

Pre Flight (Outward) >>>				Fuel Req'd			Fuel Onbrd			Fuel Cons			Endurance	
				Date			Aircraft			Distance			Time	
				Brakes Off			Take Off			Landing			Brakes On	
FROM/ TO	RNAV	MSA	Alt	IAS	TRKt	WIND	HDGm	GS	DIST	Time	ETA	ATA		
Notes								IDENT	RNAV	FREQ	STATION	FREQ		

<<< Pre Flight (Return)				Fuel Req'd			Fuel Onbrd			Fuel Cons			Endurance	
				Date			Aircraft			Distance			Time	
				Brakes Off			Take Off			Landing			Brakes On	
FROM/ TO	RNAV	MSA	Alt	IAS	TRKt	WIND	HDGm	GS	DIST	Time	ETA	ATA		
Notes								IDENT	RNAV	FREQ	STATION	FREQ		