

## Find a Therapist

The therapists in our directory below are VPA members in good standing and are credentialed by their respective regulatory boards.\*

VPA does not endorse any particular therapist, nor does it guarantee satisfaction with, or the quality of, their services. VPA does not have minimum requirements of its referral members for years of experience or malpractice insurance and encourages you to ask a prospective therapist these questions. It is a member's responsibility to advise VPA of a change in status with the appropriate licensing board; the information presented here represents the most recent information available to VPA.

\* Psychologists: the Vermont Board of Psychological Examiners

Mental Health Counselors (LCMHC) and Marriage & Family Therapists (LMFT): the Vermont Board of Allied Mental Health

Social Workers (LCSW) and Alcohol & Drug Abuse Counselors: the Vermont Office of Professional Regulation

County	Town	Name	Email Address	Telephone	Ext	Clients	Practice Areas
Addison	Bristol	Charlotte McGray, Psy.D.		(802) 388-0929			Affective Disorders Behavioral Medicine Depression/Anxiety Hypnotherapy/Hypnosis Marriage/Divorce/Separation Pain Management
	Bristol	Carolyn M. Dundon, Ph.D.	deerleap.psychotherapy@gmail.com	(802) 453-6330		Adults Couples College Students	Affective Disorders Depression/Anxiety Phobias/Panic Disorders PTSD/Trauma Sexual Issues
	Middlebury	Mary Brevda, M.A.		(802) 388-7435			Affective Disorders Assertiveness Depression/Anxiety Mid-life Crisis Self-Esteem/Concept Sexual Abuse
	Middlebury	Roger A. Marum, Ph.D.		(802) 425-4206		Adults Couples Families College Students	Affective Disorders Death/Dying/Grief Depression/Anxiety Employment & Career Issues Marriage/Divorce/Separation Self-Esteem/Concept

Middlebury	Sheryl A. Coryell, M.A.		(510) 918-2100	Adults College Students	Assertiveness Depression/Anxiety EMDR Gifted/Creative Health Psychology/Wellness Marriage/Divorce/Separation Mid-life Crisis PTSD/Trauma Religion & Spirituality Self-Esteem/Concept Stress/Hypertension Training & Consultation
Middlebury	Danielle Bergeron Ingram, M.S.	vtpsychologist@yahoo.com	(802) 353-6580	Adults Children Adolescents College Students	Brief Therapies Depression/Anxiety Developmental & Intellectual Disabilities Health Psychology/Wellness Testing & Evaluations Life Transitions
Middlebury	Marion D. Bauer, M.Ed., C.A.S.		(802) 388-7195	Adults Couples	Affective Disorders ADD Assertiveness Depression/Anxiety Employment & Career Life Transitions Marriage/Divorce/Separation Mid-Life Crisis Self-Esteem/Concept Stress/Hypertension
North Ferrisburgh	Roger A. Marum, Ph.D.		(802) 425-4206	Adults Couples Families College Students	Affective Disorders Death/Dying/Grief Depression/Anxiety Employment & Career Issues Marriage/Divorce/Separation Self-Esteem/Concept

<b>Bennington</b>	Bennington	Robert C. Hemmer, Psy.D.	drbob@drbobhemmer.com	(802) 362-5660	Children Adolescents Families	Assertiveness ADD Behavioral Medicine Depression/Anxiety Developmental & Intellectual Disabilities Health Psychology/Wellness LGBTQ Issues Obsessive-Compulsive Disorder Phobias/Panic Disorders PTSD/Trauma School Consultations Self-Esteem/Concept Sexual Abuse Traumatic Brain Injury
	Bennington	Lisa M. Pezzulich, Psy.D.		(802) 442-3520	Adults College Students	Depression/Anxiety Eating Disorders Employment & Career Issues LGBTQ Issues Obsessive-Compulsive Disorder PTSD/Trauma
	Bennington	Kirke McVay, M.A.	kirkemcvay@comcast.net	(802) 447-2129	Adults Couples Families Adolescents College Students	Anger Management Dissociative Disorders Hypnotherapy/Hypnosis Pain Management Sleep Disorders Smoking Cessation
	Bennington	David Brown, Ph.D.		(802) 442-3520	208 Adults Couples	Depression/Anxiety Marriage/Divorce/Separation PTSD/Trauma
	Manchester	Hallie Lovett, Ph.D.	hallielovett@gmail.com	(802) 353-0878	Adults Couples Families College Students	Affective Disorders Depression/Anxiety Group Therapy LGBTQ Issues Marriage/Divorce/Separation
	North Bennington	Louis Propp, Psy.D.		(802) 442-2722		

<b>Caledonia</b>	Hardwick	Margaret McGuire, Ph.D.	wellspringvt@gmail.com	(802) 472-6694	Adults Couples	Abuse/Violence Behavioral Medicine Chronic Illness/Disability Group Therapy Health Psychology/Wellness Death/Dying/Grief Depression/Anxiety Dissociative Disorders Marriage/Divorce/Separation Pain Management PTSD/Trauma Sexual Abuse Training & Consultation
	Hardwick	Larry J. Karp, Psy.D.	hed-doc@comcast.net	(802) 472-6734	Adults Couples Families Children Adolescents College Students	Depression/Anxiety Eating Disorders Geropsychology Health Psychology/Wellness Marriage/Divorce/Separation Training/Consultation
	Lyndonville	Deborah Goldberg, M.Ed.		(802) 748-3711	Adults Adolescents College Students	Assertiveness Depression/Anxiety Health Psychology/Wellness Imagery Self-Esteem/Concept Stress/Hypertension
	St. Johnsbury	Judith Markey, Psy.D.	jmarkeypsyd@gmail.com	(802) 751-9347		
<b>Chittenden</b>	Burlington	Paul Foxman, Ph.D.		(802) 865-3450	425 Adults Couples Families Children Adolescents College Students	Depression/Anxiety Gifted/Creative Health Psychology/Wellness Mid-life Crisis Phobias/Panic Disorders Group Therapy

Burlington	Bonnie Morrissey, M.Ed.		(802) 860-2814	2 Adults Couples	Affective Disorders Assertiveness Death/Dying/Grief Depression/Anxiety Health Psychology/Wellness Mid-life Crisis Self-Esteem/Concept Life Transitions
Burlington	Kate J. Longmaid, Ph.D.	kate@katelongmaidphd.com	(802) 651-7535	Adults	Death/Dying/Grief Depression/Anxiety Gifted/Creative Mid-life Crisis Marriage/Divorce/Separation Self-Esteem/Concept Life Transitions
Burlington	Richard Finkelstein, Ph.D.	rfinkelstein2@gmail.com	(802) 865-3405	Adults Couples Families Children Adolescents College Students	Affective Disorders Attention Deficit Disorder Depression/Anxiety School Consultation Self-Esteem/Concept Stress/Hypertension
Burlington	Adam M. Grundt, Ph.D.	adam.grundt.phd@gmail.com	(802) 441-4072	Adults College Students	Addictions Behavioral Medicine Chronic Illness/Disability Depression/Anxiety Health Psychology/Wellness LGBTQ Issues Pain Management Personality Disorders PTSD/Trauma Religion & Spirituality Traumatic Brain Injury
Burlington	Glenn B. Soberman, Ph.D.	glennsoberman@gmail.com	(845) 255-2443	Adults Couples College Students	Depression/Anxiety Dreams/Nightmares Obsessive-Compulsive Disorder Phobias/Panic Disorders PTSD/Trauma Religion & Spirituality

Burlington	Andrew D. Blair, Psy.D.	andrew@andrewblairpsyd.com	(703) 731-2448	Adults College Students	Affective Disorders Assertiveness Depression/Anxiety LGBTQ Issues Phobias/Panic Disorders Self-Esteem/Concept
Burlington	Andrea L. Kelly, M.A.		(802) 363-9567		
Burlington	Richard W. Davis, Ph.D.		(802) 651-7534		
Burlington	Richard A. Witte, Ph.D.	richardawitte@gmail.com	(802) 658-2455	Adults Couples Families Children Adolescents College Students	Chronic Illness/Disability Death/Dying/Grief Depression/Anxiety Marriage/Separation/Divorce PTSD/Trauma Training & Consultation
Burlington	Alexandra H. Thomsen, Ph.D.	alexthomsenphd@gmail.com	(802) 825-5239	Children Adolescents College Students	Death/Dying/Grief Depression/Anxiety Health Psychology/Wellness Obsessive-Compulsive Disorder Pain Management Phobias/Panic Disorders
Burlington	Jean Pieniadz, Ph.D.		(802) 651-7506	Adults Couples	Affective Disorders Depression/Anxiety Dreams/Nightmares Employment & Career Issues Marriage/Divorce/Separation Self-Esteem/Concept Life Transitions

Burlington

Aimee I. Gaffney, M.A.

agaffn@gmail.com

(802) 223-0447

Adults  
Couples  
College Students  
Women

Abuse/Violence  
Affective Disorders  
Attention Deficit Disorders  
Chronic Illness/Disability  
Death/Dying/Grief  
Depression & Anxiety  
Dissociative Disorders  
Dreams/Nightmares  
Employment & Career Issues  
Health Psychology/Wellness  
Imagery  
LGBTQ Issues  
Marriage/Divorce/Separation  
Mid-life Crisis  
Obsessive-Compulsive Disorder  
PTSD/Trauma  
Self-Esteem/Concept  
Sexual Issues  
Sexual Abuse  
Life Transitions

Burlington

Marcia W. Hemley, Ph.D.

(802) 863-6114

Adults  
Couples  
Families

Brief Therapies  
Chronic Illness/Disability  
Depression/Anxiety  
Group Therapy  
Marriage/Divorce/Separation  
Mid-life Crisis  
Rehabilitation  
Self-Esteem/Concept  
Sleep Disorders  
Transitions in Life

Burlington	Sara M. Clements, Psy.D., LADC		(802) 999-0861	Adults Couples Families College Students	Abuse/Violence Addictions Affective Disorders Anger Management Assertiveness Attention Deficit Disorder Behavior Analysis/Problems Brief Therapies Crisis Intervention Depression/Anxiety Employment & Career Issues Forensic Issues Group Therapy Health Psychology (Wellness) LGBTQ Issues Marriage/Divorce/Separation Mid-life Crisis Multicultural/Pluralistic Issues PTSD/Trauma Self-Esteem/Concept Stress/Hypertension Substance Abuse Suicide
Colchester	Virginia M. MacDonald, Ph.D.	dr.saraclements@gmail.com gmacd2@msn.com	(802) 878-3802	Adults Families Children Adolescents College Students	Abuse/Violence Attention Deficit Disorder Depression/Anxiety PTSD/Trauma Self-Esteem/Concept Sexual Abuse
Colchester	Robert J. Narucki, M.A.	r.narucki@comcast.net	(802) 872-7645	Adults Couples Families Children Adolescents College Students	Abuse/Violence Affective Disorders Assertiveness PTSD/Trauma Sexual Abuse Life Transitions
Colchester	Kristin C. Sopronyi, M.S.	kristin@kcpsychology.com	(717) 433-3484		
Essex Junction	Robert M. DuWors, Ph.D.		(802) 876-7613		

Essex Junction	Catherine E. Burns, Ph.D.		(802) 922-1612	Children Adolescents	Behavior Analysis/Behavior Problems Brief Therapies Depression/Anxiety Obsessive-Compulsive Disorder Phobias/Panic Disorders PTSD/Trauma School Consultations
Shelburne	Rae Anne Barry, Ph.D.	raeannebarry@gmail.com	(802) 985-3315		
Shelburne	Mavis E. Milne, Ph.D.		(301) 267-3241	Adults Couples College Students	Affective Disorders Attention Deficit Disorders Depression/Anxiety Imagery Marriage PTSD/Trauma Self-Esteem/Concept
South Burlington	Kay Frances Schepp, Ed.D.	dr.mavis.milne@gmail.com kschepp@uvm.edu	(802) 658-3586	Adults Couples Older Adolescents	Attention Deficit Disorder Chronic Illness/Disability Death/Dying/Grief Depression/Anxiety LGBTQ Issues Marriage/Divorce/Separation Mid-life Crisis PTSD/Trauma Sexual Issues Training & Consultation Life Transitions
South Burlington	Milton J. Marasch, Ph.D.		(802) 958-9191	Adults Older adults	Chronic Illness/Disability Death/Dying/Grief Depression/Anxiety Geropsychology Obsessive-Compulsive Disorder Rehabilitation
South Burlington	Bruce J. Chalmer, Ph.D.	bruce@brucechalmer.com	(802) 860-6671	Adults Couples Families	EMDR Hypnotherapy/Hypnosis Marriage/Divorce/Separation PTSD/Trauma

	South Burlington	Lisa M. Cepeda, Ph.D.	lcepeda@uvm.edu	(802) 656-2661	Adults College Students	Assertiveness Depression/Anxiety Eating Disorders Self-Esteem/Concept
	South Burlington	Suzanne N. Adams, M.A. Clinical Director The Adams Center for Mind & Body LLC		(802) 233-6162		EMDR DNMS
	South Burlington	Katherine D. McGinniss, Ph.D., LMFT	katherinemcginnis0412@gmail.com	(802) 658-4208	112 Adults Couples Children Adolescents College Students	Affective Disorders Depression/Anxiety PTSD/Trauma
	South Burlington	Amy A. Paysnick, Ph.D.		(802) 865-3450	504 Children Adolescents College Students	Chronic Disability/Illness Depression/Anxiety Neuropsychology Phobias/Panic Disorders Testing & Evaluation Traumatic Brain Injury
	South Burlington	Sheryl Foxman, M.S.		(802) 879-1802		
	Williston	Teresa J.L. Scott, Ph.D.		(802) 656-9973	Adults Children Adolescents	Affective Disorders Attention Deficit Disorder Depression/Anxiety Obsessive-Compulsive Disorder Testing & Evaluation
	Williston	Michael Dorr, M.S.	vtcounselor@gmail.com	(802) 377-8787	Adults	Anger Management Depression/Anxiety Pain Management PTSD/Trauma Substance Abuse Testing & Evaluation
<b>Franklin</b>	Georgia	Joelle van Lent, Psy.D.	joellevanlent@gmail.com	(802) 233-6001		
<b>Lamoille</b>	Stowe	Joanne P. Hayden, M.A.	stowejph@yahoo.com	(802) 253-8912		

	Stowe	Richard T. Barnett, Psy.D., M.S., LADC	dr.rickbarnett@gmail.com	(802) 373-2909	Adults College Students	Addictions Affective Disorders Depression/Anxiety EMDR Employment & Career Issues Geropsychology Healthy Psychology/Wellness PTSD/Trauma Self-Esteem/Concept Smoking Cessation Substance Abuse Life Transitions
<b>Orleans</b>	Glover	Judy D. Young, M.A.		(802) 525-3507		
<b>Rutland</b>	Rutland	Nancy A. Field, Ph.D.		(802) 747-3480	Adults	Affective Disorders Assertiveness Behavior Analysis/Problems Behavioral Medicine Brief Therapies Chronic Illness/Disability Depression/Anxiety Death/Dying/Grief Employment & Career Issues Gifted/Creative Issues Health Psychology/Wellness LGBTQ Issues Marriage/Divorce/Separation Mid-life Crisis Multicultural/Pluralistic Issues Obsessive-Compulsive Disorder Pain Management Phobias/Panic Disorders Religion/Spirituality Reproductive Issues Self-Esteem/Concept Sexual Issues Smoking Cessation Sports Psychology Stress/Hypertension Life Transitions

Rutland	Kimberly A. Rider, M.S.	kimberlyrider9@gmail.com	(802) 345-3764	Adults Children Adolescents College Students	Abuse/Violence Anger Management Depression/Anxiety Group Therapy Sexual Issues Sexual Abuse
Rutland	Sara Scull, M.S.	Sara.Scull716@gmail.com	(802) 779-3552		
Rutland	Marc A. Cecil, Ph.D.	mcecilvt@aol.com	(802) 773-3616	Adults College Students	Death/Dying/Grief Depression & Anxiety Marriage/Divorce/Separation PTSD/Trauma Self-Esteem/Concept Transitions in Life
Rutland	John "Jack" Jessup, M.A.		(802) 417-2067	Adults Children Adolescents	Death/Dying/Grief Depression/Anxiety Obsessive-Compulsive Disorder Phobias/Panic Disorders PTSD/Trauma Self-Esteem/Concept
		me@jackjessup.com			
Rutland	Hilary Linderman, Psy.D.		(802) 747-3633	Adults Families	Affective Disorders Chronic Illness/Disability Health Psychology (Wellness) Pain Management Psychology Research PTSD/Trauma
Wallingford	Dean J. M. Mooney, Ph.D.		(802) 446-3577	Adults Couples Families Children Adolescents College Students	Affective Disorders Attention Deficit Disorder Bariatric Evaluations EMDR Juvenile Forensic Evaluations LGBTQ Issues Neuropsychology Sexual Issues Testing & Evaluation
West Rutland	Robert M. Smolinski, C.A.S.	rbsmlnsk@msn.com	(802) 438-5267		

<b>Washington</b>	Berlin	Barry B. Rufenacht, LICSW, LADC	barryrufenachtlicsw@comcast.net	(802) 223-8952	Adults Couples Families Children Adolescents College Students	Attention Deficit Disorder Death/Dying/Grief Depression/Anxiety Marriage/Divorce/Separation PTSD/Trauma Substance Abuse
	Montpelier	Claire M. Dumas, Psy.D.		(802) 223-0275		
	Montpelier	Kristin Glaser, Ph.D.	kristinglaser@comcast.net	(802) 223-6564	Adults	Brief Therapies Depression/Anxiety Geropsychology Marriage/Divorce/Separations Self-Esteem/Concept Life Transitions
	Montpelier	Jane Kast, M.A.		(802) 229-6148	Adults Couples Families	Depression/Anxiety EMDR Employment & Career Issues Marriage/Divorce/Separation PTSD/Trauma Life Transitions
	Montpelier	Jeffrey J. Allen, M.A.	jjapple88@gmail.com	(802) 223-4342	Adults Couples College Students	Death/Dying/Grief Dreams/Nightmares Gifted/Creative Issues Self-Esteem/Concept Sleep Disorders Life Transitions
	Montpelier	Ronald Thompson, M.A.	masterfullifeperformance@gmail.com	(802) 454-4635	Adults Couples College Students	Affective Disorders Anger Management Assertiveness Depression/Anxiety Performance Anxiety Phobias/Panic Disorders PTSD/Trauma Self-Esteem/Concept Stagefright

	Montpelier	Glenn B. Soberman, Ph.D.	glennsoberman@gmail.com	(845) 255-2443	Adults Couples College Students	Depression/Anxiety Dreams/Nightmares Obsessive-Compulsive Disorder Phobias/Panic Disorders PTSD/Trauma Religion & Spirituality
	Montpelier	Richard A. Witte, Ph.D.	richardawitte@gmail.com	(802) 223-0180	Adults Couples Families Children Adolescents College Students	Chronic Illness/Disability Death/Dying/Grief Depression/Anxiety Marriage/Separation/Divorce PTSD/Trauma Training & Consultation
	Montpelier	Anne Unangst, M.Ed.	anneunangst@gmail.com	(802) 465-4296		
	Montpelier	Eric R. Aronson, Psy.D.	ericaronson.psyd@gmail.com	(802) 552-0275	Adults Couples Families Children Adolescents College Students	Attention Deficit Disorders Death/Dying/Grief Depression/Anxiety EMDR Marriage/Divorce/Separation PTSD/Trauma School Consultation
<b>Windham</b>	Brattleboro	Harvey Liss, Psy.D.		(802) 257-1062	4 Adults	Assertiveness Attention Deficit Disorders Depression/Anxiety Self-Esteem/Concept Testing & Evaluation
	Brattleboro	Daniel O. Wade, Psy.D.		(802) 254-2291	216	
<b>Windsor</b>	Norwich	Annette L. Kennedy, Psy.D.	annetteken@gmail.com	(802) 785-2639	Adults Couples Adolescents College Students	Depression/Anxiety Asperger's Syndrome (ASD) Relationship & Work Issues LGBTQ Issues Marriage/Divorce/Separation Training & Consultation
	Quechee	Ann E. Reynolds, Psy.D.		(802) 295-1584		

Springfield	Richard W. Root, II, Ed.D.		(802) 885-5719	Adults Couples Families Children Adolescents College Students	Abuse/Violence Addictions Affective Disorders Anger Management Assertiveness Attention Deficit Disorder Brief Therapies Chronic Illness/Disability Developmental & Intellectual Disabilities Forensic Issues Geropsychology Group Therapy Neuropsychology Obsessive-Compulsive Disorder Personality Disorders PTSD/Trauma Religion & Spirituality School Consultations Sports Psychology Stress/Hypertension Testing & Evaluation Training & Consultation Traumatic Brain Injury Life Transitions
Springfield	Jessica G. Di Marco, Psy.D.		(802) 885-5719	Adults Children Adolescents College Students	Abuse/Violence Depression/Anxiety Developmental & Intellectual Disabilities Forensic Issues Sexual Issues Testing/Evaluation
Woodstock	William J. Ballantyne, Psy.D.	docroot2@vtel.com Bill@DrBallantyne.com	(802) 296-1211	Adults Couples Adolescents	Affective Disorders Depression/Anxiety Marriage/Divorce/Separation Phobias/Panic Disorders Sexual Abuse