





## 2017 NPC Pride of the Midwest Iron Championships Entry Form

Elegibility: All competitors must be a current and registered NPC athlete and amateur in good standing. Masters Men/Women MUST have reached their respective birthday by September 30, 2017 and provide proof of age with birth certificate, drivers licensce or state ID.

Date:September 30, 2017Location: Reuther High 913 57th St Kenosha, WITime:September 29th mandatory check in at host hotel 5-7pm. Mandatory athlete meeting at9:00amSeptember 30th Prejudging 10:00am Finals 5:00pm

## **Divisions (national qualifiers):**

Men's Open BodyBuidling: Bantam Weight (up to 143.25 lbs) Lightweight (over 143.25 lbs including 154.25) Middleweight (over 154.25 lbs up to & including 176.25) Light Heavyweight (over 176.25 lbs up to & including 198.25) Heavyweight (over 198.25) Masters 40+

Men's Physique:

Class A (up to & including 5'7") Class B (over 5'7" up to & including 5'10") Class C (Over 5'10") Masters 35+

Figure: Class A (up to and including 5'4") Class B (over 5'4" up to & including 5'6") Class C (over 5'6") Masters 35+ Women's Physique Class A (up to & including 5'6") Class B (over 5'6") Bikini: NOVICE\* Class A (up to & including 5'4") Class B (over 5'4" up to & including 5'6") Class C (over 5'6") Masters 35+ Masters 40+ NEW FITNESS DIVISION -one class

## NEW

<u>Men's Classic Physique</u> (Must make weight or will move to BB or physique)

| <i>Class A</i> (up to and including 5'7")<br>*Up to and including 5'4"<br>*over 5'4" up to and including 5'5"<br>*Over 5'5" up to and including 5"6"<br>*Over 5'6" up to and including 5"7"      | up to and including 155lb<br>up to and including 160lb<br>up to and including 165lb<br>up to and including 170lb                              |
|--|---|
| Class B (Over 5'7")<br>*Over 5'7" up to and including 5"8"<br>*Over 5'8" up to and including 5"9"<br>*Over 5'9" up to and including 5"10"<br>*Over 5'10" up to and including 5"11"               | up to and including 177lb<br>up to and including 185lb<br>up to and including 192lb<br>up to and including 200lb                              |
| *Over 5'11" up to and including 6"0"<br>*Over 6'0" up to and including 6"1"<br>*Over 6'1" up to and including 6"2"<br>*Over 6'2" up to and including 6"3"<br>*Over 6'3" up to and including 6"4" | up to and including 207lb<br>up to and including 215lb<br>up to and including 225lb<br>up to and including 232lb<br>up to and including 240lb |



\*Over 6'0" up to and including 6"1" \*Over 6'1" up to and including 6"2" \*Over 6'2" up to and including 6"3" \*Over 6'3" up to and including 6"4" \*Over 6'4" up to and including 6"5" \*Over 6'5" up to and including 6"6" \*Over 6'6" up to and including 6"7" \*Over 6'7" up to and including 215lb up to and including 225lb up to and including 232lb up to and including 240lb up to and including 247lb up to and including 255lb up to and including 262lb up to and including 270lb

**Entry Fee:** \$125 (\$100 entry \$25 includes Stage Pictures by Dan Ray for ALL competitors) for first division; \$50 for each crossover \$100 Late fee for entries postmarked after September 23rd. No refunds. NO REGISTRATIONS THE DAY OF THE SHOW. MONEY ORDER/CASHIERS CHECK ONLY! NO PERSONAL CHECKS.

**Rules:** Light oil is permitted. Any athlete who competes in pre-judging must return for finals. Backstage is for competitors only. Coaches passes may be purchased for \$40. \*Free with 6 registered athletes, must submit info to promoter. \***Novice** is defined as a competitor who has never won overall. Crossovers only within the same division except Classic Athletes may cross to either Bodybuilding OR Men's Physique, but not both.

**Music:** All Men's Bodybuilding and Classic Physique will provide their own music on a pre-recorded LABELED CD. Posing music should be no longer than 90 seconds. Routines will be performed at the finals. NO PROFANITY OR VULGAR LANGUAGE ALLOWED. Music will be handed in at check ins.

Photography: Dan Ray

Videography: Dan Ray

Tanning: email show promoter to schedule appointment \$90 (Jan Tana applied by Cabana Tan at host hotel) pay deposit at WWW.irondivaproductions.com to reserve your spot

Hair and Makeup Services: Contact Megan Melone megan@meganmelone.com

Host Hotel: Radisson 11800 108th St Pleasant Prairie, WI 53158 262-857-3377 \*Ask for Pride of the Midwest discounted rate \$109/night + tax for double

Tickets: \$15 prejudging at door only, \$25 Finals, \$35 Finals VIP Can be purchased for finals ahead of time at <a href="http://www.lronDivaProductions.com">www.lronDivaProductions.com</a>





| MUST PRINT LEGIBLY                                   |                |                        |                     |                |                     |
|--|----------------|------------------------|---------------------|----------------|---------------------|
| First Name   |                | Last Name              |                     |                |                     |
| Address  | City           |                        |                     | State          |                     |
| Postal Code  | Age            | Height                 | Birthday            |                |                     |
| Phone Number   |                | Email                  |                     |                |                     |
| NPC Number   | (              | Must have number, pr   | roof of purchase, o | r may purchase | e card at check ins |
| Team/Trainer   |                |                        |                     |                |                     |
| Please list division(s) you int                      | tend to ente   | er (for example, B     | likini class B)     |                |                     |
| Division 1   |                |                        | \$125               | \$1            | 125                 |
| Division 2 (crossover)                               |                |                        | \$50                | \$_            |                     |
| Division 3 (crossover)                               |                |                        | \$50                | \$_            |                     |
| Coach's Pass   |                |                        | \$40                | \$             |                     |
| Late fee if after Sept 23rd                          |                |                        | \$100               | \$_            |                     |
| Tickets finals- open # neede                         | d              |                        | \$25 x              | \$             |                     |
| Tickets finals- reserved # ne                        |                | -                      | \$35 x              | \$_            |                     |
| (Tickets/Coach Passes will be avai<br>TOTAL ENCLOSED | nable for pick | up at ticket sales day | / OI SNOW)          | \$_            |                     |

By completing and submitting this entry, I hereby agree to hold harmless and waive any and all rights anc claims of damages or liablities of any kind against the organizer Sandy Wiedmeyer, the National Physique Committee, Reuther High School, or any agents, employees, representatives, of assignees of the foregoing persons or entities for any and all injuries or damages I may incure while traveling to or from or participatig in this competition.

Mail completed entry form and payment (**Cashiers check/money order only**) to: Iron Diva Fitness 618 55th St ste L3 Kenosha, WI 53140 email: <u>SandyW@irondivafitness.com</u> Phone: 262-331-3086

