

THE VOICE

SPRING 2015

HAWAII DENTAL HYGIENISTS' ASSOCIATION



PRESIDENT'S ADDRESS

2015 is soaring by and we are quickly approaching summer which means ADHA's Annual Scientific Session in Nashville, Tennessee. Attending this year's session will be so exciting as I represent Hawaii as a Delegate. This year's event will be full of education, networking and fun. Get out your cowboy boots and hats and head to Nashville! Annual Session has inspirational speakers, CE courses, exhibits, and the House of Delegates. Young Dental will sponsor an authentic Nashville experience of live music, line dancing, mechanical

bull riding and karaoke. This year, Hawaii's Past-President, Jill Rethman, will be installed as ADHA President at the House of Delegates. Let's send Jill all the ALOHA from Hawaii as she becomes ADHA's next president. HDHA's Board of Trustees has been working on many events in 2015. To start off the year, HDHA retained a table at the HDA convention through the generosity of HDA. Members were able to stop by for a photo opportunity, renew membership and inquire about membership information. We have been successful

in maintaining our membership numbers with over 200 members. Membership numbers supports the association and shows our unity of perpetuating our profession. Let's continue to increase our membership numbers this year. Community events were also a part of the board's agenda. The Give Kids a Smile Event in February was organized by HDA's Young Dentist Group. The volunteers provided oral care to keiki. Kapolei Keiki Wellness Day in March was sponsored by Rep. Sharon Har. This event allowed

HDHA a table to give oral hygiene instructions and provide information to parents. Keep a look out for the rest of the year for more community events with HDHA.

Lobby Day in January was a great success to provide legislators a toothbrush kit and create awareness of HDHA's issues of access to care.

Legislators were receptive to hearing our issues relating to providing sealant application in the community health setting. A new emerging trend of Dental Therapist was introduced to HDHA at lobby day, this would create further access to care for the uninsured and underserved.

Since January HDHA's Regs and Practice Committee has been lobbying for the dental hygiene profession. House Bill 579 (HB 579) relating to sealants was deferred. HB 579 was deferred due to the Department of Health introducing progress in a pilot sealant program.

The House committee of Health decided not to make any decision on passing legislation if the Department of Health is moving forward on

sealant programs.

Introduced this year by Rep. Cindy Evans was HB 257 that relates to Dental Therapist. HB 257 was introduced by Rep. Evans in response to the growing movement of Dental Therapist legislation in other states. Her progressive thinking has provided awareness to the Hawaii State Legislature of the growing need of dental care to the uninsured and underserved and the need of Dental Therapist in Hawaii.

HDHA applauds Rep. Evans. HB 257 was referred and a resolution created to continue the issue of Dental Therapist. House Concurrent Resolution 8 (HCR 8) was created to Request a Sunrise Analysis of Dental Therapist. This movement allows research to be done on the practice of Dental Therapist with findings and recommendations provided at next year's legislative session.

The beginning of 2015 has been exciting and full of activities. Please stay tuned to events that are being planned in April and May. HDHA's first annual picnic is approaching in

April to kick off the summer. Also May's Special Olympics held at UH Manoa is an opportunity to volunteer in the community. Looking forward to seeing member support at the future events!



Noelani R.E.T.G. Greene, RDH, BS
HDHA President



LOBBY DAY

Submitted by Tori Clegg, RDH, BS

The State House and Senate celebrated the opening day of the 28th Hawaii State Legislature on January 21, 2015. The Hawaii Dental Hygienists' Association was amongst hundreds who gathered at the State Capitol and took the opportunity to meet with representatives.

President Noelani Greene put together dental information packets and toothbrush kits. With the help of her dental volunteers, they were able to meet with and get these kits in the hands of numerous representatives.



SECOND ANNUAL KAPOLEI KEIKI WELLNESS DAY

submitted by Ellie Kelley-Miyashiro, RDH, BS

HDHA recently participated in the 2nd Annual Kapolei Keiki Wellness Day on Saturday March 14, 2015 from 9:00 AM until noon. Kapolei Representative, Sharon E. Har, along with E Ola Pono Ma Kapolei, Kapolei High School and Middle Schools were responsible for organizing this annual event. The event was designed as a “one-stop” shop to provide parents and families with information and resources to help keep keiki healthy and safe.

Along with HDHA, several other health related businesses, associations and programs were in attendance. The Waianae Coast Comprehensive Dental Clinic were doing dental screenings, Project Vision Hawaii, the Hawaii Heart Foundation, HMSA, Head Start, HFD and many other organizations provided instruction and screenings all aimed at improving the lives of Hawaii's Keiki.

HDHA had a booth, where we provided oral hygiene instruction to parents and keiki of all ages. We were also able to dispense manual toothbrushes, toothpaste and mouthwash courtesy of Colgate. We provided a raffle goodie bag

courtesy of Philips containing a new Air Floss interdental cleaner, Breath RX toothpaste, mouthwash and tongue scrapper valued at over \$100.

Thank you to all who volunteered at the event. Cris Flores, RDH, Jen Takata, RDH, Ellie Kelley-Miyashiro, RDH, and our two UHDH students Beverly and Brittney. It was a productive and fun morning. If you are interested in volunteering for similar events in the future, please contact Noe Greene at jusnoe@aol.com.



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CPR CERTIFICATION

According to the Hawaii Board of Dental Examiners, CPR is required bi-annually and counts as 4CEU toward our 20 hours of required continuing education requirements. Remember, license renewal is on odd years, so we will have to renew by the end of this year...if you need to be re-certified, this is the time. Space is limited!

**Hawaii Dental Hygienists' Association
CPR Certification
July 29, 2015 1-4pm
Henry Schein Dental Center
Ala Moana Building 20th Floor**



CPR Re-Certification provided by Heartline Hawaii



Registration Information

Name _____
Last name First name

Address _____

City _____ **State** _____ **Zip** _____ **ADHA#** _____

Home Phone _____ **Work Phone** _____

Email _____

Registration Fees		4 CEU provided
1. HDHA RDH Member's Registration*	\$25	_____
2. Non-member RDH and Staff Registration	\$50	_____
3. Member Staff Registration	\$35	_____

Postmarked AFTER 7/25/15: ON-SITE REGISTRATION ONLY!

***Please no credit cards! Cash or check only!**
 Make checks payable to:
Hawaii Dental Hygienists' Association

Send completed form and check to:
Hawaii Dental Hygienists' Association
 c/o Ellie Kelley-Miyashiro, RDH
 232 Moomuku Place Honolulu, HI 96821

Absolutely No Refunds after July 25, 2015

*ADHA/HDHA MEMBERSHIP FEE IS \$265. Current members save \$\$\$ on the registration fee. Become a member and take advantage of member benefits today!!!!
 Questions? Contact Tori Clegg tclegg09@gmail.com

NEIGHBOR ISLAND UPDATE MAUI

Submitted by Rachelle Ventura, RDH, BS

The Maui component was off to a slow start this year. The newly elected President, Rachelle Ventura, met with fellow officers, VP Joyce Yamada, Secretary Linda Tesar-Amimoto, and Treasurer Norine Kalaiwaa, in mid-March to discuss possible speakers for CE courses throughout the following months and brainstormed on how to increase their island's enrollment of Hygiene members.

NEIGHBOR ISLAND UPDATE BIG ISLAND

Submitted by Diana Smith, RDH, BA, Hawaii Island Trustee

West Hawaii hygienist had our second meeting of the year on April 7th. Our guest speaker will be Danny Rick, a physical therapist from ClubRehab.

Doing hygiene for many years can affect our bodies causing shoulder, neck and back pain. Danny has many exercises and stretches that have alleviated my discomfort and he will be more than happy to share them with our group.

On June 5th will be welcoming Kelly Redding from Premier Dental Products. Kelly will be giving a CE

course to our hygienists.

Our Kona community is very saddened this month by the loss of one of our dentists, Dr. Randy Ressler. He had been practicing in Kona for the last 15 years. I had the pleasure of working with Dr. Randy for 4 years. He was very involved in the community theatre and he loved his music. He spent his time off performing music at the Aloha Theater, local coffee houses and restaurants. A celebration of his life will take place on April 22nd at the Aloha Theater. His absence in Kona will be felt by many and he will be truly missed.

HAWAII DENTAL ASSOCIATION CONVENTION

Submitted by Sandy Kirkoski, MA, BA, RDH, CDA

Once again, the Hawaii Dental Association graciously invited the Hawaii Dental Hygienists' Association to participate in their conference in January. The booth was a huge success with over 100 Dental Hygienists visiting the booth at least once in the short two day time period. Many Dental Hygienists came back numerous times to access additional

information about the conference and future courses for Dental Hygienists in Hawaii, obtain continuing education forms, join ADHA and the HDHA, inquiry about work in Hawaii, obtain information on the National convention in Nashville, take photos, ask for directions, or simply stop to chat! Dental Hygienists were not the

only ones visiting our booth. Numerous dentists and office staff also stopped by to inquiry about job opportunities for dental hygienists and the process of becoming a dental hygienist in Hawaii. Dental assistants enthusiastically inquired about the entrance process into the program at UH Manoa. A few non-dental personnel also reached out to us and requested information on

hygienist.

The giveaways and photo booth seemed to attract numerous conference attendees to the table. The lucky winners, of the gift card, Sonicare AirFlosser and Phillips whitening pen were Orange

Quero, Cassy Rhode and Lenora Marks. A plethora of dental hygienists and other attendees took the opportunity to snap a photo with the infamous tooth and decorative facial accessories of the HDHA.

The HDHA table set-up was a great way to provide information and connect with the rest of the dental community, lay people, and future dental hygienists.



GIVE KIDS A SMILE HAWAII COMMUNITY SERVICE

Submitted by Gerraine Hignite, RDH, BS

Saturday, February 21, 2015, HDHA members Gerraine Hignite and Kay Mukai, along with UHM dental hygiene students, were among 80 volunteers who made a difference in children's lives by sharing oral hygiene instructions and nutrition information in the community. Give Kids a Smile Hawaii offers free dental exams, cleanings and fluoride for children as an annual event. Approximately 100 keiki participated this year. Please join us for next year's event.



SPECIAL OLYMPICS SUMMER GAMES

Submitted by Ne Shone Gardner, RDH, BS

It's that time of year again! May 29-31, 2015, the Special Olympics Summer Games are back and running strong. This incredible weekend event is a celebration of the amazing talents, skills and courageous spirits of those who have physical or intellectual disabilities. These participants come from all over Oahu as well as outer islands.

During this busy weekend Special Olympics not only puts on various individual and team sporting events but also host meals, awards ceremonies and even a dance for all the participants. Taking advantage of this big get together, Special Olympics also provides various health screening venues for the participants called Healthy Athletes. While each athlete is at the sporting events they are able to get preliminary health screenings on their feet, hearing vision and even their teeth, just to name a few. For example, Special Smiles, the oral health care part of Healthy Athletes, gets a chance to provide a cursory exam of the participants mouth and are given nutritional and oral hygiene instructions. Any conditions of concern that the dentist identify are shared with the care givers of the athletes along with available informational pamphlets. The athletes also receive a toothbrush and stickers. Each health venues purpose is to serve each athlete. Special Olympics provides a punch card system to encourage the athletes to visit all the health venues. When participants visit the Special Smiles venue their card is punched, at the end of the day if all the venues have been punched on their card they receive a prize of sorts from Special Olympics. For some of the athletes these venues provide information and alerts care givers of conditions they would otherwise not be aware of. Special Smiles is able to provide training for dental professionals and students to the needs of people with intellectual disabilities.

We are currently recruiting oral health professionals and students to help screen these amazing Special Olympic Athletes. On May 30, 2015, any help, even for a few hours, to provide screenings, oral hygiene and nutritional instructions will be greatly appreciated. Feel free to call/text Gerraine Hignite at (808)381-4857 or Ne Shone Gardner at (813)484-7502 for more information. Come help dental professionals make this year's Healthy Smiles for Special Olympians the best ever!!!



Special Olympics

March 2015

Dear Friends and Colleagues:

This year's Special Olympics Hawaii State Summer Games Healthy Athletes Event will take place Saturday May 30, 2015. We are currently recruiting oral health professionals and students to screen Special Olympics athletes and provide education regarding nutritional choices and dental hygiene practices. We hope you can join us for a few hours that day to work with the athletes! Feel free to call/text questions - Gerraine Hignite at (808) 381-4857, Ne Shone Gardner at (813) 484-7502 or Dr. Rachel Yorita (714) 222-3566.

Did you know...

- Special Olympics is founded on the **belief** that people with intellectual disabilities can, with proper instruction and encouragement, learn, enjoy and benefit from participation in individual and team sports?
- Special Smiles' mission is to increase access to dental care for SO athletes and to train health care professionals and students about the needs and care of people with intellectual disabilities?
- Hawaii's Special Smiles volunteers screened and educated **177** athletes & unified partners plus 34 children between the ages of 2-7 yrs in the Young Athletes Program at the 2014 Games?

Volunteer Application

Due date: April 15, 2015

Complete this fillable form, go to "File", click "Save As", and create a file. Attach the file and e-mail to kiananay@gmail.com.

Dr. Mr. Mrs. Ms. Other _____ AGD No. _____

Last Name _____ First Name _____

Phone Number _____ (mobile) Phone Number _____

Fax _____ E-mail Address _____

Mailing Address _____

Emergency Contact _____

Affiliation (office/school/agency) _____

SHIFTS

CATEGORY

ADULT T-SHIRT SIZE

Saturday, May 30, 8:00am to

12:30pm noon

Saturday, May 30, 12:00pm to

5:00pm

Dentist

Hawaii License? Yes No

Dental Hygienist

Dental Assistant

College Student

High School Student

Other _____

Small

Medium

Large

x-Large

xx-Large

xxx-Large

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MEMBER CORNER

INTRODUCING HDHA PRESIDENT NOELANI “NOE” GREENE, RDH, BS

Submitted by Jennifer Takata, RDH, BS

It is an honor to introduce a very close friend and dental hygiene classmate, Noelani “Noe” Greene. Noe and I met back in 2008 when we became classmates in the dental hygiene program at the University of Hawaii at Manoa. From the start of our friendship I could tell Noe was very organized and driven to always do her best in school, which is something I admire a lot about her. Noe is also very passionate about expanding the dental hygiene community in Hawaii and has been working diligently as HDHA’s President since November 2014.

Noe was born and raised in Kona and moved to Honolulu after graduating from Konawaena

High School in 1992. Her first Bachelor’s Degree was in Psychology from the University of Hawaii at Manoa since she wanted to become a school counselor. While pursuing her Master’s degree in Counseling Psychology she decided to apply to the Dental Hygiene program.

Prior to starting Dental Hygiene school Noe worked as a dental receptionist and assistant for 15 years.

Being an HDHA member is important to Noe since she enjoys networking with other Hygienists who are also passionate about sharing the same profession. This motivates her to pursue and further herself professionally. For Noe there’s

more to being a dental hygienist than “just providing prophies” such as leadership opportunities, advocacy on a political level and being a teacher or mentor. Most importantly she pursued dental hygiene because she enjoys providing oral care. In Noe’s own words, she’s “weird...because [she’s] OCD [she] enjoy[s] removing calculus from patients’ teeth and providing oral care.”

She enjoys making a difference for all her patients.

Prior to becoming HDHA President, she served as secretary and President Elect. In her free time she enjoys hiking, going to dinners with friends, and flying back home to Kona with her husband to visit their families.



2014 HDHA Annual Scientific Session

From left to right: “Photo Bomber” Gilia “Jill” Rethman (HDHA Past President/ADHA President Elect), Melinda Lau (HDHA Trustee-at-Large), Noelani Greene (HDHA President), Jennifer Takata (HDHA Trustee-at-Large), Ellie Kelley-Miyashiro (HDHA Past President)

STUDENT CORNER

MEET THE STUDENT:

Submitted by Noelani Greene, RDH, BS

We all remember the long hours of studying as a student. Jessica Lozano is an amazing 2nd year UHDH student. Jessica is from Waipahu, Hawaii and graduated from Waipahu High School in 2010. She balances the demands of school work by hiking, hanging out at the beach and spending time with family and friends. Jessica also enjoys spending time with her two dogs Midnight and Marley.

Jessica is a determined student motivated to protect the future of the UHDH program and the dental hygienist profession. She has been working with her classmates to perpetuate the UHDH program. She has been appealing to school officials to reduce the recent increase of professional fees for dental hygiene students. The increase of professional fees and the rising cost of tuition may threaten the desire to apply to the UH Hygiene Program. The future of the UHDH program is uncertain with the pending lease expiration of Hemenway Hall. Jessica will be graduating in 2016 and is demonstrating her leadership skills as a future leader in the dental hygiene profession.

FROM WATERPIK PROFESSIONAL ORAL HEALTH NEWSLETTERS - JANUARY 2015

Premedication No Longer Recommended For Most Joint Replacement Patients

A New Evidence-Based Clinical Practice Guideline on the Use of Prophylactic Antibiotics in Patient with Prosthetic Joints

A Report from the American Dental Association Council on Scientific Affairs has determined that the use of prophylactic antibiotics prior to dental procedures in patients with prosthetic joints is no longer warranted for most people.

Clinical Recommendations:

In general, for patients with prosthetic joint implants, prophylactic antibiotics are not recommended prior to dental procedures to prevent prosthetic joint infection.

Clinical Reasoning for the Recommendation:

- There is evidence that dental procedures are not associated with prosthetic joint implant infections
- There is evidence that antibiotics provided before oral care do not prevent prosthetic joint implant infections
- There are potential harms of antibiotics including the risk for anaphylaxis, antibiotic resistance, and opportunistic infections like Clostridium difficile
- The benefits of antibiotic prophylaxis may not exceed the harms for most patients
- The individual patient's circumstances and preferences should be considered when decided whether to prescribe antibiotics prior to dental procedures

Sollecito TP et al. The use of prophylactic antibiotics prior to dental procedures in patients with prosthetic joints. JADA 2015; 146: 11-68.e8

