

# Sermon Themes and Scriptures

**Date:** July 7, 2019  
**Title:** The Inheritance of God Worship Series: TRUST  
**Theme:**  
**Purpose:** We are called to trust God in word and in deed. To love is to trust.  
**Old Testament:** 2 Kings 5:1-14  
**New Testament (Epistle):** Galatians 6:(1-6) 7-16  
**New Testament (Gospel):** Luke 10:1-11, 16-20

**Date:** July 14, 2019  
**Title:** Loving God and Neighbor (*Sermon Series*)  
**Theme:** How to Be a Neighbor  
**Purpose:** To inspire the congregation to live as a disciples of Jesus Christ for the transformation of the world.  
**Old Testament:** Amos 7:7-17  
**New Testament (Epistle):** Colossians 1:1-14  
**New Testament (Gospel):** Luke 10:25-37

**Date:** **July 21, 2019** **Time:** **8:30 Service**  
**Title:** :Loving God and Neighbor (Sermon Series)  
**Theme:** Sent by a Loving God  
**Purpose:** To discover how we as Christians can encourage and empower others in our lives by simply lending an ear.  
**Old Testament:** Amos 8:1-12  
**New Testament (Epistle):** Colossians 1:15-28  
**New Testament (Gospel):** Luke 10:38-42

**Date:** July 28, 2019  
**Title:** Loving God and Neighbor (Sermon Series)  
**Theme:** Talking to God  
**Purpose:** As disciples, we are all *sent* into the world to live out the love we have experienced.  
**Old Testament:** Hosea 1:2-10  
**New Testament (Epistle):** Colossians 2:6-15  
**New Testament (Gospel):** Luke 11:1-13

**Date:** **July 21, 2019** **Time:** **10:30 Service**  
**Title:** Yee-Haw: Celebrating God's Greatest Gift  
**Theme:** V.B.S. Sunday Service

## Sunday's Service Information

**Traditional Service** – For those that love that “Old Time Religion”, we have a traditional worship service that meets every Sunday at 8:30 am.

**Blended Service** – Not too bold, not too mild...just right. Our Blended service combines the best of our traditional and contemporary worship services. The Blended service is every Sunday at 10:30 am. There is also Children's Church available for kids K through 5<sup>th</sup> grade and a nursery for infants and toddlers.

## Church Contacts

**Phone:** 305-852-2581, **Fax:** 305-852-4917

**Email:** [burtonmemorial@bellsouth.net](mailto:burtonmemorial@bellsouth.net) **Pastor:** [kmf\\_bmumc@bellsouth.net](mailto:kmf_bmumc@bellsouth.net)

**Administrative Assistant:** [bae\\_bmumc@att.net](mailto:bae_bmumc@att.net) **Web Site:** [www.BMUMC.net](http://www.BMUMC.net)

**Office Hours:** Monday – Thursday: 9:00 am to 4:00 pm. Friday – Office Closed.

## Newsletter and Bulletin Deadlines

We have a lot of ministries and events going on at Burton and it is important to get the word out regarding them. So, please remember the *deadline for getting information into the weekly bulletin is on Wednesdays. The deadline for monthly Beacon articles is the 20 of each month.* Please send all information that you want placed in the bulletin or in the Beacon to the office at [bae\\_bmumc@att.net](mailto:bae_bmumc@att.net)

DON'T MISS  
THE DEADLINE!

## July Birthdays:

	<u>DAY</u>		<u>DAY</u>
Kyrie' Foote	8	Logan Shannon	17
Carol Baxter	12	Sandy Klifman	26
Virginia Spear	13	Michael Ratliff	27

## July Anniversaries:

	<u>DAY</u>
Harry & Ruth Forgan	27

# The Beacon

a monthly newsletter publication of Burton Memorial UMC  
July 2019



## Kerry's Corner

### NO TRUE FREEDOM WITHOUT GOD

According to Mark Parsec, Independence Day "celebrates America's Declaration of Independence from the tyranny of England under King George." The Declaration of Independence of 1776, he says, was not intended to declare war with England, nor did it actually establish our country's independence. The Revolutionary War which was fought for our country's freedom did not end "until a treaty was signed seven years later on September 3, 1783."



Parsec says the purpose of the Declaration of Independence for the colonists was to declare "to the world their belief in a personal, infinite God - their Creator - who endowed them with certain 'inalienable' or absolute rights...To the men of that time it was self-evident...that if the inalienable rights they were urging were not seen in the context of Christianity, then they were without content - illusions, and nothing but dreams. To have absolute rights our forefathers had to acknowledge the Absolute Authority of God."

You see, there is no true freedom without God and His authority to determine the morality upon which the laws of our land are based. In God we find the basis for physical freedom; however we also find in the Lord the basis for our spiritual freedom. God's provision for our spiritual freedom is found in His one and only Son, Jesus Christ. Therefore, on this Independence Day I hope you will join me in celebrating our freedom and take a little time this July 4, 2019 to view that freedom we have and how it is nothing without Christ.



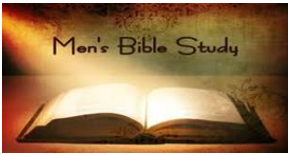
### Monday Morning Prayer Time



Be still, and know that I am God. The only way you can be silent around God is if you're comfortable in His presence. OR if you want to LEARN to be comfortable in His presence. You see, the way to learn to be truly comfortable around God is to start practicing being quiet in His presence.

I want to invite you to start the practice of being still before God. Every Monday from 8:00 am to 10:00 am we are opening up the sanctuary for a time of prayer and silent meditation. Consider it a way to kick off the work week putting God first and seeking God's direction.

## Bible Study Groups



*The Women's and Men's Bible Study Groups are on vacation for the summer. Please watch for an announcement in the fall for the next meetings.*



### Membership and Information Class

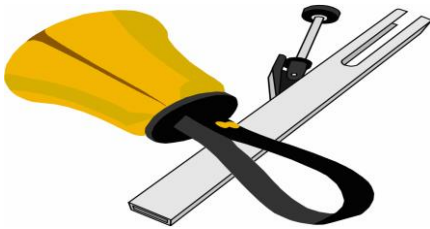
*On Sunday, July 7, we will have a membership and information class in the Pastor's Office at 2:00 pm. If you would like to discover more about Burton Memorial United Methodist Church and what it means to be a member of the United Methodist Church, please just show up. If after the class, you would like to become a member of Burton Memorial United Methodist Church, we can make that happen.*

### Choir News

I want to thank the choir for their commitment and dedication to the chancel choir. You have done an outstanding job! You are my super power and I appreciate your good work.

The choir is taking a well-deserved summer break. We will probably start back mid-August. Stay tuned for specific dates to return to singing. Keep singing in the car or the shower, or anywhere the spirit moves you. Enjoy your free time.

Blessings,  
Carlene



The Burton Baby Belles, our beginner handbell/chime ministry, is on summer break until September. See you then!

The Burton Ringers are on break. We will meet again in August – can't wait! The KidsRing Choir is ringing OUT this summer for a well-deserved break. Thanks to all the great ringers for their hard work and dedication. We are so excited about all our CHILDREN'S ARTS MINISTRIES!

### Ringings News

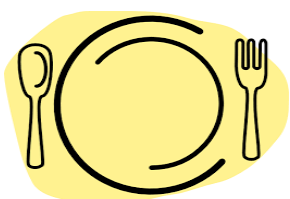
### Flower Calendar

The Flower Calendar for 2019 is ready for you! Please consider placing a flower arrangement or orchid on the altar in memory of a loved one, in honor of someone or something (such as a ministry or event) or to the Glory of God. In 2019 we will not have altar flowers on Communion Sundays – the Sacrament will be our focus. The year is completely open – so sign up! Cost is \$20.00 per arrangement. The calendar is in the Narthex or you can contact the church office. Please, only two arrangements per Sunday.



### Free Blood Pressure Checks

Every Sunday Monroe County Fire Rescue Department will be providing *free blood pressure checks in the Fellowship Center after the 10:30 am service.*



### God's Kitchen

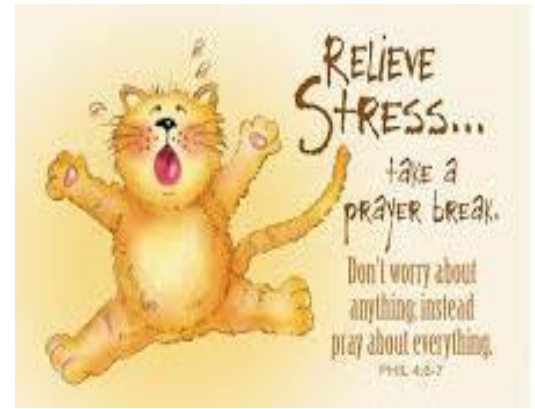
As we all know, the tradition of Thursday night's God's Kitchen meals are an important service to our community that Burton performs. Many thanks to the volunteers over the last few months. *We are looking for someone to cook on the fourth Thursdays of the month. If you would like to help out, please call the office at 305-852-2581. Center.*

## **Health and Wellness / Fit for Christ**

Debbie Premaza, RN, BSN

I have been reading and thinking a lot about mental health especially on the heels of mental health awareness month in May. I've been asking myself; "what impact does our mental health play on our overall health?" Being a nurse for 40 years, I know our minds are extremely important to our overall health. Caring for our minds must be a priority in our lives and spirituality is a big part of caring for our mental health. In fact, according to a study from the University of Florida in Gainesville and Wayne State University in Detroit, older adults use prayer more than any other alternative therapies for health; 96% of study participants use prayer specifically to cope with stress. Prayer and spirituality have been linked to: better health, less hypertension, less stress, more positive feelings, less depression, greater psychological well-being, and superior ability to handle stress.

<https://www.verywellmind.com/how-spirituality-can-benefit-mental-and-physical-health-3144807>



**I would like to share some highlights from a couple of the articles by Rick Warren and the Daniel Plan (June 03, 2012) that I have found to be very helpful to me and my mental health. <http://www.danielplan.com/starthere/>**

*"Be careful how you think; your life is shaped by your thoughts." Proverbs 4:23 GN*

Long before psychology came around, God said your thoughts determine your feelings and your feelings determine your actions. If you want to change your life, you must control the way you think. You're constantly talking to yourself — *all the time*. Your mind is talking to you! You're talking to yourself right now. The problem is that a lot of us are like Job, who says, "Everything I say seems to condemn me" (Job 9:20 GN). He's saying, in effect, "Everything I say puts me down." If you are typical to the human race, you are your own worst critic. We're always putting ourselves down.

God wants us to stop putting ourselves down. When you put yourself down, who are you really putting down? When you say, "I'm fat. I'm dumb. I'm ugly. I'm no good. I have no talent," you're really pointing to the Creator who made you. When you say, "God, I'm worthless. I'm no good. I can't do anything," you're saying, "God, you blew it with me." That's why God says it's wrong to put yourself down.

**The Bible teaches the principle of replacement.**

*"Fix your thoughts on what is true and good and right ... Think about all you can thank God for and be glad about."*

**Philippians 4:8 LB**

In other words, don't think about all those weaknesses in your life. Focus on who God wants you to be and on what God wants to do in your life. There isn't a better thing you can do to raise your confidence level than to start believing what God says about you. Let God renew your mind because "your life is shaped by your thoughts" (Proverbs 4:23 GN). Recognize the importance of trusting God and letting go of resentment, worry, and fear to maintain good health. This leads right into a second biblical factor for good health, "**Confessing my sin is good for my health.**" Any psychologist will tell you this: "It's good to clear your conscience and get things off your chest. Your body is not made to hold it in."

David says it this way in Psalm 32:3-5: "When I refused to confess my sin, I was weak and miserable, and I groaned all day long. My strength evaporated like water in the summer heat. Finally, I confessed all my sins to you and stopped trying to hide them. And you forgave me! All my guilt is gone." (NLT). David internalized his guilt, and it physically affected his body. If you don't talk out your problems, your guilt and your bitterness with God, you're going to take it out on your body.

God wants us to get every ounce of spiritual nutrition out of his Word. He wants us to chew on it, digest it, and then chew on it some more. Be grateful for who you are and what you have. Instead of complaining, remember that everything is a gift! "Isn't everything you have and everything you are sheer gifts from God? So what's the point of all this comparing and competing? You already have all you need!" (1 Corinthians 4:7-8 MSG)

***Improve your mental health with physical exercise and group support! Beat the heat and exercise in the bug free air conditioned Fellowship Center at Burton on Monday evenings from 5:30 pm to 6:30 pm. If you have any questions or need a ride, please call me at 305-546-6682.***

## **Green Team Article**

by Tim Bricker, Burton Delegate to the 2019 Florida UMC Annual Conference  
For me, the highlights of the recent Florida UMC Annual Conference were the report from Ministry Task Force, and the Creation Care Resolution that passed with an overwhelming majority of the vote. Below are excerpts from the Resolution, which can be found in its entirety on the <https://www.flumc.org/> website under the 2019 Annual Conference tab (AC 2019).

WHEREAS, Psalms 24:1-2 declares that the earth is the Lord's and everything in it, the world, and all who live in it; for he founded it upon the seas and established it upon the waters.

WHEREAS, we, as God's children, are responsible for the way we live and use God's creation.

WHEREAS, we, the people of The United Methodist Church recognize that we are shepherds of God's very good creation.

WHEREAS, plastic pollution plagues our earth and clogs our oceans, causing harm to ocean life. It breaks down into micro plastics, threatening human food supplies. Whales, turtles, birds, and other marine life eat the plastic trash and die of starvation. A giant accumulation of plastic called the Great Pacific Ocean Garbage Patch covers an area of about 617,000 square miles. Humans have created 9.1 billion tons of plastic since 1950, creating serious problems for wildlife, their habitats and human populations.

WHEREAS, since the ocean is downstream from nearly every terrestrial location, it is the receiving body for much of the plastic waste generated on land. Between 4.8 million and 12.7 million tons of debris ends up in the world's oceans every year, and much of it is discarded plastic litter. Lakes, oceans and rivers are choked with plastic debris, congest drainage systems and cause visual blight.

WHEREAS, only 9 percent of plastics get recycled. We incinerate 12 percent, and the remaining 79 percent builds up in landfills or in nature. Plastics can take thousands of years to break down causing irreparable damage to water quality, sea life, and food supplies. Coastal populations of people depend on healthy fisheries. Plastic pollution threatens their primary food source and diminishes the health of God's creation.

**NOW THEREFORE, let it be resolved that our churches will adopt Creation Care practices to minimize the use of single use plastics, plastic straws, plastic bags, and polystyrene foam** to reconcile our relationship to God's oceans, rivers, lakes, and streams and God's aquatic creatures, thereby loving our neighbors.

BE IT FURTHER RESOLVED that our churches will encourage elimination or reduction of single use plastic and polystyrene foam cups, straws, cutlery, and bottles for all events, fellowship gatherings and classes. We will encourage the use of reusable dishes for all church activities, or if necessary, disposables made from renewable resources like paper, bamboo, or natural fibers. We will encourage eliminating single use plastic bag use and seek renewable options.

BE IT FURTHER RESOLVED, that to this end we will teach our church clergy, laity, and youth to be faithful stewards of Creation, made by our God, by intentionally eliminating single use plastics in all their forms wherever possible to conserve and preserve to bless the least of these.

Submitted by Elan Brown, MS, Chairperson and the Florida UM Creation Care Task Force Ministry Team



## **Fourth of July Parade**

Burton will once again be decorating our float and participating in the Fourth of July Parade. Come out Thursday morning at 10:00 am to support our entry. The parade route is on US 1 from mile marker 98 to mile marker 100. There is a picnic following the parade at Key Largo Community Park, mm 100. If you would like to help decorate, please contact Pastor Kerry.

## College Ministry

by Barbara Koch, College Ministry Coordinator

Most of our college students are enjoying a break from their academic studies. Graduating high school students are preparing for their future endeavors. We, at Burton, are trying to compile our list of college students for the fall term. Returning students who are changing addresses, please let the office know or email me at [ble1k1@aol.com](mailto:ble1k1@aol.com). Likewise, students who are taking some time off from their studies, please let us know so we do not send you inappropriate mailings. For new college students, we would appreciate the following information: student name; college attending; field of study if known; mailing address; and birthday. Thanks for your assistance in this ministry.



## Community Bag Program

Winn-Dixie Store Leadership has chosen Burton Memorial's Food Pantry to receive a donation thru the Community Bag Program for the month of July. ***Burton's Pantry will receive a \$1 donation every time a \$2.50 reusable Community Bag is sold in July at the Tavernier Town Winn Dixie at MM92.***

For those of you still using plastic bags, please bring in your plastic bags in for re-use in the pantry, and take this opportunity in July to stop using plastic and purchase these new bags. And for those who already shop with re-usable bags, please consider bringing your old re-useable bags into the pantry and take this opportunity to get nice clean new ones.

## Status of Offerings

As the summer season begins, please remember that it is our offerings that pay the expenses of our worship services, as well as contributing to the various church ministries. Below are the offering and website collections for the past four services.



Last Four Weeks					Year to Date		
Week	Date	Offering	Plan	+ / -	Offering	Plan	+ / -
22	2-Jun	\$2,248	\$2,013	235	\$69,210	\$63,745	5,465
23	9-Jun	\$1,974	\$2,013	-39	\$71,184	\$65,758	5,426
24	16-Jun	\$1,649	\$2,013	-364	\$72,833	\$67,772	5,061
25	23-Jun	\$2,182	\$2,013	169	\$75,015	\$69,785	5,230

## Prayer Shawl Ministry

Prayer Shawl ministry knitter Carol Baxter is wearing one of her many beautiful prayer shawls for our ministry. You are invited to join us Thursdays at 7:00 pm in the Joy classroom for fun and fellowship, knitting and crocheting. We teach and have yarn, knitting needles and crochet hooks. Thanks to those who make prayer shawls at home. We have added Hospice to our giving list. For information call Virginia 305-522-2978.



## Prayer Bead Ministry

UM Women handcrafted Prayer Beads sold throughout the year for \$15.00 each. Place your order for custom beads in your favorite color. Our ministry expands by offering classes on how to string Prayer Beads. Learn more at [www.prayerworksstudio.com](http://www.prayerworksstudio.com). Please call or text or email Kim Youngblood at 443-207-4000, [kyoungblood528@yahoo.com](mailto:kyoungblood528@yahoo.com).



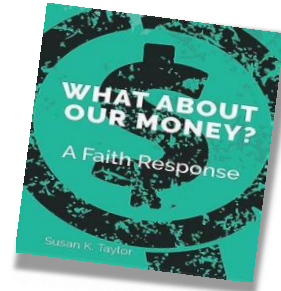
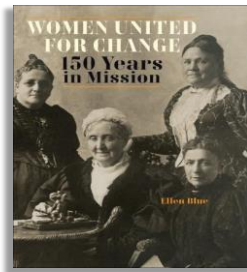
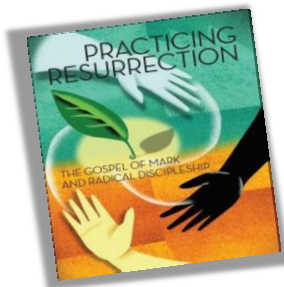
**Burton Memorial United Methodist Women** is a group of women, most of whom are members of Burton Memorial UMC, gathering together “to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand the concepts of mission through the global ministries of the church.”

We invite the women, *men, children and youth* of our church *and community* to Mission u 2019.

**July 11-14** – Mission u at Florida Southern College in Lakeland

*You can attend classes while your children attend their own activities including a talent show Saturday night! Then we all get together for meals, a social, a mission fair, and morning plenary sessions. Housing is in the new dorms on this beautiful United Methodist school campus...with the largest collection of Frank Lloyd Wright buildings.*

**Come to Mission u 2019**



**THIS YEAR, OUR STUDIES ARE:**

- **Practicing Resurrection: The Gospel of Mark and Radical Discipleship by Janet Wolf**
- **Women United for Change: 150 Years in Mission by Ellen Blue**
- **What About Our Money? A Faith Response by Susan K. Taylor**
- **Additional studies on Gospel of Mark for children and youth**

**LOCATION:** Florida Southern College, Lakeland, FL

**DATE:** July 11-14, 2019

To register, go to <https://flconfumw.org> (new FL Conference United Methodist Women website) for registration forms for adults, children and youth.

For more information on scholarships and transportation, call 305-363-8392.

# Vacation Bible School



Saddle up for a trailblazing 5 days of fun! Kids will kick up their heels at Yee Haw VBS as they stamped through the wild frontier and celebrate the greatest truth of all—God is good!

**Dates:** July 15-19, 2019

**Time:** 2:00 pm to 5:00 pm with a free dinner from 5:00 pm to 5:30 pm

**Age:** Pre-K through 6<sup>th</sup> Grade

**Place:** Burton Memorial United Methodist Church

93001 Overseas Hwy (MM 93)

Tavernier, FL 33070

At Yee-Haw Vacation Bible School, kids experience God's Word in surprising and unforgettable ways! Each day, leaders reinforce one simple Bible truth—which makes it easy for kids to remember and apply to real life!



At Yee-Haw VBS, kids will go on a frontier adventure where they'll discover that God gives good gifts! This VBS is filled with incredible Bible-learning experiences kids see, hear, and touch. Team-building games, cool Bible songs, and multisensory Bible adventures are just a few of the activities that help faith flow into real life. *Since everything is hands-on, kids might get a little messy, so parents should be sure to send them in play clothes and sturdy shoes.*

The kids will also participate in an outreach project, called Projects-With-a-Purpose®, that will let the kids in our community show God's love to others.

## VBS Pig Roast and BBQ Celebration:

We will have Pig Roast and BBQ Celebration for our Vacation Bible School on *Sunday, July 21, from 12:00 pm to 1:30 pm in the Fellowship Center.*

## Decorating and Clean up for VBS:

We will decorate for our VBS week on *Sunday, July 14, from 12:00 pm to 3:30 pm in the sanctuary.* We will cleanup for our Vacation Bible School on *Sunday, July 21, from 1:30 pm to 3:00 pm in the sanctuary.*

