AOC Three Mile Run & Recreational Walk

9:00 AM, Saturday, November 1st, 2014

Hosted by Arthur Christian School

PURPOSE: Fall of 2014 marks the inaugural year of the Arthur Okaw Christian cross country program. The purpose of this race is to provide the AOC runners a "home meet" opportunity while getting interested walkers and runners of all ages involved in order to show support for the AOC program while providing competition for younger and experienced runners.

PROCEEDS: All proceeds will go to support the AOC cross country program.

COURSE: The race will begin at the Arthur Community Building (120 E Progress Street, Arthur, IL 61911) and will proceed east through the village and eventually to the county roads. At the 1.5 mile mark there will be a turnaround and the runners and walkers will return to the community building along the same path.

ENTRY FEE FOR RUN: \$20 postmarked on or before Saturday, October 25th. Shirt guaranteed.

\$25 after October 25th. Race day registration will be 8:00 – 8:45 AM. Shirt not guaranteed.

ENTRY FEE FOR WALK: \$10 for event only or \$15 if t-shirt is desired.

Questions about the race? Contact Jason Franklin at Jason.Franklin@BetterPrepSuccess.com

Participant Registration Form (please print)

Name:	_ Gender:	Age Division (runners only):
	() Male () Female	() 4 th grade or younger
Address:		() Middle School (5 th – 8 th grade)
	Race:	() High School (9 th – 12 th grade)
City, State, Zip:	_ () Run () Walk	() HS graduate to 29 years old
		() 30 – 39 years old
Email:	Shirt Size:	() 40 – 49 years old
	() Youth Medium	() 50 – 59 years old
Phone:	() Youth Large	() 60+ years old
	() Adult Small	
If HS graduate, age on race date:	() Adult Medium	AWARDS
	() Adult Large	There will be awards given to the
If current student, grade level:	() Adult XL	overall winners as well as the top
	() Adult XXL	three placers in each gender &
		age category for those competing
		in the run (no walking awards).

Waiver: Please read carefully and sign. In consideration of my entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims which I may hereafter accrue to me against Arthur Christian School, staff, volunteers or any of its promoters for any and all injuries suffered by me at this event. I further warrant that I have trained for the race of this distance and am physically fit for such a race.

Signature (if under 18 years of age, parent or guardian must sign):

Checks should be made payable to: AOC or Arthur Christian School

Mail registration form with payment to: AOC Race c/o Jason Franklin 1308 E White Oak Rd, Mahomet, IL 61853

