

THE GLENN SHEALY MEMORIAL FUND



2 TIMOTHY 4:7 - I HAVE FOUGHT THE GOOD FIGHT, I HAVE FINISHED THE RACE, I HAVE KEPT THE FAITH.

# The Little Mountain Reunion Festival

5K Thrill of the Hill Run USATF Certification SC14035DW  
10K Monadnock Challenge Run USATF Certification SC14036DW  
Saturday, August 3<sup>rd</sup>, 2019



**In loving memory of Glenn Shealy**  
**Proceeds to benefit the Glenn Shealy Memorial Fund**  
Register online at [www.strictlyrunning.com](http://www.strictlyrunning.com)

**The 5K Thrill of the Hill Run/Walk** will start at 7:15 am. This all paved route will loop around the Town of Little Mountain and take race/walk participants to the turnaround, at the top of the mountain. The top of Little Mountain is approximately 813 feet above sea level and is the highest point in the Midlands region of SC. View the route at [www.usatf.org/routes/view.asp?rID=539817](http://www.usatf.org/routes/view.asp?rID=539817)

**The 10K Monadnock Challenge Run/Walk** will start at 7:00 am. This all paved rolling hill route loops around the outskirts of Little Mountain and will have several segments of hilly challenges. The mountain is a granite slate geological formation that is called a monadnock. View the route at [www.usatf.org/routes/view.asp?rID=539819](http://www.usatf.org/routes/view.asp?rID=539819).

- **Finish Line** - Both routes will finish on Mill Road between Little Mountain Reunion Park and Little Mountain Elementary School. Timing and scoring will be conducted by Strictly Running.
- **Packet Pickup** -Runners can pick up their race packets from 4:30 – 6:00 p.m. on Friday, August 2<sup>nd</sup> at Irmo Drug; 1009 Lake Murray Blvd (Hwy 60) Irmo, SC; **or** at the Reunion Park on Friday, August 2<sup>nd</sup> from 6:30 – 7:30 pm at the gazebo that is located next to the 3 flag poles. **On race day**, pre-registered runners can pick up packets from 5:45 am to 6:50 am at the Reunion Park picnic table shelter area.
- **Race Fee** – **5K:** pre-registration \$25.00, Race Day \$30.00.  
**10K:** pre-registration \$30.00, Race Day- \$35.00.  
Race day registration closes at 6:40 am. for both races. Races will be held rain or shine. No refunds.
- **REGISTRATION:** Advanced registration is encouraged. T-shirts are guaranteed only if registration is received by July 17<sup>th</sup>.
- **Awards :** Awards ceremony for both races will start at 8:30 am. Awards for 5K and 10K (M&F) overall winners: 1<sup>st</sup>place \$50.00 & medal/2<sup>nd</sup> Place \$30.00 and medal/3<sup>rd</sup> place \$20.00 and medal.  
Age group winners: 1<sup>st</sup> place (M&F) for 5K and 10K will receive medals.  
Age groups - 5K and 10K: age 15 and under, 15-19, 20-39, 40-59, 60 +  
Race Director: Clint Shealy - [clintshealy@gmail.com](mailto:clintshealy@gmail.com). Thank you.

**Little Mountain Reunion Road Race** – registration form for the 5K or 10K race:

Make Checks Payable to The Town of Little Mountain for LMRF: Mail checks and completed form to Town of Little Mountain, P.O. Box 154, Little Mountain, SC 29075

(Name) Last \_\_\_\_\_ First \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age (as of 8/3/19) \_\_\_\_\_ Phone # \_\_\_\_\_ Race \_\_\_\_\_ 5K (\$25.00) \_\_\_\_\_ 10K (\$30.00)

E-mail address: \_\_\_\_\_ Emergency Contact (Name and Phone) \_\_\_\_\_

- Please Circle T-Shirt Size (dry fit shirt): Youth S, M, or L **OR** Adult S, M, L, XL, XXL (**T-shirt guaranteed if registered by July 17<sup>th</sup>**)

**Waiver/Release:** In consideration of the acceptance of this entry, I waive any and all claims for myself, my heirs, or assignments against and I hereby release the Little Mountain Reunion Road Race Committee, the Town of Little Mountain and all other persons assisting on a voluntary basis or otherwise, in putting on this event, for any liability to me or them, including any injury or illness which might result from my participation. I further state that I am in proper physical condition to participate in this event. I also give my permission for the free use of my name and my picture in any broadcast, telecast, or other account of the aforementioned event.

Signature of Participant: \_\_\_\_\_

Parent's or Legal Guardian's Signature, if participant's age on race day (8/3/19) will be under 18: \_\_\_\_\_