

Description of programs

Regional Teams

Regional team will play all regular season tournaments at the Westwood Sports Center. We try to keep these teams to a maximum of ten athletes. These teams will practice two times per week if they do not compete in a tournament that weekend. (Typically one practice during the week and one on Sunday afternoon) All regional teams will be entered in either the Regional Championships in Des Moines, Iowa in April, or the Diggin' in the Dells Championships. All athletes will be required to attend these tournaments. These are the end of season two day tournaments that both parents and athlete look forward to and enjoy very much. It is not fair to the team if at the last minute one or two members back out and affect the competitiveness of the team. These teams typically will compete in the Silver Division at the Regional Championships. The dates for these tournaments are listed on the Tournament Schedule Sheet. Check these dates for conflict and communicate potential issues as soon as possible to Jim Pierce, Karissa Olson or your coach.

Regional Program fees: \$1,150.00

Payment Schedule

\$383.00: December 2nd

\$383.00: January 6th

\$384.00: February 3rd

Note: Athletes will **not be allowed to participate in training sessions or tournaments if account payments are not current*

National Teams

National teams will register in the Iowa Region. They will play in some Westwood tournaments and will also travel to both Iowa Region and Great Lakes Region regular season tournaments. These teams will also compete in The Windy City or Great Lakes Power League. These teams are also encouraged to attend the AAU National Tournament in Orlando, FL in June. National teams will practice a minimum of three times per week. (Twice during the week and once on the weekend if no tournament is scheduled) To be considered for these teams you must check the appropriate box on the Athlete Master Sheet. These teams will have a maximum of 10 athletes per team.

National Program fees: \$2,100.00

Payment Schedule

\$383.00: December 2nd

\$383.00: January 6th

\$384.00: February 3rd

\$317.00: March 3rd

\$317.00: April 7th

\$316.00: May 5th

Note: Athletes will **not be allowed to participate in training sessions or tournaments if account payments are not current*

All payments made to: No Limits Volleyball (NLV)

Mailing Address: NLV (Kelsey Pierce)
529 W Hilltop Ter.
Stockton IL. 61085