



COLA threat



Study-topic assignment

1 GOD's latest message the Law-Giver Manifest !

1GOD 1FAITH 1Church Universe Custodian Guardians

Study-Topics + Word-find to facilitate learning & teaching. Study-topics are based on the 'Law-Giver Manifest' & current Social-Justice issues.

Study-advise

When studying or teaching not only research this guide but a variety of others. When finding a well written piece *Plagiarize* parts you need & expand on these (*applies to Scholars & Educators*).

Run: spell-check & grammar-check.

Add: color, images & audio were needed.

Proof read: if needed make changes.

Make your work '*Copyright-free*' & then publish.



COLA threat Study-topic assignments

Essay (700 words): Cola threat?

Extended Essay (1400 words): Ingredients of Cola drink?

Speech (3 minutes): What have Cola & Energy drinks have in common?

Presentation (7 minutes): Health risks of Cola drinks?

Group Discussion (7 minutes): How to stop threat of Cola & related drinks?

Campaign: Awareness of threat of Cola & related drinks.

Poster: Design a digital Poster (*graphics, video & sound*): COLA threat!

Word-find: C O L A threat

Writing

Writing starts with an outline. List the points that you want to make in order of importance & cover each point fully & individually. The lead should be ?style. It will convey vital information about what's following, in the shortest & simplest way. A lead needs to persuade the reader to continue reading. The main-body of your writing needs to be simple & concise. Opinions must be active & personal. Edit!

Plagiarize

Why rewrite something that is well written. Rather use it & expand on it. Re-writing is time wasting & not in the best interest of broadening the mind. A good piece of writing should be cherished not be mutilated by rewriting. Reading a good piece of writing encourages the mind to lift one's intellect to the high standard of the original. Stopping this thinking to concentrate on rewriting is mediocre education.

Y	F	N	I	J	N	K	T	I	B	A	H	T	P	C
G	M	S	E	T	E	B	A	I	D	Y	A	O	S	F
R	Z	S	W	D	J	F	P	K	H	E	P	G	E	M
E	S	E	A	L	P	K	Q	T	R	V	Z	D	U	Y
N	W	C	J	C	Q	F	L	H	C	E	A	I	S	D
E	E	I	B	O	C	A	T	A	P	N	D	C	B	A
Y	E	P	T	S	E	O	F	V	O	O	A	H	R	N
D	T	S	V	H	A	F	U	M	S	R	K	S	E	I
E	E	B	N	L	E	W	E	N	B	X	F	R	H	N
E	N	U	O	I	K	L	P	O	T	K	H	G	I	H
R	E	C	N	J	P	N	N	R	C	A	O	Q	J	V
G	R	E	D	H	D	A	I	T	E	O	B	L	E	X
J	S	W	N	K	T	F	G	R	G	R	C	L	A	J
D	Y	O	H	E	J	K	W	O	D	H	M	A	E	Z
V	B	L	D	L	E	V	I	T	C	I	D	D	A	K

Word-find: COLA threat

Cola ~ drink ~
threat ~ unhealthy ~
diabetes ~ habit ~
accountable ~
addictive ~ coca ~
kola ~ habit ~
sweeteners ~ spices ~
carbonated ~ energy
~ caffeine ~ sodium ~
high ~ low ~
lemonade ~ greedy ~

E	E	K	E	V	D	T	W	S	B	G	M	X	U	I
N	C	N	W	L	H	E	O	P	T	I	B	A	H	S
I	O	J	E	R	B	D	V	F	Z	X	O	P	R	Y
E	C	S	E	R	I	A	D	I	A	B	E	T	E	S
F	A	A	W	U	G	N	T	W	T	S	V	I	A	N
F	T	X	M	O	H	Y	O	N	W	C	R	J	M	L
A	Q	C	B	E	J	L	R	E	U	V	I	N	E	V
C	O	X	R	C	H	I	E	B	Y	O	U	D	Q	H
A	H	B	L	K	J	T	X	A	Z	D	C	M	D	P
L	S	U	N	H	E	A	L	T	H	Y	E	C	Q	A
O	M	W	V	N	O	S	E	C	I	P	S	E	A	K
C	H	D	E	T	A	N	O	B	R	A	C	J	R	B
Q	Y	R	C	S	E	D	A	N	O	M	E	L	D	G
R	S	X	A	L	O	K	L	H	I	G	H	T	U	L
W	J	D	N	R	Z	H	S	C	K	N	I	R	D	A



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SHUN

COLA



1GOD 1FAITH 1Church Universe Custodian Guardians proclaiming the Law-Giver Manifest!

Cola an unhealthy drink a main cause of Diabetes originated in the US. Greedy US Profiteers marketed Cola all over the world spreading unhealthy drinking habits & Diabetes. Cola is a threat to the Health of Humankind. Government & government agencies failed & fail to protect the communities from this threat. These profiteers & government agencies are held accountable.

We pray that the chemist who gave us CC(*Cola Curse*) relives the misery he caused for all time. You are a Cola drinker & got Diabetes, hold the people accountable(*non-violent*) who sold, who manufactured these drinks & Government that allowed is allowing this health threat.



Stop! Drinking Cola!

Help! Others kick the habit.

Free Humankind from the Cola Threat!



US profiteers created a drink for the masses that is addictive creating repeat business. It started with the African Coca leaf extract, Peruvian Cola(*Kola*) extract, sweeteners, caramel color, citrus oils, spices, brominated vegetable oil, other ingredients & carbonated water were added. Combination of above ingredients vary between products.

Unhealthy Ingredients: Coca, Kola, sweeteners, herbs & spices, brominated vegetable oil & carbonated water. Combining these makes them a health threat. The food & drink industry is behaving like the tobacco industry. They pay corrupt, deceitful, lying, calling themselves expert's to produce manipulated scientific evidence. This evidence claims: Unhealthy is healthy & good for You. Ban these expert's from doing scientific research & give evidence. Shun 'MEDIA' that publishes this rubbish!

Coca is a plant with a complex array of mineral nutrients, essential oils, & varied compounds. Chewed, coca acts as a stimulant, suppresses fatigue, hunger, pain, thirst & it helps overcome altitude sickness. From the coca leaf cocaine can be extracted. This makes it addictive. Using this compound makes you a 'Junkie'!



Kola nut contains 3 stimulants, 1 being caffeine.

Sweeteners natural(*fructose*) & unnaturals. Overuse of natural sweeteners is a main cause of diabetes. Artificial sweeteners have numerous side-effects. Making artificial sweeteners an unhealthy choice. All drinks with any added sweeteners are to be avoided. Avoid products that have added sweeteners. Don't become addicted to have everything you eat & drink taste sweet.

Herbs & Spices: are used to stimulate, to create cravings, dependency.

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Brominated vegetable oil: Consuming regularly this supplement can result in memory-loss, tremors, loss of muscle-coordination, headaches, fatigue,... Avoid food & drinks that contain brominated vegetable oil.

Carbonated water: Is water with carbon dioxide gas added. Increased levels of Carbon dioxide in the atmosphere is creating climate change. Ingesting Carbon dioxide is a common form of suicide. Drinking water poisoned with Carbon dioxide is plain dumb & unhealthy. Any sparkling drink is a health risk. A sparkling drink mixed with Alcohol gets you drunk faster. A sparkling drink with sweeteners mixed with Alcohol gives you a painful 'Hangover'. Makes you blubbery, fat, obseive, an unhealthy person.

After having hooked the people on Cola. The greedy profiteers expanded into 'Energy' drinks. To cater for the emerging 'Adrenaline-Junky' craze.

Energy drinks increased caffeine & sodium. Regular consumption of these drinks has led to headaches, insomnia, nausea, nervousness, vomiting, rapid heart rate, heart-palpitations & death. To increase sales they market these drinks with alcoholic.

Cola & Energy drinks stimulate, create cravings, resulting in a high. Followed by a low. Encouraging to have another drink to get another high. The low's are especially dangerous to people with depression who may then harm themselves.

Next the greedy profiteers moved into drinks without caffeine. Lemonade (*chemical concoction containing flavors, colors, acids,...*) because of sweeteners are a cause of Diabetes. Their health-risk is increased by carbonation. They deceitfully added fruit-juice to imply that this makes them more healthy.

A liter of fruit juice has about the same amount of sugar & fructose as a liter of soft drink. Drinking 1 glass every day will increase your weight(*Blubber*).

S H U N

'Cola, Energy drinks, Lemonades! All drinks with any added sweeteners (*artificial &/or natural*)! All cabonated drinks! All mixed Alcoholic drinks!

A C C O U N T A B I L I T Y

Entities & people who create &/or profit from threats against the human body are held accountable. Above unhealthy drinks are threats against the human body. Governments & government agency's/employees who are guilty of above threat, **MS/R7**. Producers, Distributors, Retailers, who are guilty of above threat, **MS/R7**. Consumers who drink unhealthy drinks loose, 'Free & Privat health cover. These consumers have to pay for all medical expenses incurred.

**Drinking water
is best**

