


Pickaway Senior Center

740-474-8831

OCTOBER 2014

2105 Chickasaw Drive

Circleville, OH 43113

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast Bar 10/28/14 @ 9 am</u> <ul style="list-style-type: none"> Sausage Gravy w/Biscuit Scrambled Eggs Hash Browns Coffee Cake & Fruit Juice 		1. Smoked Sausage w/ Sauerkraut Mashed Potatoes w/Chives Warm Peaches	2. Creamed Chicken over Mashed Potatoes Fresh Vegetables w/Dip Warm Fruit Roll Pudding	3. Baked Spaghetti Italian Vegetables Garden Salad Garlic Roll Chilled Fruit
6. Hamburger French Fries Mixed Vegetables Chilled Fruit	7. Pork Chop in Gravy AuGratin Potatoes Stewed Tomatoes Roll Chilled Fruit Fruit Muffin	8. Turkey over Stuffing w/ Gravy Mixed Vegetables Roll Chilled Fruit Fruit Juice	9. Meatloaf Mashed Potatoes & Gravy Seasoned Green Beans Roll Chilled Fruit Vanilla Wafers	10. Chicken & Noodles Broccoli Roll Garden Salad Chilled Fruit
13. Baked Ham Scalloped Potatoes Spinach Chilled Fruit Graham Crackers	14. Swedish Meatballs in Gravy Mashed Potatoes & Gravy Brussel Sprouts & Roll Vanilla Wafers Fruit in Gelatin	15. Salisbury Steak Mashed Potatoes & Gravy Harvard Beets Roll Chilled Fruit Cinnamon Muffin	16. Johnnie Marzetti Wax Beans Roll Fruit Crisp Fruit Juice	17. CENTER CLOSED
20. BBQ Riblette Hash Browns Garden Salad Fruit Crisp	21. <u>Soup & Salad Bar</u> Vegetable Beef Soup Chicken Salad Garden Salad Chilled Fruit (Chicken Rice Soup)	22. Roast Beef Mashed Potatoes & Gravy Mixed Vegetables Roll Graham Crackers Chilled Fruit	23. <u>Monthly Fellowship</u> Ham Loaf Sweet Potato Casserole French Style Green Beans Roll Cake	24. BBQ Chicken Tater Tots Cooked Cabbage Chilled Fruit
27. Swiss Steak in Gravy Mashed Potatoes & Gravy Broccoli Vanilla Wafers Fruit	28. Beef & Noodles Mashed Potatoes & Gravy Mixed Vegetables Chilled Fruit Roll (Breakfast Bar @ 9am)	29. Baked Chicken Baked Potato Parsley Carrots Ambrosia Salad Roll Fruit Muffin	30. Roast Pork Stuffing w/Gravy Stewed Tomatoes Garden Salad Roll & Chilled Fruit (Congregate-Unlock the Secret Lunch)	31. Beef Stew w/Biscuit Warm Fruit Cole Slaw Cake