

PRESENTER - ANDREW SEUBERT, LMHC, NCC



Andrew is a nationally certified counselor, licensed mental health counselor and an EMDRIA-approved consultant and trainer with extensive background in an Existential-Gestalt approach to growth and therapy.

Always drawn to forms of therapy that address the entire person—mind, body, emotions, creativity and spirit, Andrew has developed an extremely holistic approach in his work with individuals, couples, families and groups.

Formerly an educator, musician and Peace Corps Volunteer, Andrew has consulted with Corning Inc., small businesses and human service agencies, providing stress management and conflict resolution training, as well as workshops and coaching that facilitate personal growth and performance enhancement. He has published peer-reviewed articles and book chapters, as well as his two books, "The Courage to Feel", and his recently released book and workbook "How Simon Left His Shell: The Courage to Feel for Young People."

Andrew is a highly engaging, interactive therapist and retreat/workshop facilitator whose passion about his work is expressed in his use of music, creative imagination, experiential approaches and humor.

In addition to working with a broad spectrum of therapeutic issues, Andrew has a strong interest in healing from trauma and PTSD, particularly through the use of EMDR. This interest also informs his approach in working with eating disorders and helping couples create and renew their relationship. His passion for an integration of psychotherapy and spirituality is a driving force, whether in individual sessions, workshops or intensive Personal Therapeutic Retreats.

Presented by



(607)-703-0510

www.ClearPathTrainingCenter.com

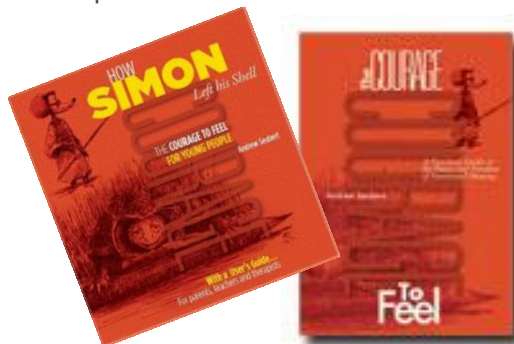
- **Program features:**
- Approved by the EMDR International Association (EMDRIA).
- 12 contact hours for CUE's
- Small group size (max of 12).
- Materials included.

Copies of Andrew's books will be available for purchase at the seminar.

"The Courage to Feel" in Paperback;

and his 2nd book,
*"How Simon Left His Shell:
The Courage to Feel for Young People."*

Available in Paperback and Hardcover.



EMDR RENEWAL

REVIEW, PRACTICE, UPDATE

YOUR EMDR PROTOCOL

WITH

ANDREW SEUBERT LMHC, NCC

TRAINER

AT

SENECA LAKE NY

Friday & Saturday 9am - 4pm
28th & 29th October, 2016

**12 EMDRIA Approved
CEU's are available**

EMDR RENEWAL WORKSHOP

DESCRIPTION: "EMDR Renewal" for EMDR-trained clinicians will leave participants with reviewed, renewed and updated information about EMDR, and also with practical skill development, enabling them to employ EMDR with greater protocol fidelity and effectiveness. As a whole, this workshop will renew the enthusiasm and confidence of clinicians whose use of EMDR has fallen by the wayside. It will also expand and refine knowledge and skills of those actively using EMDR. "EMDR Renewal" has been extended to a day and a half to allow for more practice time and case consultation.

Beginning with a review of the EMDR protocol and emphasizing its place within a phase model the training continues with actual practice which focuses on case formulation, the development of negative and positive cognitions, target selection and sequencing, and resource development (RDI).

A review of developments in the use of EMDR will include EMDR treatment of addictions, as well as critical incident protocols. Time will be available for complex case consultation and practice, depending on the needs of the workshop participants

The weekend event is an experiential training which involves lecture, demonstration, in-class practice, including practice with other participants.

OBJECTIVES: PARTICIPANTS WILL BE ABLE TO:

- Define and describe EMDR within a phase-model
- Name four thematic areas for organizing negative and positive cognitions
- Name four ways to organize target memory sequence
- Describe the steps in developing resources
- Name four interventions when processing is stuck or looping

Each day begins at 9:00 am and ends at 4:00 pm.

FALL 2016 SCHEDULE

Friday & Saturday – 9am-4pm
October 28th & 29th, 2016

LOCATION: - SENECA LAKE, NY

TOPICS TO BE COVERED:

- Review of 8 phases
- Review of 3-prong approach
- Case formulation
- Negative and positive cognitions
- Target selection and organization
- Treatment planning
- Bonus: The Power of Mindful Awareness
- Bonus: Four steps to emotional competence
- Resource development
- Movies (past and future templates)
- Strategies for stuck processing
- Advanced case consultation

Enrollment is limited to 12 participants.

12 CEU's Available.

COMMENTS FROM RECENT PARTICIPANTS:

"Andrew delivers in a way that few presenters do. Andrew's presentation was emotionally moving, yet offered a solid approach for actually doing the work. I came away feeling the process involved with treating complex trauma through his ability to instruct in a solidified way the developmental, affective, cognitive, structural and transference issues involved. You will come away with confidence that you can implement successful treatment to address complex trauma." *E.D., Buffalo, NY*

"Andrew gives his audience a snapshot of his journey as a person, teacher, and therapist and this allows the audience to relate to his charisma as a teacher." *P.V., Elmira, NY*

Registration - 'EMDR Renewal October 28th & 29th, 2016

Name: _____

License Title (EG: LPC, Psy.D etc): _____

License Number: _____

Address: _____

Phone (most reachable) _____

E-mail: _____

Online registration and payment, Links to Details (directions, hotels, etc.) and our Cancellation Policy can be found on our website at

www.clearpathtrainingcenter.com/Events and you can [Register online now...](#)

Or complete the registration form, with check made out to ClearPath Healing Arts Center and mail to:

ClearPath Healing Arts Center
3835 North Falls Road
Burdett, NY 14818

Contact Andrew on (607) 703 0510 or Seuberta@mac.com

This workshop is only available to Clinicians who have completed EMDR Basic training.

Accommodation options can also be found at:-

[Watkins Glen Chamber of Commerce Lodgings Page](#)

Workshop Fees:

- ◇ **\$320.00** for Private Practitioners
- ◇ **\$300.00** for employees of
Non-Profit Organizations

**EARLY BIRD BONUS \$20 off fees
Paid in Full prior to 9/28/2016**

Full payment due by first day of training

Want CEU's? (Add \$30) Circle

Yes No

Amount Enclosed: \$ _____

Check ☐ Paid Online ☐ By Arrangement ☐
Using credit card? Add 3% transaction fee and
[Register online now...](#)

- ◇ To be eligible for the Non-Profit Rate you must be employed for 20 hours or more per week in a Non-Profit Organization

Name or Organization: _____

Address: _____

*For further inquiries contact Rose on
607 703 0510 or*

Info@clearpathhealingarts.com