

**Palm Beach-North**



*This workshop has been approved for and offers 1 contact hour. BAP-321, Exp. 03/19.*

**October 8, 2018 • 6:00 p.m.– 7:30 p.m.**

**“Let Go of Emotional Overeating and Love Your Food”**

*Presented by: Arlene Englander, LCSW, MBA, PA*

*Based on her work, also described in the book of the same title (Rowman & Littlefield, 2018).*

**Workshop will be held at:**

Barry University

9123 N. Military Trail

Palm Beach Gardens, FL 33410

*This workshop is sponsored by Monte Nido & Affiliates*

Registration for free for NASW members and students and \$10 for non-members.

**To register, go to [www.naswfl.org/events.html](http://www.naswfl.org/events.html).**