



# WESTCHESTER TRAILS ASSOC.

## FALL HIKING SCHEDULE OCTOBER, NOVEMBER and DECEMBER, 2021

### Covid-19 Policy

Hikers should have their own Personal Protective Equipment (PPE) with them at all times. This includes a mask or other face covering and hand sanitizer/soap.

For the safety of all concerned, anyone who answers “yes” to any of these questions cannot be allowed on the hike:

1. Do you currently have any symptoms of a respiratory infection (including cough, fever, sore throat, shortness of breath, or loss of taste/smell)?
2. Have you had any of the above symptoms in the past 10 days?
3. Have you tested positive for COVID-19 in the past 10 days?
4. As far as you know, have you had contact with any confirmed or suspect COVID-19 case within the last 10 days?
5. Have you traveled outside of the U.S. in the last 10 days?

Face masks should be worn in crowded outdoor areas and when indoors or sharing vehicles, regardless of vaccination status. Participants who are not from the same household should maintain social distancing at all times. *Some leaders may have additional restrictions on their hikes due to the increasing prevalence of the Delta variant - please check with the leader at the time of registration for details.*



Hiking boots and sufficient water (1-2 liters) are required on all hikes. A trail lunch should be carried unless otherwise noted. Hikers with improper footwear, without enough water, or who are otherwise unprepared, may be refused or turned back by the leader. In fairness to yourself and others, please be honest about your hiking experience and choose a hike within your abilities. Check with the leader if you have any questions about pace, terrain, or any other aspect of the hike.

Ratings are based on terrain (mileage is stated separately in the description). An “easy” hike is one with relatively flat terrain. A “moderate” hike has steeper grades, possibly going up and down all day, and may involve some bushwhacking or short rock scrambles (like much of Harriman Park). A “strenuous” hike has steep ascents, often with rough or difficult terrain on much of the hike (like most Schunemunk trails, Breakneck Ridge, etc.). These ratings apply during good weather; bad weather may lead to poor footing and increase a hike’s difficulty.

Carpooling arrangements are entirely voluntary and entail no obligation on the part of the drivers. Passengers should reimburse the driver for a share of the expenses. We suggest that you multiply the miles driven round trip (to and from the trailhead) by 30¢ per mile, add tolls and parking fees if applicable, and divide the total by the number of people in the car (including the driver). You may wish to round these amounts up or down to the nearest dollar, to make things easier.

### Saturday, October 2 - TWO HIKES TODAY:

Saturday, October 2 - Jackie Jones Mountain, Big Hill and Three Reservoirs in Harriman State Park. 6.5 miles, moderate terrain. We will meet at the Route 106/Gate Hill Rd. parking area near

the SBM trail and head south, passing ORAK ruins, Jackie Jones Fire Tower, Big Hill Shelter and beyond to the Third Reservoir, where we'll take an unmaintained trail to the end of the Third Reservoir for lunch. After lunch we continue on woods roads past the Second and First Reservoirs, take the Old Turnpike back to the SBM, and return to the parking area. Total elevation gain 1,300 feet. PPE required as per Covid policy. Leader: Veronica O'Neil, [missyellierosa@yahoo.com](mailto:missyellierosa@yahoo.com) or (914) 523-9418. *Joint with ADK Mohican.*

Saturday, October 2 - **Kitchawan Preserve**. 3-5 miles, easy to moderate terrain. We will explore various trails in this lovely County-owned preserve. Meet the leader at the preserve parking lot, 712 Kitchawan Road off Route 134 between the Taconic Parkway and Route 100 in Ossining. PPE required as per Covid policy. Participation is limited to 10 people, including the leader. Leader Sue Soni: [surekhasoni1968@gmail.com](mailto:surekhasoni1968@gmail.com). *Qualifies for the Westchester 100 (No. 33).*

Sunday, October 3 - **TWO HIKES TODAY:**

Sunday, October 3 - **Pelton Pond/Shenandoah Loop**. 8 miles, moderate terrain,. Using marked paths and woods roads, this circular hike goes around Pelton Pond in Fahnestock Park and then winds its way up to the Appalachian Trail. We'll ascend to the summit of Shenandoah Mountain for lunch, head south on the AT, and pick up other trails on our descent. Towards the end of the hike we'll walk along the shore of Canopus Lake before returning to our cars. PPE required as per Covid policy. Leader: Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Rain cancels. *Joint with ADK Mohican.*

Sunday, October 3 - **NYC Central Park Walk**. 10 miles, easy terrain. The leader will pace the walkers starting at Grand Central Station. We will walk in the southern park's Sanctuary, the mid-park Rambles, and the Ravine/North Woods. We will see Alice in Wonderland, Mother Goose and other park residents, and stop at the new Women's Rights Pioneers Monument. The walk ends at 110th and Fifth Ave where you can walk or take a bus back to Grand Central Station. Options to shorten the walk are available. This hike is limited to 12 persons. For questions and to register, contact the leader, Linda Wildman, at [lindawildman88@gmail.com](mailto:lindawildman88@gmail.com) or text/call (914) 316-5674.

Sunday, October 10 - **TWO HIKES TODAY**

Sunday, October 10 - **SBM, Conklins and Pine Meadow, Southeast Harriman, Part 2**. 6-7 miles, moderate terrain. Starting from the equestrian center, we'll hike to Pine Meadow and back. The leader has wanted to walk the trails in this part of the park for a while, and previously he led a complementary hike nearby. PPE required as per Covid policy. Leader: Mike Kaplan, [kaplanm2001@yahoo.com](mailto:kaplanm2001@yahoo.com). No first time hikers please. *Joint with ADK Mohican.*

Saturday, October 9 - **Angle Fly Preserve**. 3-4 miles, easy terrain. Named after the last natural brook-trout spawning stream in Westchester, Angle Fly Preserve is a vital sanctuary for area wildlife. There are more than 10 miles of trails that cover the entire preserve comprised of 649 acres, and the leader will choose a loop or two with some hills for an easy hike of about 3-4 miles. Fall is an excellent time to hike the trails. Bring hiking poles, water, a snack and lunch. Email or call leader to register. Jane Smalley (914) 276-0413 or [jsmallpt@aol.com](mailto:jsmallpt@aol.com). *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 53).*

Saturday, October 10 - **TWO HIKES TODAY:**

Saturday, October 10 - **Nuclear Lake, Pawling New York**. 5-6 miles, moderate terrain. If you want to find out how this lake got its name, come on this hike. It is along the shores of the lake and onto the AT to West Mountain for lunch. Directions are easy – 684 north to its end, then onto Route

22 north; then take Route 55 towards Poughkeepsie and travel for about 5.3 miles and turn right onto Old Route 55. The parking lot is immediately to the left. PPE required as per Covid policy. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) to register. *Joint with ADK Mohican.*

Saturday, October 10 - **Cliffdale-Teatown Trail and Teatown Lake**. 4 miles, easy to moderate terrain. Bring plenty of water and enjoy a hike from the Visitor's Center to the Cliffdale Education Center, using part of the Teatown Lake and other trails. We'll have a snack on the benches at Cliffdale, and then return to the Visitor's Center on the other side of the lake. Contact the leader for meeting time or information. PPE required as per Covid policy. Leader: Elspeth Kramer, [elspethkramer@gmail.com](mailto:elspethkramer@gmail.com) or (347) 262-4802. *Qualifies for the Westchester 100 (No. 62).*

Saturday, October 16 - **TWO HIKES TODAY:**

Saturday, October 16 - **AT to Shenandoah Mountain**. 8.5 miles, moderate terrain. This is an out and back hike from the AT parking on Route 301 in Fahnestock Park. We hike along and above Canopus Lake for a good part of the hike and reach the turn around point with a mountaintop view. PPE required as per Covid policy. Register with leader Jane Restani at [irabjanea@aol.com](mailto:irabjanea@aol.com) by Thursday at 5 PM. *Joint with ADK Mohican.*

Saturday, October 16 - **Tibbets Brook Park**. 4 miles, easy terrain. A 1778 battle site, lakes, woods and the Old Croton Aqueduct are highlights of this jaunt. The Battle of Kingsbridge (a/k/a Battle of Tibbets Brook) took place here and in Van Cortlandt Park. Optional 1/2 mile drive (or walk) to monument honoring Chief Daniel Nimham and his warriors who died defending the Revolutionary cause. PPE required as per Covid policy. Leader: Debbie Farrell, [debfarpr@gmail.com](mailto:debfarpr@gmail.com) or (914) 282-9942. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 41).*

Sunday, October 17 - **TWO HIKES TODAY:**

Sunday, October 17 - **Bald Mountain, Timp, and Doodletown**. 6-7 miles, moderately strenuous terrain. This hike is steep and rocky with most of the climbing before lunch. We will take the Cornell Mine and RD trails to Bald Mountain for great views, and then continue to the Timp, with more great views. After lunch we descend to Timp Pass, and access the 1777E. Leader: Catharine Raffaele, [raffaele.catharine@yahoo.com](mailto:raffaele.catharine@yahoo.com). *Joint with ADK Mohican.*

Sunday, October 17 - **Butler Sanctuary**. 3-4 miles, easy to moderate terrain. We start on the Orange trail with large ferns lining our path and then proceed to the Red trail around the perimeter of the park to the Hawk watch where will have lunch before returning to the cars. Along the way there are some ups and downs, we will walk through Evergreen and White Pine forests, some small stream crossings and beautiful glacial rock formations. PPE required as per Covid policy, Leader: Carol Pamm, [CarolJoyce2@aol.com](mailto:CarolJoyce2@aol.com) or (646) 346-0371. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 49).*

Saturday, October 23 - **TWO HIKES TODAY:**

Saturday, October 23 - **Iron Mines Loop, Harriman State Park**. 9.1 miles, moderate terrain. This loop hike will traverse the ridge of Black Rock Mountain and pass the remnants of four iron mines along the Dunning and A-SB trails. Participation is limited to 10 people including the leader. Rain cancels; contact leader for meeting time and other information. PPE required as per Covid policy. Leader: Mike Jablonski, [mjab5749@gmail.com](mailto:mjab5749@gmail.com).

Saturday, October 23 - **Mario Cuomo/Tappan Zee Bridge Pathway**. 3.6 or 7.2 miles, easy terrain. Walk across the new bridge while enjoying autumn leaf colors with spectacular views along the Hudson. Once on the Rockland County side we can take the free shuttle bus, or walk back to Westchester. PPE required as per Covid policy. Leader: Carolyn Hoffman, [carohof2@gmail.com](mailto:carohof2@gmail.com), cell (914) 420-5778. *Joint with ADK Mohican.*

Sunday, October 24 - **Fahnestock-Bushy Ridge**. 6 miles, moderate terrain. On this hike starting from Pelton Pond, we will go past Stillwater Pond and then onto Bushy Ridge and back via the Three Lakes trail and past the Canada Mine. PPE required as per Covid policy. Leader: Minu Chaudhuri, [minuch50@gmail.com](mailto:minuch50@gmail.com) or (914) 391-5918. *Joint with ADK Mohican.*

### Saturday, October 30 - **THREE HIKES TODAY:**

Saturday, October 30 - **Long Path over Romer Mountain, Catskills (Phoenicia, NY)**. 7 miles, moderate terrain. Wonderful views on this out and back hike on the Long Path with approximately 1300' of elevation gain. and hopefully some fall colors. Most of the grades are moderate, climbing on switchbacks and crossing several streams to the crest of Romer Mountain. After a relatively level stretch, the trail resumes its climb to the summit of Romer Mountain (2,240'). There are no views from the summit, but after descending a little, you'll come to a viewpoint about 25 feet to the left of the trail. Tremper Mountain is visible to the northeast, and the Emerson Resort along Route 28 can be seen directly below. A good place to take a break and turn around. To register or for more information, contact Trish (Pat) Johnston at [patcjohnston@gmail.com](mailto:patcjohnston@gmail.com). *Joint with ADK Mohican.*

Saturday, October 30 - **Island Pond Circular**. 7-8 miles, moderately strenuous terrain. We'll start at the Elk Pen and take the A-SB and other trails to the Lichen Trail. After a scenic walk along the ridge, we'll head back down to the Lemon Squeezer for an optional short scramble, then to Island Pond for a tranquil rest, and back to the Elk Pen on the AT. PPE required as per Covid policy. Leader: Alice Benash, [ajrb3@verizon.net](mailto:ajrb3@verizon.net). Rain cancels. *Joint with ADK Mohican.*

Saturday, October 30 - **Westchester Wilderness Walk**. 4-5 miles, easy to moderate terrain. This 127 acre Pound Ridge preserve consists entirely of property donated by neighboring landowners. We will do the south and central loops, taking our time to explore trails that constantly go up, down and around to every imaginable natural feature, many with delightful names like Layer Cake Rock, Lichen Ledge and Crotchety Old Oak. We'll also visit a newly created arboretum in the heart of the preserve featuring over 250 species of plants and trees. Parking is limited so we will meet at a convenient spot and carpool to the trailhead (masks on, windows open). PPE required as per Covid policy. Leader: Eileen West, or [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Rain cancels. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 64).*

### Sunday, October 31 - **TWO HIKES TODAY:**

Sunday, October 31 - **Mountain Lakes Park**. 6-7 miles, easy to moderate terrain. Fall foliage hike. We'll hike around a couple of lakes, stop by the highest point of the park at Mt. Bailey, and then take the orange and white trails to the viewpoint with its sweeping vistas. PPE required as per Covid policy. To register, contact the leader, Sheila Sarkar, at [shechris6@gmail.com](mailto:shechris6@gmail.com) or (914) 498 2464. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 57).*

Sunday, October 31 - **Manitou Point Preserve**. 3-4 miles, easy terrain. Even though this is only a three hour hike or less, it is one of the best. They have done a great deal of work in this preserve off Route 9D in Garrison - redesigning and blazing trails, addition of a stone stream crossing,

and construction of a riverfront cantilevered bridge on the river trail. 40% of the route is right along the Hudson River. It is considered a relatively easy hike but the trails are “rugged” meaning that they are narrow and rocky, but we will take our time. Good hiking boots and hiking poles are suggested. Bring sufficient water and a snack. The parking lot can be easily passed as the sign is not that great. The actual address is 411 Route 9D, Garrison, NY. There is a small wooden sign which has numbers “411” at the parking lot and a small white sign which says Manitou Point Preserve. It is 1.7 miles as you get on 9D from the bridge. PPE required as per Covid policy. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) to register. *Joint with ADK Mohican.*

#### Saturday, November 6 - **TWO HIKES TODAY:**

Saturday, November 6 - **West Mountain in Harriman State Park.** 6 miles, moderate to strenuous terrain. We will meet at the Anthony Wayne North parking lot and take the Anthony Wayne Trail to the Fawn and head south on the Timp Torne Trail to have lunch at the West Mountain Shelter. Backtrack a bit to the SBM, then return to the Fawn and Anthony Wayne Trails to head back to our cars. Total elevation gain 1,750 feet. PPE required as per Covid policy. Leader: Veronica O'Neil, [missyellierosa@yahoo.com](mailto:missyellierosa@yahoo.com) or (914) 523-9418. *Joint with ADK Mohican.*

Saturday, November 6 - **Ward Pound Ridge.** 5 miles, easy to moderate terrain. Join the leader in a hike starting from Michigan Road, where we will pick up a variety of ski and regular trails with modest elevation gain, including a visit to the Leatherman's Cave. We will likely car pool from a nearby shopping center to share the \$10 admission to the park. Bring a lunch/snack and 1.5 liters of water. PPE required as per Covid policy. Leader: Steve Klepner (845) 297-7066, [spk010@yahoo.com](mailto:spk010@yahoo.com). Emails should include Hike in the subject line. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 63).*

#### Sunday, November 7 - **TWO HIKES TODAY:**

Sunday, November 7 - **The Great Mystery Hike.** 4-5 miles, moderate terrain. For all the leader's years of bushwhacking, he is amazed to have just discovered this hidden gem. It is in fact so “unhiked” that he is keeping its location a secret until shortly before the group meets. But here are some details: The route is located in northern Harriman State Park, partly on the Long Path and partly on unmarked, easy to follow, soft earth trails. There's about 500 feet of total elevation gain, no scrambles, no exposure, just scenic water views and awesome mountains. PPE required as per Covid policy. Leader: Howard Millman, [hwardmillman@runbox.com](mailto:hwardmillman@runbox.com). Cell (day of hike only please): (914) 439-8031. *Joint with ADK Mohican.*

Sunday, November 7 - **Rockefeller State Park - Main Gate.** 6-7 miles, easy to moderate terrain. This will be a pretty circular hike from the main parking lot (125 Phelps Way, Pleasantville) along carriage roads, on rolling hills and past meandering streams. There is a fee of \$6 per car if you don't have an Empire Pass. PPE required as per Covid policy. Call or text leader to register: Jean Dolen, (914) 522-4310. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 59).*

#### Saturday, November 13 - **TWO HIKES TODAY:**

Saturday, November 13 - **Bennetts Pond and Pine Mountain.** 6 miles, moderate terrain. Starting at Bennetts Pond Park in Ridgefield, CT, we will do a circular hike around the south end of Bennetts Pond up on to Pine Mountain. There we'll enjoy a lovely view of the Connecticut hills and then descend for our return around the north end of the pond. PPE required as per COVID policy. To register contact Jeanne Thomson at [jeannewthomson@gmail.com](mailto:jeannewthomson@gmail.com) or 914-409-3405. *Joint with ADK Mohican.*

Saturday, November 13 - **Lasdon Park**. 4 miles, easy terrain. We will visit the Veteran's Memorial monuments, the famous and historical tree trail, and the Chinese Friendship Pagoda and Culture Garden as well as hiking the woodland trails. PPE required as per Covid policy. Contact leader for meeting time and place. Leader: Kathie Laug (203) 722-5490 or [kfriedmanlaug@optonline.net](mailto:kfriedmanlaug@optonline.net). *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 34).*

Sunday, November 14 - **TWO HIKES TODAY:**

Sunday, November 14 - **Popolopen Torne Loop**. 6 miles, moderate to strenuous terrain. Great views on this "lollipop" hike that includes Popolopen Gorge, Popolopen Torne, Fort Montgomery and a walk across the Bear Mountain Bridge. Bring lunch and water. No beginners please. Please register not later than Friday, November 12. PPE required as per Covid policy. Contact leader Steve Singlak if you have questions: [srshudson@verizon.net](mailto:srshudson@verizon.net) or cell (845) 641-4132. *Joint with ADK Mohican.*

Sunday, November 14 - **Marshlands Conservancy**. 3-4 miles, easy terrain. Enjoy a two hour hike in this Rye preserve on a network of trails through a field, a deciduous forest and a salt marsh. Meet at 10 AM at the Conservancy parking lot, located at 220 Boston Post Road near the Rye Golf Course. PPE required as per Covid policy. Leader: Leslie Millman, [oooleslie@aol.com](mailto:oooleslie@aol.com). Cell number is for day of hike changes only: (914) 552-7720. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 9).*

Saturday, November 20 - **TWO HIKES TODAY:**

Saturday, November 20 - **Sleeping Giant Park, Hamden, CT**. 6-7 miles, strenuous terrain. We will hike the park's two most challenging trails (blue and white) in an attempt to cover most of the Giant's body. There will be more than 1000 feet of elevation gain with lots of ups and downs over rocky terrain requiring the use of hands and feet. PPE required as per Covid policy. Register with leader Jane Restani at [irabjanea@aol.com](mailto:irabjanea@aol.com) by 5 PM Thursday. *Joint with ADK Mohican.*

Saturday, November 20 - **Baxter Preserve**. 2-3 miles, easy terrain. This will be a relatively easy hike of about an hour and a half over fields and gentle hills of North Salem in the horse country of northern Westchester. Group size will be limited to 8 people including the leader; PPE required as per Covid policy. Contact the leader Barry Leibowitz during the week before the hike, until 6 PM the night before: cell (914) 774-5321 or home (845) 278- 2479 to find out the exact location and starting time. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 46).*

Sunday, November 21 - **TWO HIKES TODAY:**

Sunday, November 21 - **Hudson Highlands**. 6 miles, moderate terrain. Starting from Route 403 we will take the AT, climb steadily to the Osborn Loop, and then continue to Sugarloaf South. We return via various carriage roads with a stop at Lake Lucretia and then White Rock. PPE required as per Covid policy. Leader: Minu Chaudhuri, [minuch50@gmail.com](mailto:minuch50@gmail.com) or (914) 391-5918. *Joint with ADK Mohican.*

Sunday, November 21 - **Cranberry Lake**. 3-4 miles, easy to moderate terrain. Come out and enjoy a pre-Thanksgiving hike along Cranberry Lake and in other parts of this County owned preserve through forested areas and past a quarry (the quarry climb is optional). Bring plenty of water and snacks. PPE required as per Covid policy. Leader: Elspeth Kramer, (347) 262-4802 or [elspethjkramer@gmail.com](mailto:elspethjkramer@gmail.com). *Qualifies for the Westchester 100 (No. 51).*

Saturday, November 27 - **TWO HIKES TODAY:**

Saturday, November 27 - **Pine Meadow Lake**. 7-8 miles, moderate terrain. Work off that turkey with a loop starting at the Sebago Boat Launch. We will climb up the Seven Hills trail for excellent views from Diamond Mountain before descending to make a full loop around Pine Meadow lake, where we will check out some small ruins. We will return to the parking lot on old woods roads. PPE required per Covid policy. Email leader Lauren Linkowski at [llinkowski@gmail.com](mailto:llinkowski@gmail.com) or text (914) 907-6764. *Joint with ADK Mohican.*

Saturday, November 27 - **Turkey Mountain Preserve**. 3-4 miles, easy to moderate terrain. After the feasts of Thanksgiving, a crisp walk on the aptly named Turkey Mtn. should be the perfect sequel. There is one steady climb and descent, but the rest of the preserve is fairly level. We'll climb up the mountain to enjoy the view from the top, then return by the blue trail and do a lower circuit on the red and yellow trails. PPE required as per Covid policy. To register, contact the leader, Sheila Sarkar, at [shechris6@gmail.com](mailto:shechris6@gmail.com) or (914) 498 2464. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 42).*

Sunday, November 28 - **Catfish Loop**. 5 miles, moderate terrain. This will be a circular hike with gentle ups and downs on the Catfish Loop in Fahnestock State Park, starting (and ending) on Dennytown Road. The parking area is 1.2 miles down Dennytown Road coming from Route 301. PPE required as per Covid policy. To register e-mail Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net). *Joint with ADK Mohican.*

Saturday, December 4 - **TWO HIKES TODAY:**

Saturday, December 4 - **Fahnestock State Park**. 6 miles, moderate terrain. We'll start from Hubbard Lodge at the western end of the park, hike up to Round Hill and to the Perkins Trail, and return on School Mountain Road, going at a fairly brisk (but not killer) pace. Depending on the desires of the group, a possible side trip up East Mountain would add up to 1 mile. PPE required as per Covid policy. Steady rain cancels. Contact leader for registration and details. Leader Bruce Collins, [actz1015@gmail.com](mailto:actz1015@gmail.com) or (646) 584-1227. No first-time hikers please. *Joint with ADK Mohican.*

Saturday, December 4 - **Ward Pound Ridge**. 5-6 miles, easy to moderate terrain. Join the leader in an easy to moderate hike with 'some' elevation gain after lunch. We will start from Lewisboro Town Park on RT 35 and walk on both a ski trail (rocky in sections) and foot trails. Bring a lunch/snack and 1.5 liters of water. As it is almost winter, traction aids should be carried. Leader Steve Klepner (845) 297-7066, [spk010@yahoo.com](mailto:spk010@yahoo.com). Emails should include Hike in the subject line. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 63).*

Sunday, December 5 - **TWO HIKES TODAY:**

Sunday, December 5 - **Silvermine Lake and Black Mountain in Harriman State Park**. 7-8 miles, moderate to strenuous terrain. We will meet at the Silvermine parking lot and take the Menomine Trail south to the Brien Shelter. From there we'll access the A.T., hike over Letterrock and up to Black Mountain. We'll have lunch in the vicinity of the Spanish Mine, then continue on various trails and woods roads back to the Silvermine parking area. Total elevation gain 1,200 feet. PPE required as per Covid policy. Leader: Veronica O'Neil, [missyellierosa@yahoo.com](mailto:missyellierosa@yahoo.com) or (914) 523-9418. *Joint with ADK Mohican.*

Sunday, December 5 - **Tibbetts Brook Park, the OCA and SCT**. 4-5 miles, easy terrain. Starting from Tibbetts Brook Park, we will walk south on the Old Croton Aqueduct, cross over to the

South County Trailway and continue south to Van Cortlandt Park, then return to Tibbetts Brook to explore the other side of the park. Rain cancels. PPE required as per Covid policy. Leader: Lynn McBride, [almcb@aol.com](mailto:almcb@aol.com) or (914) 439-0879. *Qualifies for the Westchester 100 (No. 41).*

Saturday, December 11 - **TWO HIKES TODAY:**

Saturday, December 11 - **Overlook Mountain, Woodstock, NY.** 5 miles, moderate terrain. This is our annual Woodstock outing. First a 5 mile hike with a good climb to a firetower. Then a walk around town. Shopping and noshing at Bread Alone are optional but recommended. The hike to Overlook Mountain can be icy so please carry traction devices. PPE required as per Covid policy. Register at [irabjanea@aol.com](mailto:irabjanea@aol.com) with leader Jane Restani by 5PM Thursday. *Joint with ADK Mohican.*

Saturday, December 11 - **Within the County: Mt. Vernon to Harrison. Part 1: Hunt Woods and the Bronx River Pathway.** 6 miles, easy terrain. This is the first hike in a new "Within the County" series, covering parks and preserves to the east of the areas we explored last year. We'll start with a walk through Hunt Woods Park in Mount Vernon, continue past Scout Field into Bronxville where the Bronx River Pathway begins, and take that north to Scarsdale. Hiking boots are not required on this easy and relaxing walk, which will be along the river and past several lakes. A short shuttle is involved (masks on, windows open). PPE required per Covid policy. Leader: Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Rain cancels. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 70).*

Sunday, December 12 - **WTA Holiday Party, Plus Morning and Afternoon Hikes - this is a WTA member-only event.**

Saturday, December 18 - **TWO HIKES TODAY:**

Saturday, December 18 - **Hook Mountain.** 6 miles, moderate terrain. Ups and down on the ridge with lovely views, then an easy return on the Shore Path. If we have snow or ice, bring traction equipment. Leader: Catharine Raffaele, [raffaele.catharine@yahoo.com](mailto:raffaele.catharine@yahoo.com). *Joint with ADK Mohican.*

Saturday, December 18 - **Muscot Farm.** 4 miles, easy terrain. **Due to restrictions on the number of participants, this hike is limited to WTA members only.**

Sunday, December 19 - **TWO HIKES TODAY:**

Sunday, December 19 - **Castle Rock Unique Area and Hudson Highlands.** 5 miles, moderate terrain. We will park at the Castle Rock Unique Area to do a loop hike including Sugarloaf Hill, as well as some lesser used carriage roads on the property. Some sustained steep climbs early on, then more relaxed terrain. There will be some use of unmarked/unmaintained trails and a short walk on a gravel road. PPE required per Covid policy. Email leader Lauren Linkowski at [llinkowski@gmail.com](mailto:llinkowski@gmail.com) or text (914) 907-6764. *Joint with ADK Mohican.*

Sunday December 19 - **Rockefeller Preserve.** 4-5 miles, easy terrain. Enjoy a festive preholiday hike exploring the 13 Bridges Trail as well as other nearby trails. Depending upon the ground conditions, traction devices might be necessary. Bring water, lunch and snacks. PPE required as per COVID policy. Rain or inclement weather cancels. To register, contact Sarah Davis at (917) 501-1322 or [sewdavis@gmail.com](mailto:sewdavis@gmail.com). *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 59).*



Saturday, December 25 - **Bronx River Pathway - NWP to Kensico Dam + Options**. 4 miles, easy terrain. We will walk from the North White Plains station to Kensico Dam Plaza and back again with different possibilities along the way: we can go up to the top of dam to view the reservoir, and/or have lunch at a restaurant in Valhalla, and/or go further south on the pathway once we get back to NWP. PPE required as per Covid policy. Leader: Carolyn Hoffman, [carohof2@gmail.com](mailto:carohof2@gmail.com), cell (914) 420-5778. *Joint with ADK Mohican.*

Sunday, December 26 - **Within the County: Mt. Vernon to Harrison. Part 2: New Rochelle and Eastchester**. 8 miles, easy terrain. Now that gifts have been given and cookies consumed, let's get outside and enjoy Mother Nature. We'll take the Leatherstocking and Colonial Greenway trails through New Rochelle and Eastchester as we head past Larchmont Reservoir and into Ward Acres, then explore the paths in Twin Lakes County Park and Nature Study Woods. A short shuttle is involved (masks on, windows open). PPE required per Covid policy. Leader: Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Rain cancels. *Joint with ADK Mohican. Qualifies for the Westchester 100 (Nos. 43, 44, 99a, and 68 (if done with Part 4 of this series)).*

Friday, December 31 - **Early New Year's Eve - This is a WTA member-only event.**