

ORLANDO FIGURE SKATING CLUB RULES

- All skaters must leave the ice immediately when the Zamboni comes on to the ice. After the ice has been resurfaced, please wait till the ice is dry before reentering.
- No food or gum is allowed on the ice or on the floor around it.
- No skaters may push, pull, grab or purposely bump into other skaters. Kicking holes in the ice, except as a normal consequence of toe jumps is forbidden.
- For the safety of and as a courtesy to all skaters, do not congregate on the ice surface. If you want to have a discussion with a fellow skater, move off the ice completely.
- Headsets are not allowed on any session.
- All skaters should remain alert and yield right of way as noted below. Particular care should be taken with elements where visibility is limited such as backward moves or certain free skating elements.
- Yielding Right of Way:
 1. Everyone (skaters and coaches) yields to whoever is skating to the music.
 2. Skaters who are not in a lesson yield to skaters who are in a lesson.
- Programs will be played in rotation. If a skater elects to not skate his or her program when it is their turn in the rotation, their music will go to the end of the rotation. No skater can play his/her music more than 2 times in one session. The coaches' requests for music will have priority.
- Negative comments are disrespectful and disruptive behavior detracts from the sport. Time out from the ice or the ice rink by the coach or club officer will be implemented.
- Set a good example for younger less experienced skaters. They look for guidance and inspiration.
- Play by the rules. Do the right thing.
- No parents are allowed in the players box.
- Once the skaters are on the ice, do not talk to your child. This can be extremely dangerous, and also very disruptive. Please respect this policy and let your instructor do the teaching.
- Cooperate with your coach, other skaters, Club officers and rink staff.
- Remember that the goal of any sport is to have fun, build skills and gain mental and physical conditioning and discipline. Any parent or skater that maliciously approaches another skater or parent is forbidden. No parent or skater can touch, discipline, or display aggression towards any person. This will be grounds for expulsion from the ice rink.

Sign in and payment:

- All skaters are required to sign into the freestyle book with name, coach's name and lesson length.
- Ice must be prepaid prior to entering the ice. **NO EXEPTIONS.**
- Monthly Ice time for contract rate is to be pre-paid on the first day of the month.
- You cannot divide, combine or share sessions.

Skater Name: _____ Date: _____

Parent Signature: _____ Date: _____

Please note: Resurfacing times are included in all freestyle sessions. This means that a 1-hour freestyle session may be less than a full hour of skating depending on the time needed to resurface the ice.