

# US Arts Summer Camp

## FAQ's

### Can I register for only the morning or afternoon sessions during the week?

Yes!

### Can I register for only a few days during the week?

Yes! We offer partial week registration. We recommend this option if parents wish to register for 3 or less days during a regular, 5-day summer camp week. Please contact or see us at the front desk for more information.

### Can I make split payments?

If you are registering for over 4 weeks total (for 1 or more children), you may make 2 split payments. The 1st payment is due on registration day (50% total tuition). The 2nd payment is due on the first camp day.

If you are registering for over 8 weeks total (for 1 or more children), you may make 3 split payments. The first payment is due on registration day (50% total tuition), the 2nd payment is due on the first camp day, and the 3rd payment is due in the middle of desired registration period. The office will help determine the date for the 3rd payment. Two split payments can be made instead of three split payments for 8+ registered weeks.

Each subsequent split payments will incur a \$10 processing fee.

In summary, the chart below shows the split payment options we offer:

<b>SPLIT PAYMENT OPTIONS FOR 1 OR MORE CHILDREN</b>			
<b>Total # of Registered Weeks</b>	<b>Payment Option Available</b>	<b>Payment Amounts</b>	<b>Due Dates</b>
<b>4+</b>	2 split payments (+\$10 fee)	1) 50% total tuition 2) 50% total tuition	1) Registration day 2) 1st day of camp
<b>8+</b>	3 split payments (+\$20 fee)	1) 50% total tuition 2) 25% total tuition 3) 25% total tuition	1) Registration day 2) 1st day of camp 3) Middle of registration period* *TBD by office staff

## If I register early and make split payments, will my split payments reflect the early registration discount?

Yes!

## Does spring and/or summer camp feature clay in any program?

The materials and projects used during our craft and sculpture programs may vary from year to year. Please see check our current spring and summer camp schedules to see if we will be offering clay this year. When we do offer clay as a material during a program, we use air dry clay. This material behaves very similarly to regular clay and dries fully within a day or two without the use of a kiln.

## Why is it recommended to register for both weeks of Public Speaking?

For our Public Speaking program, the teacher will have the students go through exercises to help them gain confidence and skill in speaking in public. The first week is spent practicing reading aloud text, and the second week is spent practicing individual speaking roles for a performance for parents at the end of that week.

## Is it possible to mix and match weeks for Public Speaking?

Yes. We typically offer two sessions of Public Speaking (each session meaning two weeks) during summer camp. Our recommended mix-and-match weeks for Public Speaking (PS) are shown below.

<b>Public Speaking Session 1</b>	<b>Week 1</b>	<b>Option A*</b> PS Session 1: Week 1 + PS Session 2: Week 2	<b>Option B**</b> PS Session 1: Week 1 + PS Session 2: Week 1	<b>Option C***</b> PS Session 1: Week 2 + PS Session 2: Week 2
	<b>Week 2</b>			
<b>Public Speaking Session 2</b>	<b>Week 1</b>			
	<b>Week 2</b>			

\*

Good for all students

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Best for shy or quiet students

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Best for confident speaking students

## What will be served for lunch at summer camp?

Below is our menu for each week of summer camp:

Monday	Chicken Fried Rice (from Sichuan Village)
Tuesday	Cheese Pizza (from Costco)
Wednesday	Chicken Nuggets (from McDonald's)
Thursday	Chicken Fried Rice (from Sichuan Village)
Friday	Cheese Pizza (from Costco)

Parents may purchase lunch in the morning of each camp day (\$5/student/day).

# What ingredients are in your snacks and lunches?

Snack - Animal Crackers:

<b>Nutrition Facts</b>	
Serving Size 16 crackers (30g) Servings Per Container About 76	
Amount Per Serving	
<b>Calories</b> 120	Calories from Fat 15
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 105mg	<b>4%</b>
<b>Total Carbohydrate</b> 24g	<b>8%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 7g	
<b>Protein</b> 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 6%
Thiamine 10%	• Riboflavin 6%
Niacin 6%	• Folate 10%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, SOYBEAN OIL, INVERT SUGAR, SALT, BAKING SODA (FOR LEAVENING), SOY LECITHIN, NATURAL FLAVOR, SPICE.  
**CONTAINS: SOY, WHEAT**  
MAY CONTAIN PEANUTS AND COCONUT.  
DISTRIBUTED BY: SAM'S WEST, INC., BENTONVILLE, AR 72716

Snack - Popcorn:

<b>Nutrition Facts</b>		
Serving Size 2 Tbsp (32g) unpopped (makes about 4.5 cups popped) Servings Per Bag: about 2.5 Servings Per Carton: about 75		
Amount Per Serving	2 Tbsp Unpopped	1 Cup Popped
<b>Calories</b>	140	25
Calories from Fat	60	10
% Daily Value**		
<b>Total Fat</b> 7g*	<b>11%</b>	<b>2%</b>
Saturated Fat 3g	<b>15%</b>	<b>0%</b>
Trans Fat 0g		
Polyunsaturated Fat 1g		
Monounsaturated Fat 2.5g		
<b>Cholesterol</b> 0mg	<b>0%</b>	<b>0%</b>
<b>Sodium</b> 310mg	<b>13%</b>	<b>2%</b>
<b>Potassium</b> 60mg	<b>2%</b>	<b>0%</b>
<b>Total Carbohydrate</b> 19g	<b>6%</b>	<b>1%</b>
Dietary Fiber 3g	<b>12%</b>	<b>3%</b>
<b>Protein</b> 2g		
Iron	4%	0%

Not a significant source of Sugars, Vitamin A, Vitamin C and Calcium.

\* Amount in unpopped. As popped 1 cup provides 1g of total fat (0g saturated fat, 0g trans fat), 0mg cholesterol, 40mg sodium, 10mg potassium, 3g total carbohydrate (less than 1g dietary fiber) and less than 1g protein.

\*\* Percent Daily Values (NDV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** POPPING CORN, PALM OIL, SALT, LESS THAN 2% OF: NATURAL AND ARTIFICIAL FLAVOR, COLOR ADDED, TBHQ AND CITRIC ACID (FOR FRESHNESS).

ConAgra Foods P.O. BOX 3768, DEPT. A2  
OMAHA, NE 68103-0768 U.S.A.  
Food you love

**GLUTEN FREE**

Kids Safety: While popcorn is a delicious snacking choice, it is never recommended for infants or toddlers, as the popped kernels can pose a choking threat to their safety.

Cuidado para niños: aunque las palomitas de maíz son un delicioso bocado, no se recomienda que lo consuman niños menores de 4 años, ya que corren el riesgo de ahogarse con los granos explotados.

NO ADDED DIACETYL BUTTER FLAVORINGS  
U.S. Patent No. 8,680,447

Questions or comments, visit us at [www.actii.com](http://www.actii.com) or call Mon.-Fri., 9:00 AM-7:00 PM (CST), 1-800-736-2212 (except national holidays). Please have entire package available when you call so we may gather information off the label.



VISIT [WWW.ACTII.COM](http://WWW.ACTII.COM)

For our lunch ingredients, parents must check by calling the restaurants from which we order.

Sichuan Village  
(703) 631-5888

Costco  
(703) 885-5544

McDonald's  
(703) 378-9204