

Key Stage 2 PE Overview Spring Term 2018

<p style="text-align: center;">Year 3 and 4 Tag Rugby</p> <ul style="list-style-type: none"> • Introducing basic handling techniques • Introducing basic methods of scoring • Introducing belly, pop and pendulum passes. • Introduce basic concepts of the game 		<p style="text-align: center;">Year 3 and 4 Indoor Athletics</p> <ul style="list-style-type: none"> • Introducing why we warm up and cool down. • Introduce basic concepts of indoor athletics • Develop jumping, throwing and running techniques 		<p style="text-align: center;">Year 3 and 4 Netball</p> <ul style="list-style-type: none"> • To develop basic concept of the game. • Develop netball techniques including passing, shooting and footwork. • Play small sided games to develop understanding of possession. 	
<p style="text-align: center;">Year 5 and 6 Indoor Athletics</p> <ul style="list-style-type: none"> • Introduce more advanced pupil led stretching sessions. • Developing training methods such as circuit training and relays. • Developing the techniques of jumping, bouncing and bounding. • Developing sprinting and changeover techniques. • Developing understanding of different events. 				<p style="text-align: center;">Year 5 and 6 Netball</p> <ul style="list-style-type: none"> • Developing techniques learnt in earlier years • Refine passing techniques with more active opposition. • Refine knowledge of footwork and use it more effectively. • Develop shooting techniques in a game situation. 	
<p>Year 5 Basketball</p> <ul style="list-style-type: none"> • Refine passing techniques. • Develop shooting techniques when under pressure. • Play small sided games to raise the quality of footwork. 	<p>Year 6 Tag Rugby</p> <ul style="list-style-type: none"> • Developing passing techniques • Develop awareness of timing and strategy. • Introduce kicking techniques. 	<p style="text-align: center;">Year 5 Gymnastics</p> <ul style="list-style-type: none"> • Performing more advanced skills in travelling, being still, finding and utilising space • Developing rolling, turning and balancing skills and take-off and landing skills • Choosing and linking actions in short movement phrases • Create and perform short, linked sequences that have a clear beginning, middle and end. • Sequences have evident contrasts in speed, level and direction. 		<p>Year 5 Tag Rugby</p> <ul style="list-style-type: none"> • Introduce passing over a greater distance. • Develop awareness of running lines and timing of passes • Play 2 v 1 games. 	<p>Year 6 Basketball</p> <ul style="list-style-type: none"> • Develop awareness of fast break. • Developing footwork techniques when performing lay ups. • Develop defensive techniques and awareness of rules.