

RETURN SERVICE REQUESTED

"Like a marker on the Bay, we help each other find the way."

"OPENING NEW DOORS TO WELLNESS"

"Like a marker on the Bay, we help each other find the way."

SOMETHING NEW IS HAPPENING AT CHANNEL MARKER!



Channel Marker changes the lives of people living with serious and persistent mental illness by improving independence, health outcomes, quality of life and whole-person health.

Our services change communities by reducing homelessness, criminal justice interventions and inappropriate use of emergency rooms in our service areas of Talbot, Caroline and Dorchester Counties.

Founded in 1982, Channel Marker provides compassionate and professional services for adults and children. These include psychiatric rehabilitation, independent living and job readiness skills; interpersonal social skills, problem solving, after school programs and recreational opportunities.

Now, we are pressing forward to expand physical health services in response to data that people with mental illness die, on average, 25 years earlier than the general population. To improve the overall wellness of each of our clients we are providing health education, connection to a primary care physician, medication management and on-site clinical services that makes care easily accessible.

OUR VISION

The vision for our new Wellness Center is to provide an enhanced spectrum of integrated health care services to accommodate the overall health, safety and wellbeing of individuals with severe mental illness.

OUR MISSION

The mission of Channel Marker, Inc. is to promote mental health by providing prevention programs, rehabilitation and community services to individuals and their families.



SAVE THE DATE 10.29.16

3RD ANNUAL CHANNEL MARKER GOLF TOURNAMENT *held at the* **TALBOT COUNTRY CLUB**

PROCEEDS WILL GO TOWARDS OUR NEW WELLNESS CENTER CAPITAL CAMPAIGN



12 NOON SHOTGUN | SCRAMBLE FORMAT DINNER TO FOLLOW

TO REGISTER A TEAM CALL 410.822.4619.

OUR EXPANDED WELLNESS SERVICES

PSYCHIATRIC REHABILITATION SUPPORT SERVICES FOR ADULTS AND CHILDREN | RESIDENTIAL SERVICES | VOCATIONAL SERVICES

New!

HEALTH HOME | GROUP PRACTICE FOR TREATMENT AND THERAPY
DENTAL EDUCATION | WELLNESS COUNSELING | CARE COORDINATION

SOMETHING *New!*

We are excited to announce that on December 31, 2015 the Channel Marker Foundation completed the purchase of a 19,000 square foot facility at 8865 Glebe Park Drive in Easton. The demand for our mental health support services has outgrown the space at our 222 Port Street Talbot Rehabilitation Center location. The acquisition of this facility will allow us to incorporate our administrative office and programmatic space under one roof as well as further expand our behavioral health and physical health services. Stay tuned during the coming months to learn more about our new "Channel Marker Regional Wellness Center".



Blood Pressure Screenings through Health Home Service

CONGRATS TO OUR GRADUATES!

Channel Marker is celebrating the recent accomplishments of three of our staff. Ashley Hartman, Rehabilitation Specialist in our Dorchester adult program, Courtney Montgomery, Rehabilitation Specialist in our Caroline youth program and Carly Vincent, Dorchester Residential Coordinator graduated in May with their



L-R COURTNEY, ASHLEY AND CARLY

Master of Social Work degrees from Salisbury University. Each completed their studies while working full-time with Channel Marker. Their commitment to our organization and clients is

evident each day in their work and we were happy to acknowledge and celebrate this accomplishment on Friday, June 3rd at the Dorchester Rehabilitation Center.



Dental Care Counseling Sessions

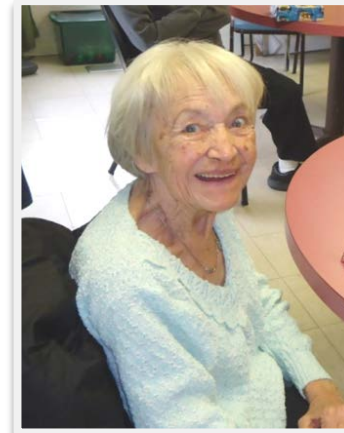


Diet and Nutrition Education

CELEBRATING 34 YEARS OF PROVIDING MENTAL HEALTH SUPPORT SERVICES!

VOICES OF OUR CLIENTS AND FAMILIES

"Channel Marker is a wonderful place to get help with your needs." - CLIENT



"The staff and services are committed, dedicated very aware as well as knowledgeable. Concerned with addressing any concerns or questions the parents may have. Always providing other resources if needed."

- PARENT

"I feel Channel Marker has been very supportive of my problem and me as a whole."

- CLIENT



WHAT IS MENTAL ILLNESS?

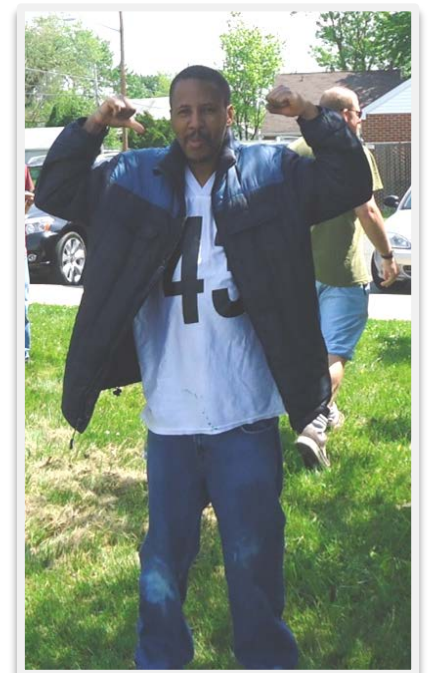
This is a question I am frequently asked. And although many definitions are proposed the biology remains the same. Like other chronic diseases, it is an illness of an organ in the body and with mental illnesses the organ is the brain. Imagine, having a chronic disease that affects your mind; your thoughts, moods, and behaviors on a daily basis. Mental illnesses are no different in principal than heart disease, diabetes or hypertension. All chronic diseases have behavioral components as well as biological components. But since mental illness affects the mind, individuals who suffer with these illnesses require an integrated, holistic approach to their care. It is a collaborative approach to assist and care for clients when they themselves may be disassociated from their health because their brain is unable to focus or connect to their own physical needs.



DIANA ODDENINO
NURSE PRACTITIONER
CONSULTANT, RN, MSN, FNP-BC

"Quick to resolve issues or concerns. Everyone is friendly and outgoing. Provides excellent programs and exercises focusing on certain areas our children need."

- PARENT



"OPENING NEW DOORS TO WELLNESS"

**NOW PROVIDING
WHOLE PERSON
WELLBEING**



"Channel Marker is a big part of my emotional recovery. I wouldn't be where I am without them." - CLIENT

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