



9

the age a girl's self-esteem peaks, then takes a nose dive

39%

of girls have been put down or discouraged when trying to lead

21%

of girls believe they currently have most of the key qualities required to be a good leader

Girls with a positive female mentor are 2 1/2 times more likely to be confident in school and are 50% more likely to go to college.

92%

of teen girls would like to change something about the way they look with body weight ranking the highest

57%

of girls say that if they went into a STEM career, they would have to work harder to be taken seriously

When girls support each other, incredible things happen.

Girls have great ideas and can make awesome leaders, but when they're not supported, or are discouraged from stepping up, the world misses out on their talents, strengths and uniqueness. Let's create a world where girls are celebrated, encouraged and supported! Join girls across the country and pledge to **STAND BESIDE HER!** When you support girls in your classroom, on the field and in your community, you're helping to change the culture so every girl can reach her fullest potential!

Join us and Stand Beside Her!

6 Ways Girls Can Stand Beside Her

- 1** Give a meaningful compliment.
- 2** Make sure everyone is included.
- 3** Stand up for other girls.
- 4** Take action! Girls can change the world!
- 5** Watch your words. Don't gossip, tease, or name call. Instead, say something nice!
- 6** Complete a Stand Beside Her Patch Program activity and #standbesideher today!

Created by girls for girls, Stand Beside Her is a rallying cry inspiring girls and women to stand up for each other and commit to shutting down unhealthy comparison that tears down and divides.

By celebrating one another's talents and successes, we all rise - one courageous, confident girl and woman at a time.