

ST. BERNADETTE  
BASKETBALL CLINIC  
BOYS & GIRLS  
3<sup>rd</sup> & 4<sup>th</sup> GRADES

-  BALL HANDLING
-  PASSING
-  SHOOTING
-  DEFENSIVE STANCE
-  REBOUNDING
-  DEFENSIVE SLIDES

The clinics will begin in December and last approximately six weeks. Boys Clinic will be Sat mornings from 8-9 am in our gym. Girls Clinic will be Wed evening from 5-6 pm in our gym.

Registration is still open and we are looking for more participants, this is a great way to prepare for JV Basketball in 5<sup>th</sup> and 6<sup>th</sup> grades. Please register at [www.stbernadettecyo.org](http://www.stbernadettecyo.org).

For more information please contact Ed Quintus, Athletic Director @ [insurance@edquintus.com](mailto:insurance@edquintus.com).