



Hello!

Thank you for registering for the upcoming *Mare Island Bridge to Bridge Endurance Events*. This packet is to help you get ready for this weekend and update everyone on a few things.

The transition zone, finish line and race check-in will take place at the Vallejo Yacht Club. Please park all vehicles at the Vallejo Marina or the parking lots across the street from the Ferry Terminal.

### **NEW! PACKET PICKUP:**

For the first time we will be offering packet pickup on Saturday, May 27, from 5-7PM at the Visit Vallejo Information Center inside the Vallejo Ferry Terminal. If you are unable to attend we will have your packet available on race day beginning at 6AM.

**289 Mare Island Way, Vallejo, CA 94590**

### **START TIMES:**

- 6:00 AM - Check In and Day of Registration Opens
- 7:15 AM - Gather for pre-race announcements and walk to swim start locations
- 7:45 AM - Sprint & Olympic Duathlon | Sprint & Olympic Triathlon | Sprint & Olympic Aquabike
- 9:00 AM - 10K | 5K

### **EVENT DETAILS:**

- Sprint Triathlon: 700 meter swim, 18k bike and 5k run
- Sprint Aquabike: 700 meter swim and 18k bike
- Sprint Duathlon: 5k run, 18k bike and 5k run
- Olympic Triathlon: 1150 meter swim, 36k bike and 10k run
- Olympic Aquabike: 1150 meter swim and 36k bike
- Olympic Duathlon: 5k run, 36k bike and 10k run

### **COURSE NOTES:**

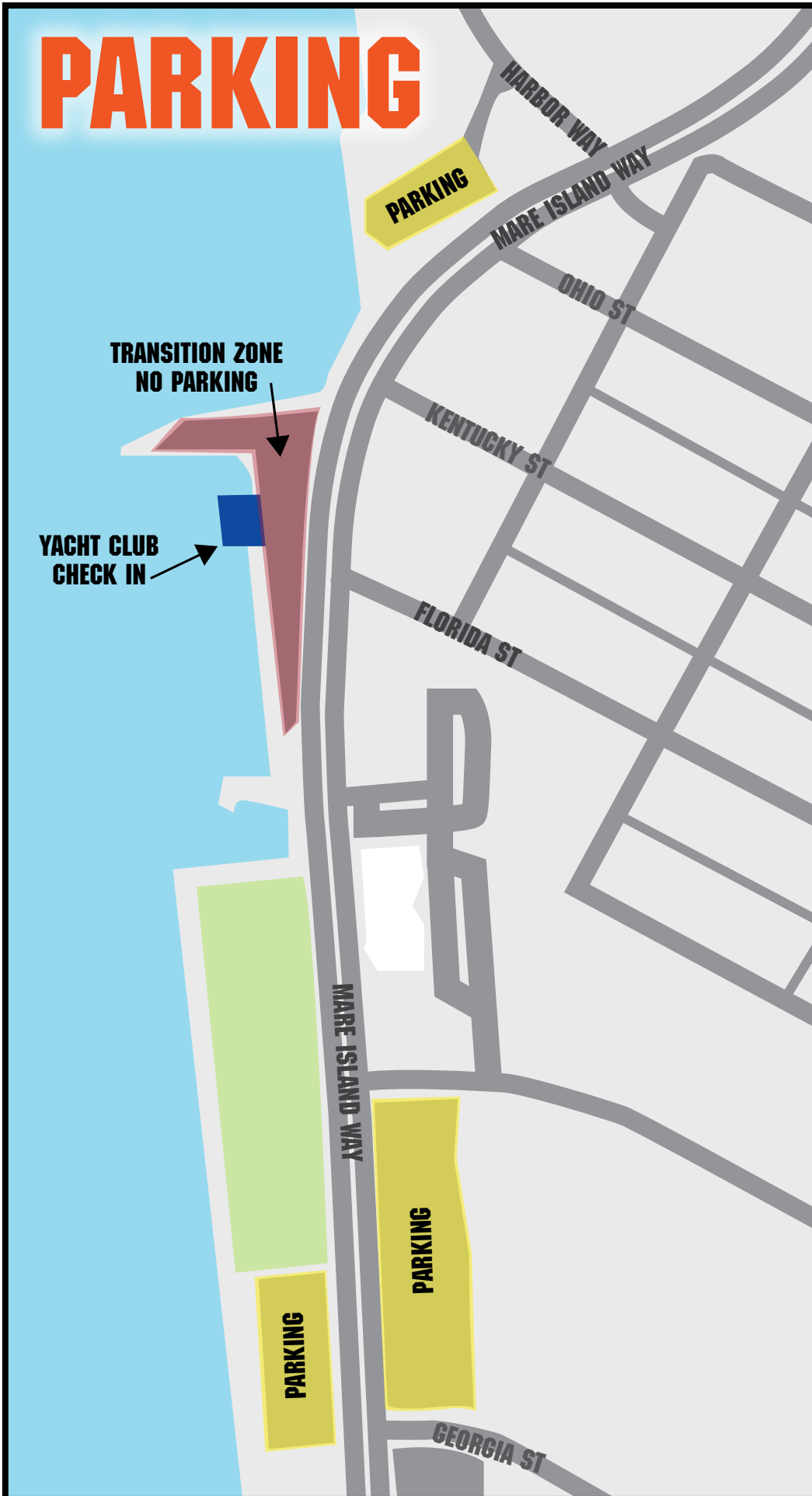
The entire course is considered open road racing. Please be aware of traffic and traffic laws. We will be providing a dedicated race lane for bikers along Mare Island Way. Be aware of possible cross traffic and busses around the Ferry building. Within the dedicated race lane there will be two-way bike traffic. Please pass other participants with care. When crossing the Carquinez Bridge, please do not pass other rides as there is little room and non race participants.

Thank you so much for signing up for our event, if you have any questions please contact us at [customersupport@irecreate.org](mailto:customersupport@irecreate.org).

Thanks!

The iRec Team

# PARKING

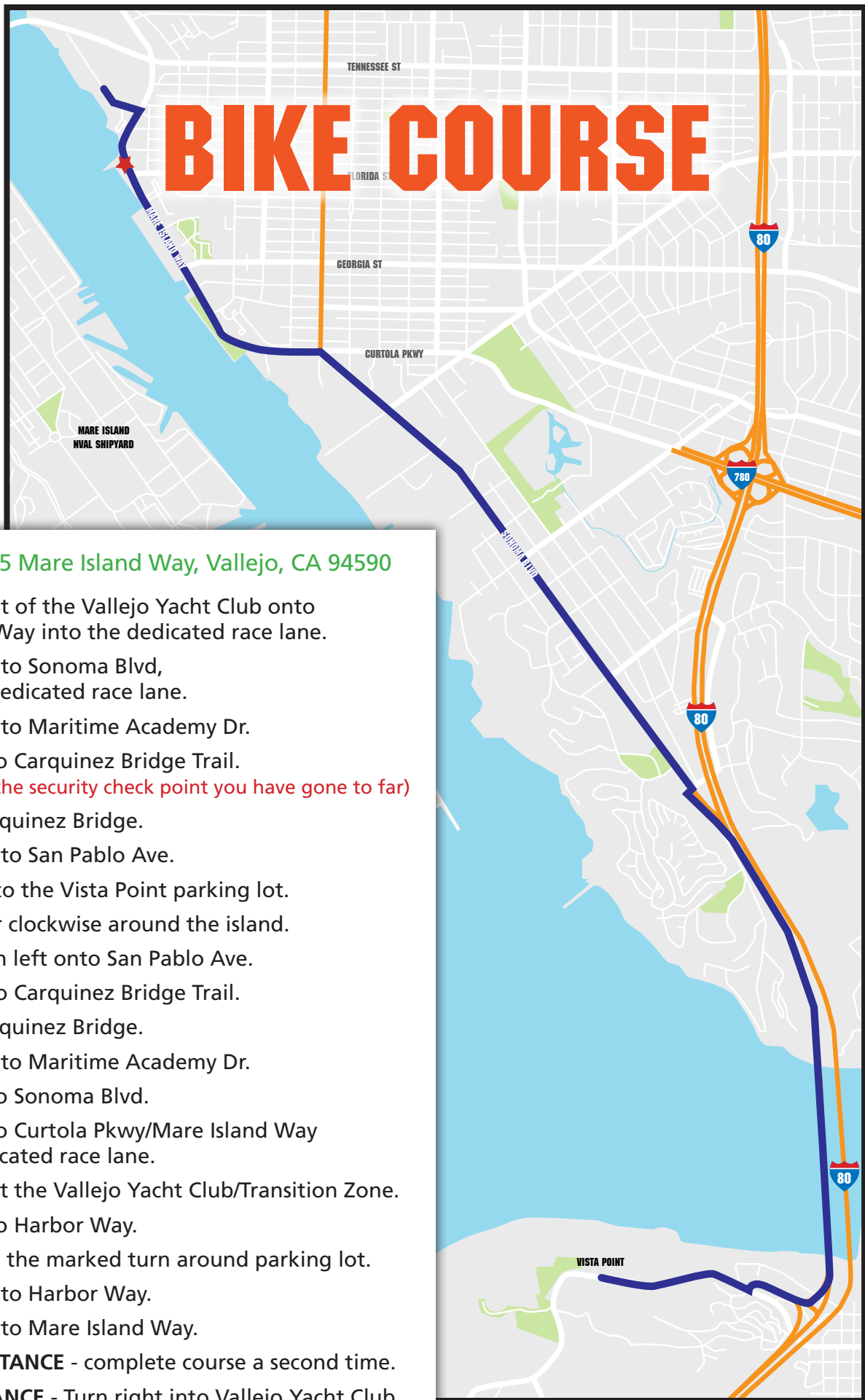




The **OLYMPIC** distance swim will leave from the Old City Marina and travel to the Yacht Club where swimmers will exit on a dock mounted ladder.

The **SPRINT** distance swim will leave from the New City Marina and travel to the Yacht Club where swimmers will exit on a dock mounted ladder.

Swimmers will have to travel into the channel, but will be advised to stay near the sea wall.



# BIKE COURSE

Start/Finish: 485 Mare Island Way, Vallejo, CA 94590

- Turn right out of the Vallejo Yacht Club onto Mare Island Way into the dedicated race lane.
- Turn right onto Sonoma Blvd, leaving the dedicated race lane.
- Turn right onto Maritime Academy Dr.
- Turn left onto Carquinez Bridge Trail.  
(If you get to the security check point you have gone to far)
- Cross the Carquinez Bridge.
- Turn right onto San Pablo Ave.
- Turn right into the Vista Point parking lot.
- Loop counter clockwise around the island.
- Carefully turn left onto San Pablo Ave.
- Turn left onto Carquinez Bridge Trail.
- Cross the Carquinez Bridge.
- Turn right onto Maritime Academy Dr.
- Turn left onto Sonoma Blvd.
- Turn left onto Curtola Pkwy/Mare Island Way into the dedicated race lane.
- Continue past the Vallejo Yacht Club/Transition Zone.
- Turn left onto Harbor Way.
- Turn left into the marked turn around parking lot.
- Turn right onto Harbor Way.
- Turn right onto Mare Island Way.
- **OLYMPIC DISTANCE** - complete course a second time.
- **SPRINT DISTANCE** - Turn right into Vallejo Yacht Club.

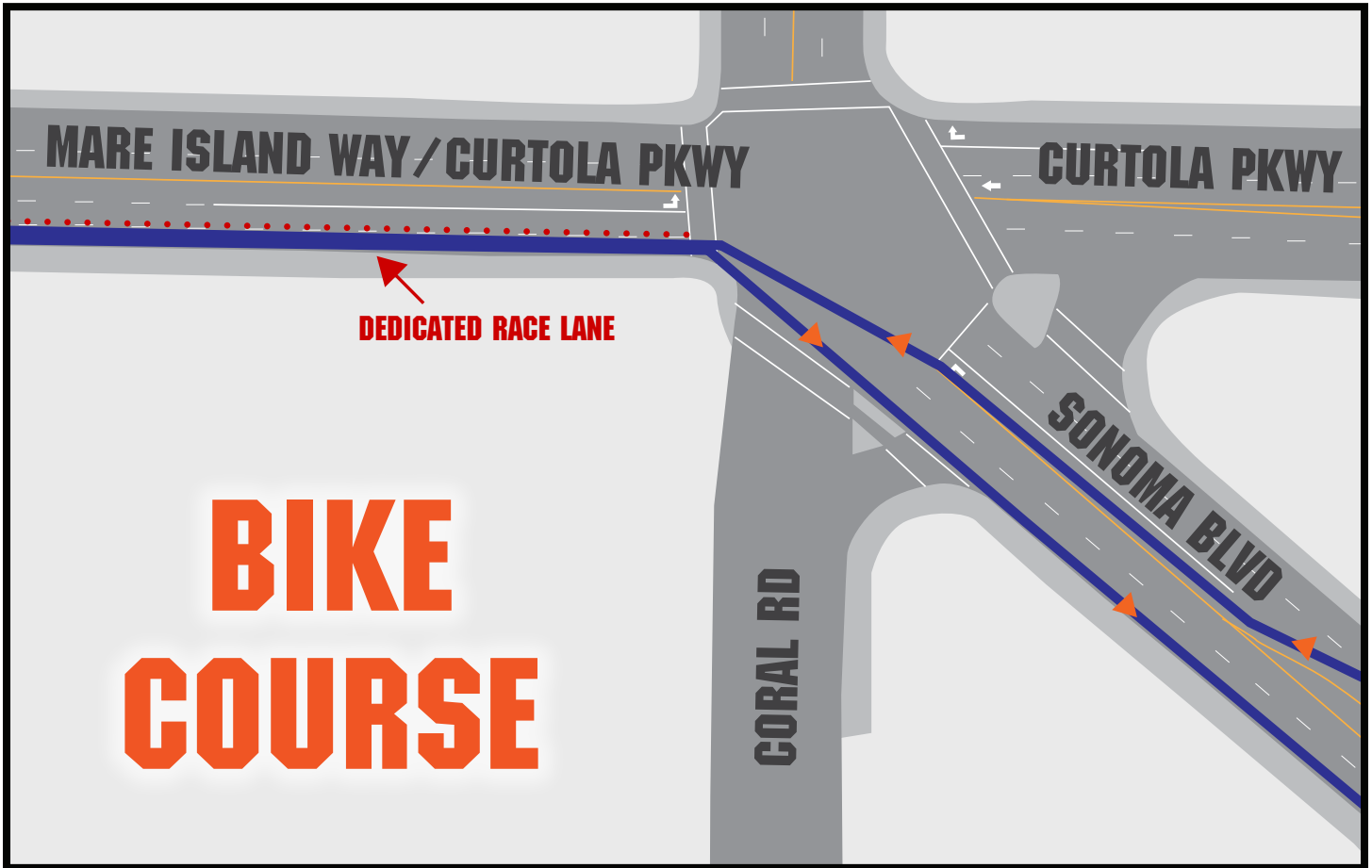


HARBOR WAY

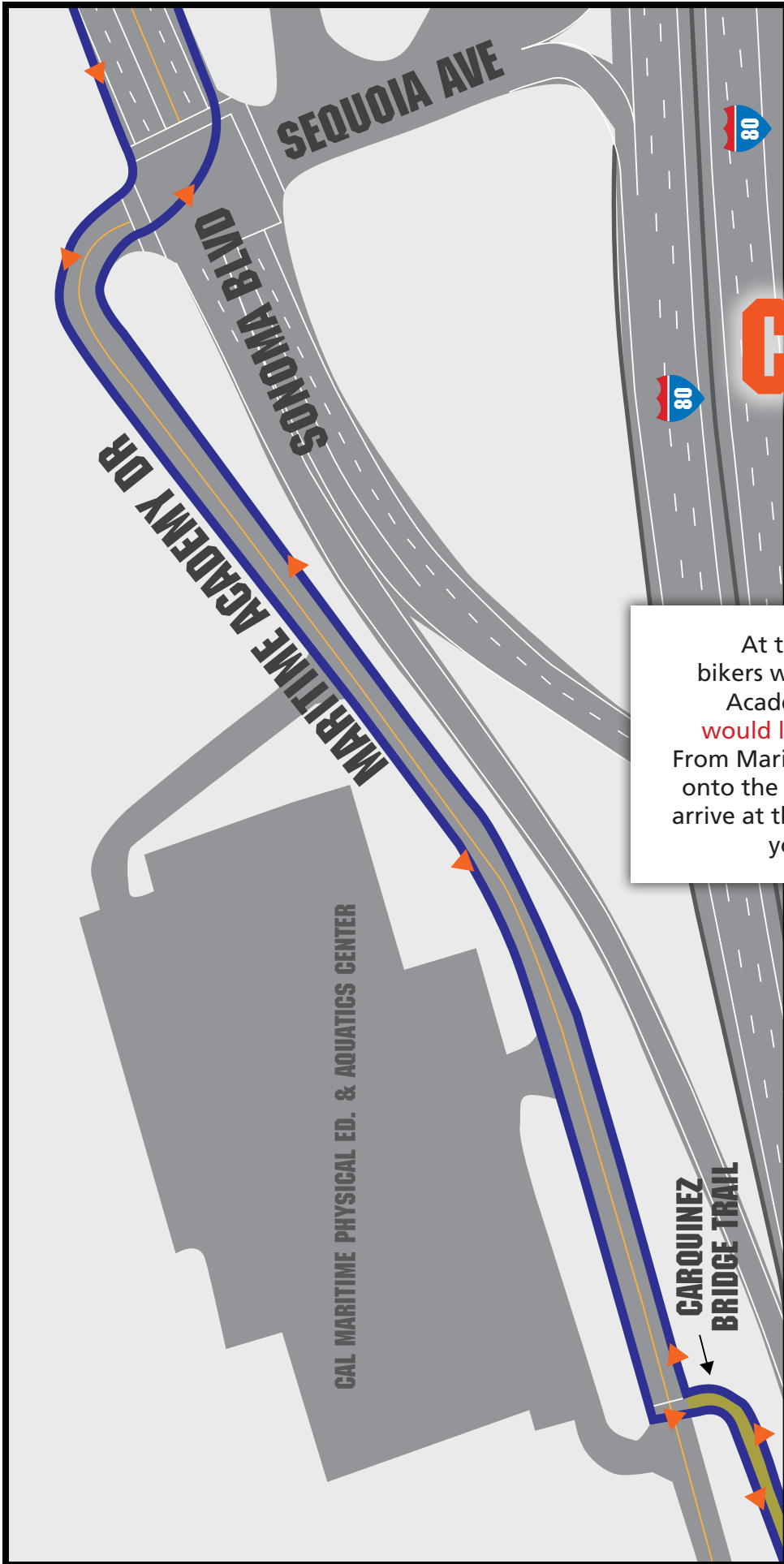
MARE ISLAND WAY

FLORIDA ST

**YACHT CLUB  
START/TRANSITION ZONE**



At the end of Mare Island Way the road briefly turns into Curtola Pkwy. Bikers will turn right onto Sonoma Blvd, leaving the dedicated race lane, and will travel on Sonoma Blvd in the bike lane. When returning, bikers should use the left hand turn lane on Sonoma Blvd and enter back into the dedicated race lane.



# BIKE COURSE

At the end of Sonoma Blvd, bikers will turn right onto Maritime Academy Drive (failing to turn would lead you onto the freeway). From Maritime Academy Drive, turn left onto the Carquinez Bridge Trail. If you arrive at the campus security checkpoint you have gone too far.



# BIKE COURSE

Once you cross the bridge you will turn right and travel up the San Pablo Ave hill to the Vista Point. You will enter the parking lot and ride counter clockwise around the island. Water will be provided there if needed. Turn left out of the Vista Point parking lot, crossing traffic, and travel down San Pablo Ave using the eastbound bike lane. Turn left back onto Carquinez Bridge Trail.





**Start/Finish:** 485 Mare Island Way Vallejo, CA 94590

- Turn left out of the Vallejo Yacht Club parking lot onto the Mare Island Way sidewalk.
- Turn left at the Tennessee St. signal onto Mare Island Causeway.
- Follow the path across the Mare Island Causeway.
- Turn left onto Nimitz Ave.
- Turn left onto E Street.
- Turn right onto Waterfront Ave (that turns into C St).
- Cross over Nimitz Ave and turn right onto Railroad Ave.
- Turn right onto G St.
- Run across the Mare Island Causeway.
- Turn right onto Mare Island Way.
- Follow the path back to Vallejo Yacht Club/Finish Line/Transition Zone.

