

Summer Push to Weight Loss May Challenge Tracking Sheet - Week 2 Weigh In
From the Youtube Channel - Loving it on Keto with Wendy and Harry

Add comment every Friday with your total weekly weight loss for that specific week for tracking purposes

No.	Name	Start Weight	Week 1	Week 2	Week 3	Week 4	Total Weight Loss or Gain
1	Amy Foss	175.1	175.0	175.0			0.1
2	Angela Teague	200.2	201.8	202.6			-2.4
3	Angie Kelly	172.0	172.0	172.0			0.0
4	Anna c.	136.8	138.0	137.4			-0.6
5	Anni	130.0	130.2	129.8			0.2
6	Aprilmarie	271.2	0.0	270.0			1.2
7	Atthebeach	375.0	373.0	372.0			3.0
8	Bama2Girl	205.0	207.0	206.0			-1.0
9	Barb H	234.4	232.2	232.4			2.0
10	Barbara Bilodeau	219.0	218.4	216.0			3.0
11	Bea Pansy	141.6	141.4	139.8			1.8
12	Becks	236.1	235.8	231.7			4.4
13	BerniceR	209.9	0.0	0.0			0.0
14	BethD3435	149.4	153.5	150.8			-1.4
15	Bostongal	208.8	206.0	206.0			2.8
16	Brandy	159.2	0.0	158.0			1.2
17	Brooke Dani	307.2	0.0	0.0			0.0
18	Camille H	143.8	141.5	0.0			2.3
19	Caralee	130.4	137.0	131.4			-1.0
20	Carrie Hiller	237.2	238.6	236.0			1.2
21	CG Kim	167.8	166.8	166.0			1.8
22	Chatty Cathy	202.0	202.0	202.4			-0.4
23	Chelby Carlson	416.0	394.0	388.0			28.0
24	Cheryl D	161.2	159.8	160.4			0.8
25	Cheryl Kiggans	149.1	147.4	149.6			-0.5
26	Cheshire	373.0	367.0	366.0			7.0
27	Chris Teague	210.3	206.3	209.2			1.1
31	Cia	167.0	164.4	166.4			0.6
32	Cindobi	224.0	224.0	221.4			2.6
33	CINDY B	238.0	233.0	233.0			5.0
35	Coco F.	205.0	207.0	205.0			0.0
36	D Axel's Mom	133.6	133.2	133.2			0.4
37	Danny Whitson	259.0	0.0	0.0			0.0
38	Darlene Harris	198.0	0.0	0.0			0.0
39	Dawn	256.0	256.0	257.0			-1.0
41	Debbie Dolan	148.0	149.4	148.0			0.0
42	Debbie Powers	213.0	213.0	212.0			1.0
43	Debbie Williams	141.0	141.0	140.4			0.6
44	Deborah Y	295.6	294.6	294.4			1.2
45	Debra Clanton	230.2	230.8	231.2			-1.0
47	Dena Burnside	214.4	212.6	212.6			1.8
48	Diane Metzloff	235.5	233.0	231.0			4.5
49	Dtaylor	192.0	192.4	0.0			0.0
50	Eileen Vogel	178.5	179.0	180.0			-1.5
52	Evey3900	217.0	209.6	214.0			3.0
54	George B	186.8	185.6	186.0			0.8
55	Gina	264.0	275.8	263.0			1.0
56	GinOnKeto	208.5	206.0	206.0			2.5
57	growingturtle	269.1	262.9	258.4			10.7

58	Harry Tchinski	175.0	177.6	176.0			-1.0
60	holly nichols	142.2	145.4	144.8			-2.6
61	Hopietay88	172.8	172.2	173.0			-0.2
62	Isabella	186.6	186.6	0.0			0.0
64	Jan R	198.0	199.0	196.0			2.0
65	Janet Barker	238.3	234.2	234.0			4.3
67	Jenn B	273.3	273.3	0.0			0.0
68	Jody Merritt	160.0	159.2	158.6			1.4
70	John G	209.0	206.2	205.0			4.0
72	Joy Beemer	140.2	143.5	144.2			-4.0
73	Karen M	174.2	174.0	175.4			-1.2
75	Kat Reyes	157.0	157.0	154.2			2.8
76	Katrina Prego	132.0	132.0	132.2			-0.2
78	Kendra:	155.0	0.0	0.0			0.0
79	Kerry "OP"	244.6	244.0	243.0			1.6
80	Kim Halper	136.8	136.9	137.4			-0.6
81	Kraut.	194.1	193.8	195.0			-0.9
82	KristaH	229.0	230.0	229.0			0.0
83	LaFawn	212.1	212.7	212.2			-0.1
84	Linda HH	254.0	257.0	264.0			-10.0
86	Lisa D	157.0	157.7	157.0			0.0
88	LisaE	251.0	250.0	248.2			2.8
89	LisaV	189.3	187.7	190.6			-1.3
90	Little Joe	202.4	201.8	198.6			3.8
91	LJ	157.0	156.5	156.0			1.0
93	Lynette W.	239.2	239.0	238.9			0.3
95	madeline carroll	168.0	169.0	167.8			0.2
96	Marie Molloy	189.2	192.2	195.0			-5.8
98	Marsha Hill	251.0	248.0	248.0			3.0
102	Micah	177.0	175.0	175.0			2.0
103	Michelle MacGray	215.4	215.0	0.0			0.4
104	Mike M	229.2	228.4	227.0			2.2
105	Minnie	220.4	218.8	218.0			2.4
106	missjamielyn	264.9	262.7	259.9			5.0
108	MLN	193.4	192.4	190.8			2.6
109	Mona A	146.8	147.2	0.0			0.0
110	MrsG121314	175.6	177.4	177.0			-1.4
111	Mrssugd1.	210.0	0.0	0.0			0.0
112	Ms Rose	221.1	220.3	219.6			1.5
115	Nan Catlin	194.0	0.0	193.3			0.7
116	Nancy R	217.0	216.0	215.4			1.6
117	Nancy Shroyer	191.0	189.6	195.4			-4.4
118	Nancythebusybee	209.0	0.0	0.0			0.0
119	Nic E or Nicole	166.5	166.7	165.6			0.9
120	Noah	81.4	81.6	81.0			0.4
121	Pam I	162.0	159.4	158.2			3.8
122	Pamela C	152.0	149.0	148.0			4.0
124	Patticakes	231.0	230.6	234.0			-3.0
125	Patty Solberg	164.2	163.2	162.6			1.6
126	Paul Halper	194.4	194.0	195.0			-0.6
127	Pug Man	229.5	228.3	225.4			4.1
129	Renee C	167.0	0.0	0.0			0.0
130	Renee S.	206.8	207.0	206.0			0.8
132	RobynH	163.2	162.2	162.0			1.2

133	Rocky	174.6	179.0	178.6			-4.0
136	Sammy Whitson	188.0	0.0	0.0			0.0
137	Sandy C.	156.5	156.4	157.0			-0.5
138	Scott Jones	266.0	264.5	259.5			6.5
139	SGB	231.0	229.0	232.4			-1.4
140	Sherlean Brooker	200.0	198.2	197.0			3.0
141	Sherri Miller	172.4	171.0	169.6			2.8
143	Stacy Galasso	157.2	157.4	157.8			-0.6
144	Sue Mac	211.2	210.7	209.4			1.8
145	Susan S	157.5	161.1	159.7			-2.2
147	Sylvie	210.0	211.4	210.4			-0.4
148	Tammy-	155.0	152.0	149.0			3.0
150	Tania F.	168.0	167.2	166.8			1.2
152	Thames TNB	262.0	0.0	0.0			0.0
153	Theresa Yates	154.3	154.4	154.8			-0.5
154	Tina B.	234.6	233.0	232.4			2.2
158	TooPuffyDuffy	377.0	0.0	0.0			0.0
161	Trena	148.0	146.0	145.8			2.2
162	Trish C	204.4	206.6	202.4			2.0
163	V.K.	175.7	169.8	173.9			1.8
164	Wendy Tchinski	176.6	181.0	179.2			-2.6
165	When Salad Met Bacon	128.0	0.0	0.0			0.0
166	Why Me	195.5	193.0	193.5			2.0
167	Yolanda Lins	142.5	143.5	143.0			-0.5
168	Yvonne B	177.6	168.0	168.0			9.6
170	BLKYS	184.0	0.0	193.1			-9.1
171	Jojo1357	255.0	256.4	256.0			-1.0
172	travellady68	260.2	258.4	0.0			1.8
173	Mary Fink	271.0	268.0	266.6			4.4
174	MaryLou MC	132.2	130.1	129.1			3.1
176	JennaBea	217.8	214.0	221.4			-3.6
177	Marissa	164.4	167.4	168.2			-3.8
178	CharlesP	280.4	280.5	279.5			0.9
179	Lorrie H	167.7	165.8	168.4			-0.7
181	asielb	217.2	221.7	219.2			-2.0
182	Felicia Cobble	123.4	124.6	123.2			0.2
185	Michelle L.	162.0	164.4	160.2			1.8
186	Rosalind G	213.4	215.2	218.0			-4.6
187	Sharon Woolweaver	143.4	141.8	141.4			2.0
188	Sally J	145.9	145.3	145.3			0.6
189	Teresa's Weight Loss	270.8	266.7	271.5			-0.7
190	Clarkie Penney	204.0	0.0	0.0			0.0
191	Belinda R	239.0	233.6	234.2			4.8
192	Kyrah Brandt	171.0	173.0	171.0			0.0
193	Susan Foxwell	198.0	193.0	190.0			8.0
194	Postalcarolyn	209.2	208.2	208.8			0.4
195	Marilyn Hight	172.8	170.6	168.4			4.4
196	Delman R	233.8	229.6	228.2			5.6
197	Shelby R	292.0	0.0	0.0			0.0
198	Beatrice Aceiton	112.0	0.0	0.0			0.0
199	Cutelady	288.0	286.0	282.0			6.0
200	Carolyn F.	215.6	214.2	217.0			-1.4
201	Voctoria Schmidt	193.6	191.0	189.4			4.2
203	NanaV	257.2	252.6	253.7			3.5

204	Tanisha	397.7	395.7	389.5			8.2
205	Keith	205.9	204.9	205.4			0.5
207	Jackie A	214.0	214.0	214.0			0.0
208	Peggy Jo	160.4	160.4	159.6			0.8
210	Shannon King	359.4	355.2	359.2			0.2
211	Karen C	142.0	142.6	142.6			-0.6
212	Ketovore_Deb	336.2	335.1	334.4			1.8
213	Diva Deb	187.4	182.4	0.0			5.0
214	sarah oswald	257.6	254.4	253.2			4.4
215	Dorothy D	183.0	180.6	184.0			-1.0
216	Daria Admas	199.0	194.8	196.4			2.6
217	Debra Whitten	132.4	0.0	0.0			0.0
218	Felicia	213.8	213.2	209.8			4.0
219	Janice	0.0	186.0	184.0			2.0
220	Suzanne Scott	164.5	159.5	157.0			7.5
221	Debbie Shelton	187.4	0.0	184.2			3.2
222	Shannon King	359.4	0.0	0.0			0.0
223	Eric Rolo	193.4	187.2	0.0			6.2
224	Stephine	168.0	164.0	161.2			6.8
225	Danielle Johnson	186.6	185.0	184.6			2.0
	Camp Lejeune Health and Wellness - 389 personnel signed up						400.0
GROUP TOTAL POUNDS LOST SO FAR							533.6