



MHBBA Schedule

MasterHaydar.com

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***Full Sparring Gear required*

2/1/20	MON	TUES	WED	THURS	FRI	SAT
9-10am		Adult BJJ & Kickboxing		Adult BJJ & Kickboxing		Beginner Taekwondo Forms*
10-11am						Color/Black Belt Forms*
4-5pm	Beginner A Taekwondo Ages 7-10	Tiger Club Taekwondo Ages 4-6	Beginner A Taekwondo Ages 7-10	Tiger Club Taekwondo Ages 4-6	Beginner A Taekwondo Ages 7-10	*Saturday classes are held alternating weekends of the month
5-6pm	Beginner B Taekwondo Ages 7-10	White Belt Only Taekwondo	Beginner B Taekwondo Ages 7-10	White Belt Only Taekwondo	Beginner B Taekwondo Ages 7-10	
6-7pm	Black Belt Club	Color Belt Taekwondo	Black Belt Club	Color Belt Taekwondo **Sparring**	Black Belt Club	
7-8pm	Adult TKD/BJJ	Teen/ Adult TKD	Adult TKD/BJJ	Teen/ Adult TKD	Adult TKD/BJJ	

White Belt Only Taekwondo	Beginner Taekwondo Ages 4-6	Beginner Taekwondo Ages 7-10	Color Belt Taekwondo	Teen/ Adult TKD/BJJ	Black Belt Club
All Ages	White-Green	White-Green	Yellow-Red Belt All Ages *	Ages 11+	Brown Belt and Higher Only *