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# Barb's Story

## Living Fearlessly and Fiercely

Camden, SC

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Natural Humanship

*I am Barb, and  
this is my story...*

Don't worry about perfection. Perfection is "the end." Instead, work on proficiency. With proficiency, there is room to grow... [www.naturesview.us](http://www.naturesview.us)

The image features a portrait of Barb, a woman with short dark hair, against a warm, brownish background. The text is overlaid on the image in yellow boxes and decorative banners. The quote is centered in a white box with a yellow border. The bottom of the image has a yellow banner with decorative elements and a URL.

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## Reflections from the Round Pen

While I've loved horses my whole life, I didn't make the commitment to focus my desires on them until much later in life. After taking many non-equine workshops, courses and training sessions on the road to self-discovery I found myself being drawn more and more into the mystique of the Natural Horsemanship world. I yearned to experience what so many people had written and spoken about – the mystical horse-human relationship/connection. I dove in head first, immersing myself in training sessions, workshops, books and DVDs.

I learned a lot about how to use various natural horsemanship techniques to communicate with a horse. I had also looked at many “mirrors”. However, after a while, I began to notice a familiar yearning for something more, something deeper; an inner drive toward something that I couldn't put words to it.

When I heard about Bruce and his Natural Humanship work, I was intrigued enough to sign up for a 3 Day clinic. I thought it would involve more natural horsemanship training techniques and possibly more self-discovery, however, I was not prepared for the powerful and transformative experience that I received from this qualified and renowned Master Teacher and Trainer.

I came to understand that the “deep yearning” was more about deepening my understanding and relationship with myself; to know,

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appreciate and trust my real self, without the old conditioning and free from the old mindset that was programmed for outside approval and perfection.

While my life has been a journey of conscious self-discovery, Bruce Anderson's Nature's View and Natural Humanship program provided the insight and mental tools I needed to live my life fearlessly and fiercely in the pursuit of an ever evolving, more free, more peaceful and more balanced way of living. Creating a different inner world will most assuredly result in the creation of a world more in alignment with what I yearn to experience in every moment. Knowing yourself, your limiting beliefs, or old conditioning as Bruce refers to it, is part of the equation. Receiving the tools to change it, to make different choices, is empowering. Once you feel the joy and peace that comes from experiencing balanced decision-making (Alpha mode), there is no going back.

