSA WORKSHOPS/ EVENTS

MCAT Dates

- *MCAT Exam* registration: MCAT testing calendar and registration are available.
- 2017 Medical/Dental Portal
- **OPSA PORTAL FILE IS DUE APRIL 12, 2018**
- Medical School applications open in May

For those applying to medical and dental school, you **must attend** a Medical/Dental Portal Workshop in the fall semester the year before you plan to apply. Therefore, if you plan to attend medical school in fall 2019, you will need to attend a Portal

UPCOMING EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Pre-Med Meeting PSYC 338 7:00-8:00	Phoebe's Home 4:00-6:00	St. Joseph's Manor 2:30-4:30 Officer Apps. Due	St. Joseph's Manor 2:30-4:30 Field Trip	Field Trip
		3	4	5	6	7
Field trip	Blaze profit share 5-8pm	Echo Meeting PSYC 338 7:00-8:00	Phoebe's Home 4:00-6:00	St. Joseph's Manor 2:30-4:30	St. Joseph's Manor 2:30-4:30	
8	9	10	11	12	13	14
Baseball Social		Pre-Med Meeting PSYC 338 7:00-8:00	Phoebe's Home 4:00-6:00	St. Joseph's Manor 2:30-4:30	St. Joseph's Manor 2:30-4:30	
15	16	17	18	19	20	21
Kickball Tournament to end Alzheimer's		Echo Meeting PSYC 338 7:00-8:00	Phoebe's Home 4:00-6:00	St. Joseph's Manor 2:30-4:30 End of Year Banquet	St. Joseph's Manor 2:30-4:30	
22	23	24	25	26	27	28

MHMR Authority of Brazos Valley-

When? Wednesday's, Thursday's, and Friday's 9am-2pm

Address: 623 Mary Lake Building C, Bryan, TX 77803

*You must have filled out appropriate paperwork and attend mandatory orientation on the first day you volunteer

*This is the only volunteer opportunity that we will not offer rides for. This is because you can volunteer anytime from 9am-2pm for as long as you'd like.

When the Going Gets Tough, Premeds Get Tougher

Most (if not all) of us have asked others if the journey to becoming a doctor is worth it. Most of us have at least heard the phrases “medicine isn’t what it used to be” or “don’t do it.” In response, I would like to present this link: https://www.youtube.com/watch?v=ZXsQAXx_ao0.

Now, I’m sorry for putting you through Shia Labeouf yelling “Just do it” at you, but that’s the truth. As a dreamer, achiever, and a pre-medical student, it’s of no use hearing about obstacles and giving up. As a growing person, we should be trying to figure out the problems and coming up with solutions. A doctor, a hospital, and the whole healthcare industry is constantly changing. That doesn’t necessarily mean it’s changing for the worse.

We used to see how the doctor’s standard image was as an advocate for their patient, always there to help. However, now it is becoming more so that there are multiple people as a team helping not just one, but several people. Some people may like that while some may not. Again, that doesn’t mean we become discouraged. This is the point where we need more aspiring physicians to be both leaders and advocates.

We need more physicians who advocate for their patients, but also are leaders for the healthcare industry. We are seeing an age where technology is being intertwined with healthcare in all aspects, and we must help make this shift a good one for patients. This isn’t just a new topic; this problem has been around for some time, and medical schools have realized it. New departments, programs, and even new medical schools have tried to provide help. So, in all likelihood, your medical school experience will probably be different than how it used to be.

But wait! Is this a damper on your ambitions? As I pointed out, we need more advocates and leaders, people who embrace change and can use it to their advantage. So, we should be enthusiastic for this change! If you think about it, we are the generation that can control robots in surgeries! OK, maybe I’m exaggerating a little bit, but you get the point.

To give a perspective, around thirty-five new residency programs/medical schools opened in 2015! From Mayo Medical School opening up a new campus in Florida to Yale University creating a new online PA (physician’s assistant) program, we can clearly see the repercussions in the medical field. There are more and more opportunities being created every year, but it is up to future leaders to take a hold of those opportunities and make the most of them. Speaking of leadership experience, while there only used to be five medical schools offering MD/MBA programs in 1993, that number has increased to 65 in 2014, with many residencies creating opportunities for management and leadership.

Further research can also show how a doctor’s job is encompassing a larger variety of tasks. However, if you still feel your true calling is to be a physician, if you still want a career that creatively challenges you every day, and if you believe you can help shape the future of healthcare, then keep on moving forward. I’m not saying to ignore criticism, but listen to it. Acknowledge it. Change it.

<https://www.premedlife.com/feature-articles/when-the-going-gets-tough-we-get-tougher-5103/>

