

FAMILY POOL

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 5:30am-8:00am	Open Swim 5:30am-10:45am	Open Swim 5:30am-8:00am	Open Swim 5:30am-10:45am	Open Swim 5:30am-8:00am	Open Swim 6:00am-8:15am
Water Aerobics 8:15am-9:15am		Water Aerobics 8:15am-9:15am		Water Aerobics 8:15am-9:15am	Swim Lessons 8:30am-10:00am
Water Aerobics 9:30am-10:30am		Water Aerobics 9:30am-10:30am		Water Aerobics 9:30am-10:30am	Open Swim 10:00am-4:45pm
Water Aerobics 11:00am-12:00pm	Water Aerobics 11:00am-12:00pm	Water Aerobics 11:00am-12:00pm	Water Aerobics 11:00am-12:00pm	Water Aerobics 11:00am-12:00pm	
Open Swim 12:00pm-5:15pm	Open Swim 12:00pm-3:45pm	Open Swim 12:00pm-5:15pm	Open Swim 12:00pm-8:45pm	Open Swim 12:00pm-5:15pm	
Water Aerobics 5:30pm-6:30pm	Swim Lessons 4:00pm-5:00pm	Water Aerobics 5:30pm-6:30pm	Live Y'ers 4:00pm-5:00pm	Water Aerobics 5:30pm-6:30pm	
Open Swim 6:30pm-8:45pm	Open Swim 5:00pm-8:45pm	Open Swim 6:30pm-8:45pm		Open Swim 6:30pm-8:45pm	

- Family Pool is CLOSED during Swim Lessons and Water Aerobic Classes.
 - Hi-lighted times are OPEN SWIM times.
 - Live Y'ers will be in the pool beginning August 10th.

LAP POOL

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 5:30am-8:45pm	Open Swim 5:30am-8:45pm	Open Swim 5:30am-8:45pm	Open Swim 5:30am-8:45pm	Open Swim 5:30am-8:45pm	Open Swim 5:30am-8:45pm
					Swim Lessons 9:30am-10:00am

Swim Lessons
4:30pm-5:00pm

- Up to 3 of the Lap Pool lanes will be used during Swim Lesson times.
- If you have any questions, please contact the Program Director.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS AND WATER FITNESS SCHEDULE

AGE REQUIREMENTS:

- **Age 6 and under**
A parent or guardian, 18 years or older, must be in the water within arm's reach at all times. Proper swim attire is required.
- **Age 7-11**
A parent or guardian, 18 years or older, must be on the pool deck at all times.
- **Ages 12 and up**
May use the entire Aquatics Center without parent.

