

The Fjellheim Flammen



Fjellheim Lodge 6-107

Sons of Norway

1045 Ford Street, Colorado Springs, CO 80915

719 574-3717

www.sonsofnorwaycs.com

Desember 2020

Volume 47 Issue #11

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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Monthly heritage meetings
are held the second Wednesday of every month
(except July).

7:00 pm

Viking Hall, 1045 Ford Street

Send Articles to :

Kerry Hefta
khefta@comcast.net

Deadline for the January issue is December 20th

Attention: December Cancellations

All lodge meetings and events for Fjellheim Lodge are cancelled until at least the end of 2020 except for the lefse sale noted below. Masks and social distancing are required when entering the lodge for the sale.

We will meet again when it is deemed safe to do so. At that time we will announce the change via this newsletter, on Facebook and emails.



Lefse for Sale

We have lefse for sale! If you need to purchase lefse for the holidays, Fjellheim Lodge will be open the following Fridays, December 4, 11, and 18, from Noon – 4:00 pm. The cost is \$10.00 for a package of 6 rounds.

At the same time, we will be collecting donations of non-perishable items to be donated to Care and Share as part of our commitment to the Community. Please be generous and know there is someone who will greatly appreciate our efforts.

Tusen Takk

Becky, BJ, Lois, and Karen (719-390-0621)

President's Corner—The year 2020 is coming to a close. Hope you all had a good Thanksgiving. It's been a difficult year for many of our members. Aren't we longing to give a friend a hug or shake their hand? Maybe soon.

Our Lutefisk and Meatball dinner was very successful and with the A La Carte items, even more so. Thank you to all the lefse makers, cookie bakers, cooks, chefs, setup and cleanup crew that made the event one to remember. There were so many helpers, many pulling double and triple duties: Lois, Carol, Mike, Terry, Max, Karen, Kerry, Becky, Lisa, Ginny, Jerry, Ruth, Paul, Carol, Jerry, Cathe, Dean, Sharon, Cleo, Bev, Steven, Sara, Nancy, Kathie, Jessica, Brenda, Dave, Brad, Jeff and Randy. Det tar en by (It takes a village). Kudos to all and regrets if your name wasn't listed.

Thank you Jean for arranging the informative Zoom cultural presentation at the Heritage meeting and to our presenter Tony Hjelmstad.

Congratulations to members receiving significant year membership certificates and pins. They will be mailed to you as soon as the pins are available. Thank you Kathie for taking care of our members.

We also held elections at our Heritage meeting. Congratulations to Becky and the new Board. Officer names and their positions will be posted in the January Flammen. There are a few positions yet to fill, including Vice-President and Secretary. Please consider volunteering. Thank you Karen for being our election committee.

With the new restrictions now in place, we feel it prudent to suspend meetings and events at our lodge until life is safer.

We wish all of you happiness and good health this year, especially good health.

God Jul og Godt Nytt År! Merry Christmas and Happy New Year!

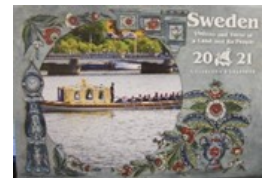
Fraternally BJ & Becky



Norwegian Calendars for Sale



***Viking Sisters** have 2021 Norwegian calendars and one 2021 Swedish calendar available for sale @ \$14.00 each. Please contact Cleo Allgood @ 719-598-1982 to reserve yours and set up a delivery time and method.*



November Heritage Meeting highlighted Lutefisk Dinners Past And Present : 47 years and Counting!

To the left is Ole Bakken giving the presentation. On Nov 11

To the right is a Lutefisk dinner event announcement in the Gazette from 1990!

Sons of Norway to host lutefisk-meatball fest

The Sons of Norway will present its 17th annual lutefisk and meatball dinner Nov. 10 at Benet Hill Center, 2577 N. Chelton Road. There will be three seatings — at 5:30, 6:30 and 7:30 p.m. Tickets are limited to 600 and cost \$8 for adults and \$4 for children under 12. The dinner features lutefisk, Scandinavian meatballs, buttered potatoes with parsley, dessert and beverages. Reservations are required; call 637-8024 or 473-0091.

Highlights of 2020 Lutfisk Dinner featuring Social Distancing!

Attendees were limited to Lodge members or their guests and the usual COVID-19 precautions were taken. The final numbers were 26 at the 2 pm serving and 25 at the 5 pm serving (we had 5 take-out diners as well). The plus side was it was a little easier to handle the rush, as it was reduced to 50+ some attendees from over the usual over 300! Master cook Lois Halvorson said it was a little tricky to figure out exactly how much to make this year since all the recipes are 5 or 6 times larger than needed this year. But it turned out fantastic and everyone had a great time! Hopefully back to normal next year, we've gotta keep the tradition going!



Below: Nancy and Mike relaxing between servings while maintaining social distancing !



Above: Set up before the dinner. Looks a little less crowded doesn't it!



Above: Kristi Brindle and Kerry Hefta enjoying the meal with guests



Above and below the Serving Setups for the 2020 COVID-19 Lutfisk Dinner!

*Right: Adam Brindle
experiencing his first
Fjellheim Lutfisk Dinner
(he's been to Trollheim
before)*



The A La Carte sale was a success!

Here's Becky Tamblyn delivering A La Carte cookies all the way to Alabama! The recipients were delighted and so are we.

We were extremely successful with the a la carte process this year. Having lefse, lutefisk, meatballs, and cookies ordered and paid for in advance reduced confusion by not having to deal with large amounts of cash. It also saved time for the customer because they did not have to stand there and deal with checks or cash transactions. It was just a matter of finding their orders and packaging it.

It's suggested we keep this practice in the future. It provided a stress free and convenient method of presenting food to our members and customers. We can thank the pandemic for providing a reason to think outside the box.



Membership Certificates awarded during the November 11 Heritage Meeting.

Counterclockwise starting left.

20 years Karen Ravnaas, BJ and Terry Mapstone and Jerry Maines

30 years Elaine Hellem

35 years : Pat and Gerald Rowe

And finally 65 years Orlin Knutson (aka Swede). Congrats!



Desperately Needed! 2021 Fjellheim Lodge Vice-President and Secretary!

Want to help out the Lodge and become an officer? Fjellheim lodge is still short a couple of officers required for a fully functional board. The Vice-President backs up the President and is in charge of Lodge membership recruitment. The secretary maintains the meeting notes and paper work and generally keeps us moving forward.

If you are interested please contact any board member for information. It would be very much appreciated.



Sunshine Report – December 2020

*"May Peace be your gift at Christmas and your blessing all
year through!"
Merry Christmas to all and Happy New Year!*

Happy Birthday and Happy Anniversary to all who are celebrating these special occasions during *December*.

Tove E. Palmer, member of Fjellheim Lodge, died October 27, 2020. Tove had been a member of the lodge since 2005 and attended many events until being diagnosed with cancer in 2015. Our sympathies and prayers are with her family. See her memorial on a later page.

LaRue and Dorothy Hanson's daughter, Leanne Bidwell died on October 28, 2020. She was 41 years old and died of an apparent seizure that stopped her heart. She leaves her parents, her husband, Mike, and her 2 ½ year old daughter, Harlie. Our condolences to LaRue and Dorothy, Mike, Harlie, and family. To see Leanne's obituary, go to: <https://www.cappadonafh.com/obituary/Leanne-HansonBidwell>.

June Peterson's daughter Laurie Leggett reports that June has her ups and downs with dementia and goes by 3 times a week to visit through the window. Although June may not remember who we are, it would be nice for her to get cards that she can look at and perhaps stimulate her mind. Cards can be sent to June @ Laurie's home address: 13320 Tahosa Lane, Colorado Springs, CO 80908.

Until we meet again,

Karen Ravnaas, Sunshine Director 719-390-0621

Calling for 2020 Photos

During the past year, many of you have taken pictures on your phone. Please go through your photos, find the very best ones, and send them to me @ KRavnaas@q.com for inclusion in the 2020 History Book. Tusen Takk!

Volunteer Hours for 2020

Please submit the fraternal and community hours you worked in 2020 so they can be counted and submitted for the **Lodge of the Year** report. Please send them to KRavnaas@q.com or call me @ 719-390-0621.

Thank you very much!!



In Loving Memory

Tove Ellinor Palmer

March 25, 1941 - October 27, 2020

Tove, a loving mother, grandmother, and great-grandmother, died on October 27, 2020, after a five-year battle with cancer. She was born Tove Ellinor Havne, March 25, 1941 in Oslo, Norway to Rolf and Olga (Jansrud) Havne.

As a young girl, Tove loved art and fashion. She was a clothing model prior to attending beauty school to become a beautician. She married Henning Carlson and together they had a son, Terje. She later married Paul Turner and together they had two sons, Clifford and Ian.

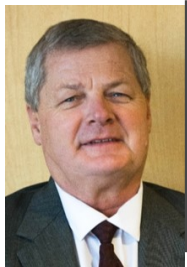
Tove loved to travel and was able to visit many different countries. In 2002, she permanently moved back to the United States to live with her son Terje and family. Tove was able to travel back to Norway every year to visit relatives until she was diagnosed with cancer in 2015.

Tove was very enthusiastic to join our lodge shortly after moving here and she became a member of Fjellheim Lodge, Sons of Norway, on Jan 25, 2005 and remained a member at the time of her death. She was always willing to help at our meetings and events. Tove could enter a room and light it up. She would attend events in her beautiful bunad, always proud of her heritage. She was a happy and delightful person to be around and was always smiling. To the end, Tove was very courageous in her battle with cancer.

Tove is survived by two sons: Terje Turner (wife Kathy) and Ian Turner (wife Chom-malee); four grandchildren and one great-grandchild. She is preceded in death by her parents, Rolf and Olga Havne; her sister Betty Lhren; and her son, Clifford Turner. (Paraphrased from her obituary – KR)

December Birthdays

Einar J Wulfsberg	2
Douglas P Haug	5
Spencer L Holland	6
Marlys A Meagher	6
Lynn Rice	6
Harvey Williams Bucholtz	7
Rosanne M Foresman	7
Ellen Hardy	7
Debra Nau	7
Shirley Jean Stilley	9
Margaret Suntken	9
Ellen K Barry	10
Donald C Ankley	11
Beverly Ann Beasley	12
Jerry W Maines	13
Rita Marie Bucholtz	14
Trond Ostrem	17
John H Peterson	17
Brenda Bostow	22
Bjorg Mapstone	25
Kathlyn J Steinke	26
Caren A Alvestad	27
Joan Diane Dacus	30
Cheri Ann Hughes	30



Kendall Kjerstad

*Financial
Benefits
Counselor*



BFJELLHEIM - 2020 OFFICERS

Board of Directors

Co-President	Becky Tamblyn	271-3631
Co-President	Björg Mapstone	440-3992
Counselor	Kerry Hefta	266-9429
Secretary	Shannon Stokes	648-1070
Treasurer/Finance	Terry Mapstone	351-5644
Membership	Kathie Godsil	229-9289

Program Directors

Sunshine	Karen Ravnaas	390-0621
Cultural Coordinator	Jean Hagen Luce	661-7667
Social	Kathie Godsill	229-9289

Support Officers

Greeters	Lois Halvorson	632-6003
	Cleo Allgood	598-1982
Marshall	Leonard Beasley	471-1801
Editor	Kerry Hefta	266-9429
Web Page & Facebook	Randy Johnson	260-7028
Musician	Sonja Gund	473-9588
Publicity	Eunice Bluhm	351-3554
Librarian	Sonja Gund	473-9588
Viking Sisters	Ginny Johnson	495-025

Committees/Special Activities

Auditors	Dean Tollefson	473-1110
	Ole Bakken	632-3892
	Sara Berge	495-2134
Financial Benefits	Kendall Kjerstad	605 939-1714

Fjellheim Management Corporation (FMC)

Directors	Karen Ravnaas	390-0621
	Terry Mapstone	351-5644
	Jerry Johnson	495-0253
Trustees	Jeff Calvin	331-8575
	Paul Wiig	596-6159
	Jerry Maines	282-0908

Colorado Zone 8 Director

Beverly Moe 720-746-9755
bevm259@comcast.net

District 6 President

Luella Grangaard 760-363-7704
morongo2@verizon.net

Sons of Norway Board

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Sons of Norway

Monthly Newsletter

Kerry Hefta, Editor

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