

# Southmoor Park Review

Fall 2019, Issue #5

## HOA/RNO Officers for 2018 - 2020

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Representative Opening

## Next RNO Board Meeting

December 5th, 2019

6:30-8:30 P.M.

3934 S. Ivy Way

Everyone is welcome to attend!

## ONE PAN HARVEST PASTA



Directions: In a very large skillet, heat oil over medium heat. Add eggplant, zucchini, tomatoes, red onion and garlic. Cook, uncovered, 7 to 10 minutes or until vegetables are almost tender, stirring occasionally. Add beans, broth, pasta and crushed red pepper. Bring to boiling; reduce heat. Cover and simmer 7 to 10 minutes more or until vegetables and pasta are tender, stirring occasionally.

### Ingredients

2 tablespoons vegetable oil  
1 small eggplant, cut into 1-inch pieces (4 cups)  
1 medium zucchini, coarsely chopped (2 cups)  
2 tomatoes or 4 roma tomatoes, coarsely chopped (1 cup)  
1/3 cup chopped red onion  
2 cloves garlic, minced  
1 19 - ounce can cannellini beans (white kidney beans), rinsed and drained  
1 3/4 cups reduced-sodium chicken broth  
1 cup dried whole grain elbow macaroni  
1/2 teaspoon crushed red pepper  
Kosher salt  
Ground black pepper (optional)  
Snipped fresh basil  
Grated Parmesan cheese

Remove from heat. Season with salt and pepper; serve topped with basil and Parmesan cheese.

### Variation:

If you don't like eggplant, increase the other vegetables or substitute an equal volume of chopped or sliced mushrooms.

**SAVE THE DATE:** Time to start thinking about your Halloween Costume for this year. The “**9<sup>th</sup> Annual Halloween Block Party**” (hosted by Southmoor Park Residents) will be October 31<sup>st</sup> starting at 4:30 p.m. Mansfield will be blocked off between Jasmine and Hillcrest. Chili and pizza will be provided. Bring your own “spirits” and “ghoulish” desserts to share. All ages are welcome to attend. Don't miss this great event!



Southmoor Park West

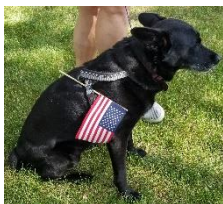
The greatness of a community is most accurately measured by the compassionate actions of its members. Coretta Scott King

## Board Volunteer Needed

Lori Church has resigned as President of the RNO due to moving to the east coast so we are in need of another board member representative (not the President's position). Most months require only a couple of hours of investment. Please contact any board member if you are interested in filling this position. This position may last until April, 2020, but you have the option to stay on another year.

## 4<sup>th</sup> of July Parade and Breakfast

Once again, we had a great turn-out of parade participants and spectators. Everyone started out by having free coffee, juice, bagels, donuts, and yummies provided by neighbors. The kids decorated their bikes and strollers with "Red, White, and Blue" colors and balloons.



## Four Ways to Deal with Japanese Beetles (even though this year's attack is over)

**Play Defense** - A multi-part attack is best. Start by spraying the affected plants with Japanese Beetle killer (pyrethrin) at the first sign of attack. Pyrethrin is a safe and effective way to control these pests on vegetables, grapes, raspberries, flowers, roses, trees and shrubs. In addition to controlling Japanese beetles, it also controls cucumber beetles, flea beetles, cabbageworms, Colorado potato beetles, and more.

**Hand Pick** - Japanese beetles are slow. You can easily pick them off plants with your hands and toss them into a bucket of soapy water. Do it in the morning when the beetles are less alert.

**Prevent** - Although the following solutions won't provide immediate gratification, you will be better off next year. Beneficial Nematodes kill the grubs that turn into Japanese beetles. Ideally, apply them in spring before the beetles emerge. The second half of this 1-2 prevention punch is Milky Spore, which also kills grubs. It takes a year or so to get established in your soil, but it keeps working for 10 years or more.

**Trap** - A Japanese Beetle trap is recommended only if you have a large yard, and can place the trap away from your garden. If you have a small yard, you'll just be telling the beetles, "The party's at my house!" If you use a trap, put it out for a day or two at a time every couple of weeks.



## **Protecting Your Pets**

It seems just about every day we read about pets (primarily dogs) that are lost or found on NextDoor. Here are some tips to hopefully reduce these unfortunate events.

Are jingling tags the reason you take Fido's collar off? No problem, you can buy dog (or cat) collars with pockets for tags or simply rubber band the tags together to keep them from "clinking" against each other. Keep their collars on at all times along with a tag that has your contact information.

**Make** sure all the latches on gates and fences are secure. If you have a gate that blows open or a latch that doesn't stay shut, add a lock or hook-and-eye closure. You can buy inexpensive "gate closing" springs for both wood and chain-link gates, too. If you're going to be away from home for a long period of time, keep your dog safe inside, so he won't escape to go looking for you.

**Close** the garage door when unloading groceries or returning from trips. Make sure the garage door is completely closed behind you before opening doors that access your house.

**Close** the front door. If you live in a townhouse, condo or apartment, place your dog in his crate or a secured room before bringing in packages. Front doors opening and closing frequently increase the chances of your dog getting out.

**When** you have company. If you have children who are having friends over or if you are entertaining (especially during the holidays) make sure the dog is in a secure place (the crate is perfect) to ensure that he will not get out through the front door in all the excitement. Your guests are not necessarily dog or cat savvy and may not think twice about leaving the front door open while waiting for someone to come up the walk.

**Secure** your fences. If Fido can dig under your fence there are inexpensive dog fence barriers that you can find on line or at the local hardware store. These barriers can be hammered into the ground next to the fence weakness to keep pets in and wildlife out. There are also products for jumping over fences. A few clicks on the internet can introduce you to many options.

## **Hillcrest Island Clean-up**

A big "thank you" to the resident volunteers that helped clean up the island on Hillcrest Dr. We all appreciate the effort to make Southmoor Park West a better place to live. This is a great way to keep our neighborhood clean and our property values high. Thanks again for your help!

## **Ice Cream Social**

The ice cream social was a hit for many residents. What a great way to end a day with ice cream along with a variety of toppings. Residents (and the kids) not only enjoyed the ice cream but the social interactions, as well. We should all take advantage of these fun events to get to know each other better. We live in a great neighborhood with great neighbors. Get to know them all!!!



## 2019 District 4 Town Hall

Join Councilwoman Black and her staff (along with special guests) at the 2019 Town Hall.

Topics will include:

Ballot Initiative Information, National Western Center Presentation, Yale Ave. study, Updates from Councilwoman Black, Bible park playground project, and Hampden zoning improvements.

The location will be at the Hebrew Educational Alliance (3600 S Ivanhoe Way) on Wednesday October 23. An open house will be from 5:30-6:00 p.m. with pizza and visits with special guests. Presentations will be from 6:00-7:00 p.m. with a later open house from 7:00-7:30 p.m. with guests.

**PLASTIC BAG EXCHANGE:** Bring 10 clean single-use shopping bags (such as King Soopers, Target, etc.) in exchange for a reusable shopping bag. All single-use plastic bags will be recycled.

Please park in the lower parking lot and enter through the north entrance. The presentations will be upstairs. Elevator access will be available.

## Stump Carving at Bible Park

The Denver Commission on Cultural Affairs and Denver Arts & Venues challenged the Council offices to infuse arts and culture into their districts. This year, master carver, Faye Braaten - known as Chainsaw Mama - will be carving a beautiful old Cottonwood stump at the south bridge in Bible Park (off of Cornell) into a whimsical woodland scene. Check out Chainsaw Mama's work at [chainsawmama.com](http://chainsawmama.com). November 1 & 2, Bible Park, South Bridge, Time TBD.

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