## Morrow County Services for Older Citizens 41 West Center Street, Mount Gilead, OH 43338 Phone 419-946-4191 Fax 419-946-1037 August 2018 Menu

		1	2	3
		Turkey Breast	Chicken Patty	Ham
		Sliced Potatoes	Country Vegetables	Very Berry Juice
		Succotash	Tossed Salad	Peas
		Peaches	Oranges	Pears
		Pudding	Bun	Bun
		Bread	Milk	Milk
		Milk		
6	7	8	9	10
Stuffed Pepper	   Ham	Roast Beef	Pulled Pork	Beef Stroganoff
String Cheese	Sweet Potatoes	Mashed Potatoes	Minestrone	Broccoli
Whole Potatoes	Cauliflower & Peas	Green Beans	Tossed Salad	Strawberry Kiwi Juice
Pears	Pineapple	Peaches	Strawberries	Grapes
Bread	Yeast Roll	Vienna Texas Toast	Bun	Bread
Oatmeal Cookie	Milk	Milk	Milk	Milk
Milk				
13	14	15	16	17
Salisbury Steak	Shredded Chicken	BBQ Riblet	Sloppy Joe	Pasta Bake
Mashed Potatoes	Red Skin Rosemary	Herb Red Skin Potato	Tomato Soup	Ckd. Spinach
Green Beans	Potatoes	California Blend	Tossed Salad	Corn
Pears	Diced Peas & Carrots	Vegetables	Mix Fruit	Apple Juice
Roll	Grape Juice	Melon Chunks	Bun	Garlic Bread
Pudding	Biscuit	Bun	Milk	Milk
Milk	Milk	Milk		
20	21	22	23	24
Cabbage Rolls	Grilled Chicken Breast	Sausage Gravy &	Walking Tacos	Pork Cutlet
String Cheese	Baked Beans	Biscuit	Peaches	Sweet Potatoes
Sliced Potatoes	Broccoli	Herb Red Skin Potato	Doritos	Broccoli
Pineapple	Grape Juice	Pears	Mexican Brown Rice	Applesauce
Graham Cracker	Bread	Apple Juice	Milk	Bread
Bread	Mini Sandies	Milk		Animal Crackers
Milk	Milk			Milk
27	28	29	30	31
Italian Chicken Breast	Deli Meal Delivered	Hungarian Goulash	Chicken Salad	Cheese Omelet
Italian Blend	on the 27th	Very Berry Juice	Potato Broccoli Soup	Diced Hash Browns
Vegetables		Peas	Tossed Salad	Apple Juice
Strawberry Kiwi Juice		Pears	Malibu Mix Fruit	Strawberries
Peaches		Basic Muffin	Bun	Muffin
Bread		Milk	Milk	Milk
Graham Crackers				
Milk				

Please note if you are calling for a meal you will need to call the day before by 1:00pm. If you are calling for a meal for music on Monday night you need to call on Friday by 1:00pm. Thank You

It is also very important that you cancel your meal by 1:00pm the day before your delivery. We know emergencies happen, but please let us know as soon as you can so we can take you off the route for the day.

We cannot leave a meal if you are not home.