

Plaxco Staffing LLC

Return to Work Program

In the event that an injury does occur, it's best to get the injured worker back to work as soon as medically possible. Studies show that it is better for the worker not only physically, but psychologically as well. The longer an employee is out of work, the harder it is for him/her to go back. Boredom, depression and low self-esteem develop into the mindset of being sick and create an emotional impact difficult to recover from.

Resuming work activities will actually speed the worker's recovery. The worker will be part of the workforce again; self-esteem will return as he resumes drawing the salary he needs to support himself and his family. As a result, this will reduce the medical, disability and lost-time costs for the claim. Furthermore, this decreases the chance of fraudulent claims and attorney involvement.

Therefore, it's important to maintain a proactive return to work program. The employee, employer, and healthcare provider must all work together in order to achieve a successful program. Furthermore, a supportive supervisor is a key factor in an effective program.

