

MEC Greater Vancouver: TRAIL RACE THREE, 5K/10K

Race Date

July 27, 2019

Overall Finish List

10 k Run

Female

Place				-----Total-----	
Overall	Name	Bib No	AG Place	Chip Time	Gun Time
1	Breanna Amiel	2451	1 30-39	1:03:00	1:03:05
2	Rebecca Quiring	3328	2 30-39	1:07:36	1:07:44
3	Lianne O'Neill	3307	1 20-29	1:12:21	1:12:32
4	Kassandra McFarlane	3186	3 30-39	1:12:30	1:12:32
5	Jena Lenzi	3158	1 99-99	1:14:52	1:16:26
6	Tanya Truong	3379	4 30-39	1:15:01	1:15:04
7	Shannon Lim	3163	2 99-99	1:15:29	1:15:34
8	Mary Louise Farnan	2872	1 50-59	1:16:20	1:16:30
9	Maggie Duncan	2866	3 99-99	1:16:53	1:18:33
10	Alicia Styles	3366	2 20-29	1:17:04	1:17:08
11	Melanie Preston	3324	1 40-49	1:17:07	1:18:44
12	Emily Izett	3128	1 0-19	1:17:35	1:19:22
13	Claire Leverton	3162	2 0-19	1:18:29	1:20:04
14	Kaitlyn Munn	3219	4 99-99	1:18:36	1:18:43
15	Haylee Boyd	2801	3 20-29	1:18:47	1:18:55
16	Audrey McLellan	3190	5 30-39	1:18:51	1:20:26
17	Jessica Archibald	2469	5 99-99	1:18:59	1:20:32
18	Anna Stone	3364	4 20-29	1:19:01	1:20:38
19	Cassandra Humes	3122	5 20-29	1:19:22	1:20:58
20	Kyla Edejer	2869	6 20-29	1:19:44	1:19:56
21	Angela Strong	3365	6 99-99	1:19:56	1:21:51
22	Juliet Burnham	2812	7 20-29	1:20:19	1:22:02
23	Lynn Gonzalez	2892	6 30-39	1:20:32	1:20:40
24	Allison Dempsey	2849	7 30-39	1:21:37	1:23:27
25	Dana Young	73999	8 30-39	1:21:40	1:23:30
26	Laura Tucker	3380	9 30-39	1:21:41	1:23:21
27	Elise Deborne	2846	10 30-39	1:22:38	1:24:27
28	Christine Clifton	2834	11 30-39	1:22:43	1:24:26
29	Jennifer Derksen	2851	2 40-49	1:22:44	1:24:22
30	Heather Clark	2832	12 30-39	1:24:13	1:26:02
31	Jasmine Maqueda	3176	8 20-29	1:24:17	1:26:04
32	Megan Sheffer	3350	3 40-49	1:24:43	1:26:17
33	Bea Valles	3384	9 20-29	1:25:18	1:26:55
34	Anna Segelken	3347	3 0-19	1:25:25	1:26:59
35	Zenaida Kwong	3153	13 30-39	1:25:30	1:25:36
36	Trina Zanni	75716	14 30-39	1:25:48	1:27:43
37	Elizabeth Clark	2831	7 99-99	1:26:28	1:28:09
38	Svetlana Dolghina	2857	15 30-39	1:26:45	1:28:22
39	Nancy Lee	3156	4 40-49	1:27:38	1:29:23
40	Noirin Greha	2900	16 30-39	1:27:44	1:29:34
41	kim harvey	3108	2 50-59	1:28:01	1:28:13
42	Melodie Yong	73949	5 40-49	1:28:21	1:29:54
43	Cate Preston	3325	17 30-39	1:29:03	1:30:56
44	Petra Allen	2401	3 50-59	1:29:16	1:30:57
45	Carol Campbell	2815	1 70-98	1:29:33	1:31:13
46	Leanne Ardley	2478	8 99-99	1:29:43	1:31:25
47	Melissa Gier	75722	18 30-39	1:30:58	1:32:41
48	Cassandra Basi	2553	19 30-39	1:30:59	1:31:10
49	Kaelynn Frankish	2876	10 20-29	1:31:00	1:32:35
50	Jennifer Beliveau	75725	20 30-39	1:31:02	1:32:58
51	Rebecca Innis	3124	21 30-39	1:31:14	1:32:51
52	Sarah Chu	75724	4 0-19	1:31:51	1:33:38
53	Heather Swetnam	3370	6 40-49	1:31:59	1:33:41
54	Judith Kasiama	3141	22 30-39	1:32:15	1:32:22
55	Natasha Moysiuk	3212	11 20-29	1:32:40	1:32:47
56	Shannon Wright	73911	12 20-29	1:33:16	1:34:52
57	katie atkey	2490	23 30-39	1:33:27	1:33:33
58	Alex Anderson	2460	9 99-99	1:33:35	1:35:13
59	Julie Taylor	3376	10 99-99	1:33:40	1:35:23
60	Sarah Otto	3310	4 50-59	1:34:10	1:35:58
61	Kaileigh Bunting	2811	13 20-29	1:34:23	1:36:17
62	Kristina Herder	3112	11 99-99	1:34:28	1:36:05
63	Rhonda Marshall	3180	7 40-49	1:35:03	1:36:51
64	Lisa Szegedi	3372	12 99-99	1:35:21	1:35:21
65	Jaclyn Adair	1099	14 20-29	1:35:43	1:37:36
66	Miranda Stokovac	3363	5 0-19	1:37:20	1:38:55
67	Masha Shcherbyna	3349	15 20-29	1:37:36	1:39:23

Race Date

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July 27, 2019

Overall Finish List

10 k Run

Female

Place				-----Total-----	
Overall	Name	Bib No	AG Place	Chip Time	Gun Time
68	Kaila Primus	3326	16 20-29	1:37:36	1:39:23
69	Lucy Gibson	2890	5 50-59	1:37:45	1:39:21
70	Marylene Croteau	2842	8 40-49	1:38:00	1:39:48
71	Andrea Sum	3369	9 40-49	1:38:00	1:39:48
72	Carly Johnston	3136	13 99-99	1:39:24	1:40:58
73	Janice Gercken	2889	6 50-59	1:40:14	1:40:14
74	Angie Woo	4287	10 40-49	1:40:38	1:42:18
75	Ailene MacPherson	3172	17 20-29	1:40:51	1:41:02
76	Claire Vial	75726	24 30-39	1:41:32	1:43:14
77	Ann Harris	3106	11 40-49	1:41:36	1:43:23
78	Katie Sullivan	3368	18 20-29	1:42:19	1:42:30
79	Kathleen Biberdorf	2692	25 30-39	1:42:33	1:44:15
80	Stephanie Ridd	3336	26 30-39	1:42:46	1:44:29
81	Amanda Koning	3148	12 40-49	1:42:52	1:44:27
82	Lucy Riches	3335	14 99-99	1:43:16	1:44:58
83	Amanda Tregilges	3378	13 40-49	1:43:22	1:45:17
84	Alison Meredith	3194	7 50-59	1:43:25	1:45:01
85	Amber Meredith	3193	27 30-39	1:43:25	1:45:01
86	Charlotte Bundy	2810	19 20-29	1:43:41	1:45:20
87	Moose Patterson	3314	20 20-29	1:43:43	1:45:46
88	Kate Clarke	2833	21 20-29	1:45:12	1:45:19
89	Nathalie Beliveau	2679	28 30-39	1:46:02	1:47:58
90	Alina Nuttall	3303	14 40-49	1:46:46	1:48:42
91	Amy Saini	3342	29 30-39	1:46:46	1:48:42
92	Didi Dufresne	2865	15 99-99	1:48:23	1:50:07
93	Jennifer Woo	4283	30 30-39	1:48:24	1:50:07
94	Kim Langford	3155	16 99-99	1:49:43	1:51:33
95	Louise Chen	2826	15 40-49	1:50:49	1:52:44
96	Taylor Morris	3201	17 99-99	1:52:33	1:54:11
97	Amanda Graham	2896	22 20-29	1:55:09	1:57:00
98	Paula Naylor	3301	8 50-59	1:55:17	1:56:58
99	Jordyn Shaw	3348	23 20-29	1:56:25	1:58:15
100	Lorissa Thompson	3377	24 20-29	1:57:01	1:58:46
101	Shelby McCannel	3184	25 20-29	1:57:02	1:58:46
102	Denise Corcoran	2840	16 40-49	1:58:43	2:00:37
103	Joann Khor	3143	18 99-99	2:02:14	2:04:01
104	Elizabeth Cedillo	2822	26 20-29	2:05:51	2:07:43
105	Emilie Diver	2856	19 99-99	2:06:12	2:07:58
106	Zoelea Jorgensen	3138	31 30-39	2:07:57	2:09:38
107	Bridget McCartin	3185	27 20-29	2:09:12	2:13:49

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Race Date

July 27, 2019

Overall Finish List

10 k Run

Place		Male		-----Total-----	
Overall	Name	Bib No	AG Place	Chip Time	Gun Time
1	Ronnie Murray	3220	1 20-29	51:15	51:16
2	Michael Overbeck	3311	2 20-29	57:07	57:10
3	Ben Kwiatkowski	3152	1 30-39	58:13	58:14
4	Cormac Brennan	2805	2 30-39	58:18	58:24
5	Ivo Deicmanis	2847	3 20-29	59:11	59:13
6	Joseph Pearce Bourassa	2791	1 99-99	59:20	59:23
7	Antonio Celis	2823	3 30-39	1:00:14	1:00:16
8	Will Dickson	2854	4 20-29	1:00:19	1:00:24
9	Shepherd Moss	3205	1 40-49	1:00:44	1:00:45
10	Rocky Lis	3165	2 40-49	1:01:24	1:01:25
11	Paul Copeland	2839	1 50-59	1:02:18	1:02:21
12	Adam Skaloud	3353	2 99-99	1:02:28	1:02:36
13	Jacob Solly	3355	5 20-29	1:02:33	1:02:38
14	Timothy Woo	4280	6 20-29	1:03:10	1:03:22
15	Gavin Bong	2720	3 40-49	1:03:18	1:03:20
16	Patrick Mulherin	3217	3 99-99	1:03:29	1:03:34
17	daithi O beag	3304	7 20-29	1:03:40	1:03:49
18	Eamon Wilson	3397	1 0-19	1:03:47	1:03:49
19	Mike Henrey	3111	4 30-39	1:04:03	1:04:07
20	Colin Young	75712	5 30-39	1:04:23	1:04:25
21	Mathieu Houpert	3120	4 40-49	1:05:27	1:05:29
22	Joseph Sullivan	3367	6 30-39	1:05:46	1:07:20
23	Alex Dagg	2844	8 20-29	1:06:13	1:06:17
24	Lawrence Bau	2568	7 30-39	1:06:25	1:06:33
25	Thomas Hattie	3109	9 20-29	1:06:31	1:06:38
26	Alvaro Herrero	3113	8 30-39	1:06:33	1:06:44
27	Navaz Abdulla	923	9 30-39	1:06:35	1:11:57
28	Daniel Mackay	3171	4 99-99	1:06:42	1:06:45
29	Keith Hogan	3119	10 20-29	1:06:45	1:06:50
30	Owen Dunkley	2867	11 20-29	1:06:55	1:07:01
31	evan istamboulian	3127	5 99-99	1:07:10	1:08:56
32	James Rawlings	3332	6 99-99	1:07:16	1:07:25
33	Kyle Bienvenu	2694	7 99-99	1:07:37	1:07:45
34	Soya Kojima	3147	2 0-19	1:07:41	1:09:14
35	Bob Azimi	2495	5 40-49	1:09:04	1:09:13
36	Thomas Andrews	2461	12 20-29	1:09:24	1:09:28
37	Phil Hachey	3101	8 99-99	1:10:08	1:10:16
38	Thomas Mitchell	3197	10 30-39	1:10:13	1:10:14
39	Scott Steinback	3360	13 20-29	1:10:27	1:10:38
40	Antoine Cabot	2813	11 30-39	1:10:35	1:10:39
41	Frederick M Zenowski	75717	12 30-39	1:10:57	1:11:00
42	Sylvain Robba	3338	13 30-39	1:11:29	1:11:33
43	Ian Giesbrecht	2891	6 40-49	1:11:44	1:13:19
44	Dan Turvill	3381	9 99-99	1:11:54	1:11:58
45	Camilo Ramirez	3331	14 30-39	1:12:11	1:12:23
46	Nicholas Kraemer	3150	14 20-29	1:12:36	1:19:09
47	Brent HALE	3103	10 99-99	1:12:46	1:14:24
48	Jason Budd	2809	7 40-49	1:12:49	1:12:54
49	Chris Stephenson	3361	8 40-49	1:13:01	1:14:34
50	Benjamin Schwartzmann	3346	15 30-39	1:14:25	1:14:29
51	Craig Graham	2898	9 40-49	1:14:52	1:16:34
52	Patrick Bren	2804	16 30-39	1:15:01	1:15:11
53	Jordan Tanner	3375	17 30-39	1:15:08	1:15:14
54	Zachary Jorgensen	3137	11 99-99	1:15:29	1:17:08
55	Jason Hu	3121	18 30-39	1:15:34	1:15:37
56	Ryan Deasley	2845	15 20-29	1:16:21	1:17:55
57	Richard Patterson	3313	12 99-99	1:16:44	1:16:54
58	Christopher Moore	3199	19 30-39	1:17:00	1:18:37
59	Damian Leverton	3161	2 50-59	1:17:25	1:19:01
60	Daniel Leung	3160	16 20-29	1:17:33	1:19:11
61	Gregory Hiebert	3114	20 30-39	1:18:50	1:18:55
62	Kenny Pham	3319	3 0-19	1:19:15	1:21:00
63	Dennis Marchant	3177	10 40-49	1:19:46	1:21:22
64	Dylan Marchant	3178	4 0-19	1:19:46	1:21:21
65	Rob Delaurier	2848	11 40-49	1:19:57	1:21:44
66	Nathan Salomon	3343	21 30-39	1:20:07	1:20:14
67	Dwayne Doornbosch	2860	13 99-99	1:20:48	1:22:27

Race Date

MEC Greater Vancouver: TRAIL RACE THREE, 5K/10K

July 27, 2019

Overall Finish List

10 k Run

Place		Male		-----Total-----	
Overall	Name	Bib No	AG Place	Chip Time	Gun Time
68	Matthew Mitchell	3198	12 40-49	1:21:03	1:22:42
69	MICHAL POTYKA	3322	13 40-49	1:21:15	1:22:53
70	Jonathan Hutchings	3123	22 30-39	1:21:42	1:21:52
71	Dan MacDonald	3170	23 30-39	1:22:02	1:22:11
72	Shielvin Soriano	3356	24 30-39	1:22:14	1:22:20
73	Chris Chan	2825	14 40-49	1:22:18	1:23:56
74	Aron Kahan	3140	5 0-19	1:24:14	1:25:49
75	Andy Goyan	2894	14 99-99	1:24:23	1:26:30
76	Taylor Morgan	3200	25 30-39	1:24:28	1:24:36
77	Ali Sanieyan	75723	26 30-39	1:24:39	1:24:44
78	Joshua Amiel	2459	27 30-39	1:25:54	1:26:05
79	Phil Gallie	2882	15 99-99	1:26:33	1:28:14
80	Joseph Vena	3387	16 99-99	1:26:50	1:28:30
81	Hisato Takeuchi	3374	17 99-99	1:29:14	1:29:22
82	Ian Boyle	2803	18 99-99	1:29:16	1:31:04
83	Thomas Faulkner	2873	28 30-39	1:29:20	1:30:59
84	Richard Leong	3159	15 40-49	1:29:56	1:31:42
85	Min Zhou	75718	3 50-59	1:30:16	1:30:27
86	Jason Mah	3174	29 30-39	1:30:43	1:32:27
87	Morteza Khalili	3142	4 50-59	1:31:34	1:31:39
88	Shayne Graham	2897	17 20-29	1:31:50	1:33:42
89	Patrik Vojtisek	3389	18 20-29	1:33:03	1:38:47
90	PETER KNAPE	3145	19 99-99	1:34:01	1:38:46
91	Philip Harris	3105	16 40-49	1:36:01	1:37:48
92	JEFF GAN	2883	17 40-49	1:40:05	1:40:14
93	Salomon Kahan	3139	18 40-49	1:42:22	1:43:57
94	Peiman dadkhah	2843	19 20-29	1:42:30	1:49:13
95	Geoffrey Patterson	3315	30 30-39	1:43:43	1:45:46
96	Scott Dunsmore	2868	20 99-99	1:49:44	1:51:33
97	Jose Rodriguez	3340	5 50-59	1:55:17	1:56:58
98	Matthew Ward	3393	20 20-29	1:56:25	1:58:15
99	Mike Hill	3115	19 40-49	2:08:42	2:10:34
100	Adam Bryant	2808	21 20-29	2:09:13	2:13:49
101	MARTIN FRECH	2877	20 40-49	2:09:38	2:09:47
102	FRANKIE CHINGYU	2827	21 99-99	2:16:38	2:18:24

July 27, 2019

Overall Finish List

5 k Run

Female

Place		Bib No	AG Place	-----Total-----	
Overall	Name			Chip Time	Gun Time
1	Samara Murray	345	1 0-19	33:19	33:26
2	Amanda Bethel	77	1 20-29	34:26	34:32
3	Emma Martin	5874	2 20-29	34:55	34:59
4	Laure Lejeune	287	1 30-39	38:12	38:14
5	Kate Eckfeldt	159	2 30-39	38:09	38:16
6	Bahareh Ashtiani	9	3 30-39	40:26	40:28
7	Mia Batcho	42	2 0-19	41:17	41:25
8	Ruth Lappin	276	3 20-29	41:30	41:46
9	Emma McCarren	327	4 20-29	42:22	42:37
10	Pamela Lincez	295	4 30-39	42:44	42:54
11	Stephanie Micikyan	328	5 20-29	42:59	43:06
12	Genevieve Banville	38	6 20-29	43:01	43:10
13	Kelley Horgan	230	7 20-29	43:03	43:18
14	Stacy Armstrong	8	5 30-39	43:03	43:08
15	Linnea Sandell	373	8 20-29	43:48	43:54
16	Karbo Kam	263	6 30-39	44:23	44:33
17	Stefany Morrison	342	9 20-29	45:19	45:28
18	alexis pavlich	352	1 40-49	45:59	46:06
19	Tracey Fraser	187	2 40-49	46:03	46:12
20	Chevy Lazenby	281	10 20-29	46:41	46:59
21	Emily Rose	372	7 30-39	46:41	46:47
22	Kristal Jones	261	8 30-39	47:02	47:17
23	Camille DOUHET	153	11 20-29	47:09	47:13
24	Jennifer Tocchio	3793	9 30-39	47:42	47:46
25	Kathy Ho	221	10 30-39	47:44	47:56
26	Kaitlyn Campbell	96	11 30-39	47:44	47:56
27	Megan Burke	94	12 30-39	47:46	47:48
28	Lucie Bradshaw	88	13 30-39	47:50	47:54
29	Sheena Hoskin	250	1 99-99	48:19	48:32
30	Danielle Berman	72	14 30-39	48:26	48:28
31	Julie Belanger	63	2 99-99	48:29	48:33
32	Shannen Eis	163	3 40-49	48:32	48:43
33	Lisa Tang	3788	15 30-39	48:42	48:58
34	Natalie Decario	144	3 0-19	48:54	48:57
35	Alyson Sutton	3682	16 30-39	49:41	49:45
36	Ava Choy	118	4 40-49	49:45	49:59
37	Serena Cheong	116	12 20-29	50:07	50:26
38	Jessica Jones	259	3 99-99	50:15	50:29
39	carina avena	20	13 20-29	50:50	51:05
40	Adrienne Petersohn	353	17 30-39	51:41	51:43
41	Catherine Graham	204	5 40-49	52:16	52:29
42	Lydia Breitenstein	92	14 20-29	52:51	52:59
43	Rachel Stevens	3667	6 40-49	52:58	53:13
44	Marite Cardin	97	7 40-49	53:25	53:28
45	Tasha Magnan	303	15 20-29	53:46	54:05
46	Kim Kirstiuk	272	18 30-39	54:23	54:44
47	Kayleigh Meredith	3195	4 99-99	54:35	54:41
48	Katie Alexander	5	5 99-99	54:36	54:41
49	Shannon Berrow	74	19 30-39	55:50	56:12
50	Kara Vogt	4271	20 30-39	55:50	56:12
51	C Tosh	3798	21 30-39	55:51	55:58
52	Kaeli Grotz	206	6 99-99	57:00	57:13
53	Jannika Nyberg	351	16 20-29	57:45	58:02
54	Lisa Hess	400	8 40-49	57:56	58:13
55	Sue Matthews	320	1 50-59	58:04	58:13
56	Lauren Wilson	4987	4 0-19	58:07	58:22
57	Heidi Horlacher	247	9 40-49	58:07	58:22
58	Norma Esparza	173	10 40-49	59:03	59:06
59	Caitlin MacDonell	302	22 30-39	59:15	59:16
60	Ruth Esparza Hernandez	181	5 0-19	59:15	59:18
61	Lisa Dolinski	152	11 40-49	1:00:42	1:00:56
62	Pamela Decario	141	12 40-49	1:02:42	1:03:02
63	Eden Superable	5805	2 50-59	1:03:10	1:05:28
64	Louise Blazey	78	23 30-39	1:04:18	1:04:38
65	Christina Langan	275	24 30-39	1:04:19	1:04:38
66	Justine Smith	3612	7 99-99	1:04:25	1:04:31
67	Brenda Plowman	356	8 99-99	1:04:25	1:04:31

Race Date

July 27, 2019

MEC Greater Vancouver: TRAIL RACE THREE, 5K/10K

Overall Finish List

5 k Run

Female

Place		-----Total-----			
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Chip Time</u>	<u>Gun Time</u>
68	Megan Bartley	41	9 99-99	1:05:04	1:05:23
69	Mariel Coley	119	25 30-39	1:07:29	1:07:39
70	Katharine Dyson	154	17 20-29	1:10:23	1:10:31
71	Lenka Hekl	207	10 99-99	1:17:23	1:17:35
72	Shelby Beaulieu	57	18 20-29	1:17:29	1:17:46
73	adrienne thompson	3791	13 40-49	1:17:30	1:17:47
74	Veronika Smolik	3638	3 50-59	1:18:13	1:18:23

Race Date

MEC Greater Vancouver: TRAIL RACE THREE, 5K/10K

July 27, 2019

Overall Finish List

5 k Run

Place		Male		-----Total-----	
Overall	Name	Bib No	AG Place	Chip Time	Gun Time
1	Luke Mantle	309	1 0-19	28:39	28:41
2	Alejandro Reinoso	368	1 20-29	29:53	29:56
3	Treyce Eckman	160	2 0-19	30:06	30:07
4	Pierre Chan	113	1 30-39	35:28	35:29
5	Francisco Henao Diaz	218	2 20-29	36:06	36:12
6	Vincent Mantle	306	1 60-69	38:09	38:20
7	Elissac Kim	268	3 0-19	38:11	38:16
8	DEVON DE BALASI	138	2 30-39	38:56	39:14
9	Pocholo Cebrero	109	3 30-39	41:07	41:20
10	Jim Tobin	3792	4 30-39	41:10	41:13
11	Klim Collins	124	3 20-29	41:30	41:44
12	Jacob Von Der Heide	4279	4 20-29	42:17	42:28
13	Marcus Choi	117	4 0-19	43:51	43:58
14	Owen Kirstiuk	269	5 0-19	43:58	44:16
15	Valerian Ratu	367	1 99-99	44:22	44:29
16	Noah Wilson	4937	6 0-19	45:52	46:09
17	Elise Galuska	191	2 99-99	46:02	46:14
18	Michael Manuel	316	3 99-99	46:08	46:15
19	Jose Velasco	4223	5 30-39	47:46	48:08
20	Markus Segelken	3566	7 0-19	48:10	48:24
21	Chris Skinner	3590	1 40-49	49:23	49:34
22	Gordon Edwards	161	2 40-49	49:39	49:52
23	Julian tang	3789	3 40-49	51:43	52:00
24	Paul Farnan	182	2 60-69	51:54	52:07
25	Samantha Turley	4216	4 99-99	52:21	52:25
26	Nicola Cardin	106	8 0-19	53:23	53:25
27	Mason Marchant	319	9 0-19	53:23	53:25
28	LEVI DEVRIES	145	5 20-29	53:47	54:05
29	Carlos Mora	337	1 50-59	56:32	56:47
30	Liam Peters	5843	10 0-19	1:01:27	1:03:45