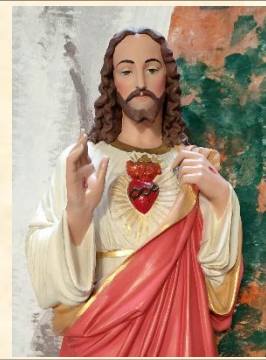




# Sacred Heart Parish Preston



322 Bell St, Preston 3072  
Phone (03) 9480 3398 or (03) 9484 2124  
Email: preston@cam.org.au  
Website: www.sacredheartpreston.com.au

## Office Hours:

Mon, Thurs & Fri: 10am -3pm

## Parish Priest

Fr Aloysius Nato, SVD

## Italian Community Chaplain:

Fr Albano Da Costa, SVD  
0478 963 248

**Parish Office:** Rachel Costa

**School Principal:** Mark Tierney

**School Phone:** 9487 1001

**Sacrament Coordinator:** TBA

## Safeguarding Committee:

**Safeguarding Officers:**

Robert Dullard

**Safeguarding Committee: Members:**

Mary Harb, Teresa Dang, Pauline O'Day

## Parish Council Members:

Gerard Grant (chairperson), Ophelia Swai,  
Anisasio (Pauline) Veamatahau, Mark  
Tierney, Ben Fortuna, Natalie Baran,  
Judeline Wadhvani and Joanne Verga

## Parish Finance Committee:

Peter Constable (Chair)

## St. Vincent de Paul Society:

Stephen Costello (President)

## Parish Mass Schedule

### Weekend Masses:

**Saturday:** 6:00pm

**Sunday:** 9:00am (Italian), 10:30 am, 6:00 pm

### Weekday Masses:

**Monday to Friday:** 9:10am

**Healing Mass: 1st Friday** of February, May,  
August & November at 1:30pm

**Next Healing Mass: Friday 2 February 2024**

### Devotional Practices:

#### Adoration of the Blessed Sacrament:

Every Thursday at 7:30pm for 1 hour.  
(Excluding last Thursday of the month)



**Holy Rosary:** Thursday (English) after the  
9:10am Mass

#### Reconciliation:

**NOW - Every Saturday at 5:15pm**

**Baptisms & Weddings:** By appointment only

### Breakfast with Fr Aloysius

1<sup>st</sup> Monday of the month, the next one is on  
**Monday 5 February** in the presbytery after  
9:10am Mass.

Bulletin printed 19/2/2024

*Our Parish is committed to the safety,  
wellbeing and dignity of all children  
and vulnerable adults.*

## 3<sup>rd</sup> Sunday in Ordinary Time (Year B) Sunday 21 January 2024

### Repent and Believe the Good News.

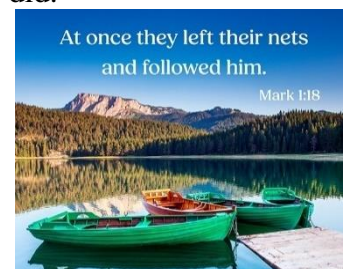
Not frequently, but sometimes times and in ways that have not been anticipated, abrupt changes shake up our lives: a sudden death in a family; an unexpected illness, change or loss of employment after years of experience, the revelation of wrongdoing by a person or leader we've most trusted; war or disasters costing the lives of many. Each of us could fill in the details of a situation where a radical change has forced us to review the ways we live our lives and our involvement in community from different perspectives.

Today's readings take up again the reflections on Christian discipleship that began last week – this time from the perspective of Mark's Gospel. Jesus appears by the Sea of Galilee after John the Baptist has been arrested and handed over to Herod. Jesus gives a statement of his call to mission as foretold by John. 'The time has come; the kingdom of God is at hand. Repent - (change your ways/views) and believe the Good News.' The presence of God is in the midst of humanity now! Turn back from the past, from ways you have taken for granted and walk God's way with me – live the Good News!

The fishermen by the lake did this, with hearts of faith and without understanding all what might be expected of them and what they might need to face. They turned from their nets and boats – their livelihood(?) - and followed Jesus unhesitatingly into the future. Mark makes great use of a word translated '**at once**'. It expresses the absolute and unhesitating nature of their response and trust in Jesus as the bearer of the good news of God's faithfulness and ongoing presence with us.

Responding to the call of Jesus – like all the great decisions of a full and generous life – is not without its cost. We are reminded of this as the four leave behind old securities, conventions and kinsfolk to throw in their lot with Jesus. But discipleship is not about forming an exclusive and secluded organization with selected membership and measured adherence to strict rules, and observances. It is about perceiving the call of Jesus through human events and daily life. We are given an opportunity to grow in integrity, purity of heart and sincere dedication to God which could force us to question many of our motives for our current ways of living. Have we been leading good and honorable lives, simply to appear good and to score points with God or have we been "loving the Lord your God with all your heart and your strength and with all your soul" (Deut 6:5) and "your neighbour as yourself" in changing circumstances of life or at least trying to? It's about responding to and sharing God's love amongst others. That's what Jesus' 'Good News' was about even if it meant laying down his life for them – which He did.

*"Ever-living God direct your love within us,  
That our efforts in the name of your Son  
May bring humankind to unity and peace."*



## Sacred Heart Parish Prayer

*Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.*

	<b>Saturday 6:00PM Mass - Readers</b>	<b>Saturday 6:00PM Mass - Ministers of Communion</b>
13-Jan-24	Mary Harb Marlene Vergou	Charlotte Bainy
20-Jan-24	Terry Murphy Marlene Vergou	Mary Harb
27-Jan-24	Marlene Vergou Mary Harb	Terry Murphy

	<b>Sunday 10:30AM Mass - Readers</b>	<b>Sunday 10:30AM Mass Ministers of Communion</b>
14-Jan-24	Hannah Lopez Albert D'Souza	Giovanna D' Intino
21-Jan-24	Albert D'Souza Marilene Fortuna	Tony Eley
28-Jan-24	Jessica Suppiah Ophelia Swai	Eileen Stevens

	<b>Sunday 6:00PM Mass - Readers</b>	<b>Sunday 6:00PM Mass Ministers of Communion</b>
14-Jan-24	Natalie Baran	Robert Dullard
21-Jan-24	Michelle Totawatte Natalie Baran	Robert Dullard
28-Jan-24	Natalie Baran	Damian Casamento

### **WE PRAY FOR:**

#### The elderly and the sick

Sandra Bishop, John Storrie  
Our Sacred Heart School student Samantha Corsi  
*Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.*

#### Those who have died recently:

*Rev Monsignor Gerard Diamond PE (RIP 10/1)  
(Funeral: Tues 23/1, 11am at St Anthony's Glen Huntly)*

#### We Commemorate:

*O Lord may perpetual light shine upon them.  
May they rest in peace. Amen.*



#### Last Week's Collection: 14.1.2024

1st Collection for our Church: \$1,151  
2nd Collection for support of clergy: \$726  
Thank you for your kind generosity!



## ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands.



We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



### ✠ Solemnities / Feasts / Memorials of the Week ✠

*Monday 22 January St Vincent, Deacon, Martyr*  
*Wednesday 24 January St Francis de Sales, Bishop, Doctor*  
*Thursday 25 January Conversion of St Paul, Apostle*  
*Friday 26 January Australia Day*  
*Saturday 27 January Sts Timothy & Titus, Bishops*  
*St Angela Merici, Virgin*



### THOUGHTS FROM POPE FRANCIS



*The Word of God invites us not to close ourselves off or think that we can do it alone, but to grow together. Let us listen to each other, talk together, and support one another.*



### Wedding Congratulations



We congratulate  
*Clarice & Joshua*



for their Wedding  
celebrated here at Sacred Heart Church  
on Saturday 20 January

May God grant a happy and prosperous life to you both as you embark on your journey together as husband and wife.



### ✠ Welcome before Baptism ✠

*Dear Parents, as you prepare for your child's Baptism, the people of Sacred Heart rejoice that you have chosen to baptize your child and we pray that in the coming years you and your family will continue to know and grow in the love of God, that is everlasting.*

The Parish introduces to the Sacred Heart community

#### **Kiara Turco**

in preparation for her Baptism on 4 February.



### Sacrificial giving via QR code

To support our parish and priest, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston.

It will give you direct access to the CDF pay webpage by following a few easy steps. The QR code is also displayed in the Church foyer.

Kindly consider donating to both the Church and Presbytery accounts.

Many thanks for your continued generosity and support to Sacred Heart parish.



## Please take the bulletin home

"The time has come," he said.  
"The kingdom of God has come near.  
Repent and believe the good news!"

**Mark 1:15**



## NEW LIFE IN GOD'S SPIRIT

An eight-week seminar every Wednesday  
Commencing on the 7<sup>th</sup> of February 2024 with Mass  
TIME: 1:30pm – 3:00pm  
St. Raphael's Catholic Church  
17 Hardy St. Preston West  
For More Details Contact  
Marijana 0422 340 675  
The Living Gospel Prayer Group

7/2 – Mass and introduction  
14/2 – session 1 - God's promise – you will receive power  
21/2 – session 2 - The unconditional love of God  
28/2 – session 3 - Jesus is Lord  
6/3 – session 4 - The gift of God's Spirit  
13/3 – session 5 - Forgiveness, healing and reconciliation  
20/3 – session 6 - New life in God's Spirit  
27/3 - sessions 7/8 - Growth and community in the Lord



### ORDER OF MALTA LOURDES DAY MASS – SATURDAY 10 FEBRUARY 2024



For some years now, the Order of Malta has organised an annual Lourdes Day Mass to provide an opportunity to pray for the sick and infirm particularly for those who would not otherwise have the possibility of visiting Lourdes.

The Mass will take place again on *Saturday, 10th February at 10.30am at St Patrick's Cathedral*, with Archbishop Peter A Comensoli as the principal celebrant.

For further information, please contact: Sauro Antonelli AM on 0411 250 288.



### Final summing up of the Giving Tree

To all who have supported our parish giving tree Christmas appeal and/or alternatively contributed towards assisting families in need at this time through personal / group donations and our church "donation boxes".

Over this December/January period your generous support has raised over \$3170.

Be assured that all donations received will continue to go towards assisting, on your behalf, families and neighbours struggling at this time to meet every day essential and impending education expenses.

Our Sincere gratitude and may God bless you all.  
The St Vincent de Paul Team.



### Piety Shop

**Columban calendars** are now available in the Piety shop - \$10

The piety shop stocks small gifts and cards for **all Sacraments** as well as various religious items at reasonable prices. Please take the time to have a look after any of the weekend Masses.

Thank you.



**J** Fishers  
of Men

## STEWARDSHIP REFLECTION:

*"Follow me and I will make you fishers of men." - Mark 1:17*

Jesus' call to "follow me" is a call to all Christians! The call is in the here and now, in our present circumstances, not when we think we are "ready" or have everything in order. Good stewardship of our God-given gifts means that things aren't always going to go according to our schedule, but that God has a much better plan in store for each of us.



### Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



### **NEED TO DISPOSE OF A VEHICLE?**

Disposal of a car from a deceased estate, or when a family member has had to relinquish their licence or go into residential care, can be a challenging process. Getting a roadworthy, taking photos to advertise on the internet, cleaning and polishing, taking calls (if they come), even finding a garage until a prospective buyer turns up (if indeed they do!).

If you need to dispose of a vehicle from a deceased estate or which is no longer required, could you consider gifting it to the "Lifeboat Foundation", a registered charity with tax deductible status, which for ten years has been providing pastoral and practical support to nearly 150 victims / survivors across Australia of church-related sexual abuse.

Many of these suffer post-traumatic stress disorder (PTSD), have limited or no employment, and a donated vehicle could vastly improve their quality of life and / or generate funds to assist personal, medical and accommodation needs.

If you would like to explore the possibility of gifting a potentially suitable vehicle to "Lifeboat", contact Fr. Kevin Dillon ([frkdillon@outlook.com.au](mailto:frkdillon@outlook.com.au) or 0421 777 360) or Adam Kaali (0411 486 605 or [adam-kaali@hotmail.com](mailto:adam-kaali@hotmail.com)).



### Joke Corner

#### **A few funnies about the boss...**

When I do something without being told, I'm trying to be smart.

When my boss does the same, she takes the initiative.

\*\*\*\*

When I make a mistake, I'm an idiot.

When my boss makes a mistake, he's only human.

\*\*\*\*

When I am out of the office, I am wondering around.

When my boss is out of the office, she's on business.

\*\*\*\*

When I do good, my boss never remembers.

When I do wrong, he never forgets.

\*\*\*\*

When I take a long time to finish, I am slow.

When my boss takes a long time, she is thorough.



## ENTRANCE ANTIPHON

O sing a new song to the Lord;  
sing to the Lord, all the earth.

In his presence are majesty and  
splendour,  
strength and honour in his holy place.

## PENITENTIAL ACT

I confess to almighty God and to you,  
my brothers and sisters, that I have  
greatly sinned, in my thoughts and in  
my words, in what I have done and in  
what I have failed to do,

*And, striking their breast, they say:*  
through my fault, through my fault,  
through my most grievous fault;  
therefore, I ask blessed Mary Ever-  
Virgin, all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

## GLORIA

Glory to God in the highest, / and on  
earth peace to people of good will. / We  
praise you, / we bless you, / we adore  
you, / we glorify you, / we give you  
thanks for your great glory, / Lord God,  
heavenly King, / O God, almighty  
Father. / Lord Jesus Christ, Only  
Begotten Son, Lord God, Lamb of God,  
Son of the Father, / you take away the  
sins of the world, / have mercy on us; /  
you take away the sins of the world, /  
receive our prayer; / you are seated at  
the right hand of the Father, / have  
mercy on us. / For you alone are the  
Holy One, / you alone are the Lord, /  
you alone are the Most High, / Jesus  
Christ, / with the Holy Spirit, / in the  
glory of God the Father. / Amen.

## FIRST READING

*Jonah 3:1-5,10*

The word of the Lord was addressed to  
Jonah: 'Up!' he said 'Go to Nineveh,  
the great city, and preach to them as I  
told you to.' Jonah set out and went to  
Nineveh in obedience to the word of  
the Lord. Now Nineveh was a city great  
beyond compare: it took three days to  
cross it. Jonah went on into the city,  
making a day's journey. He preached in  
these words, 'Only forty days more and  
Nineveh is going to be destroyed.' And  
the people of Nineveh believed in God;  
they proclaimed a fast and put on  
sackcloth, from the greatest to the least.  
God saw their efforts to renounce their  
evil behaviour, and God relented: he  
did not inflict on them the disaster  
which he had threatened.

The Word of the Lord

**All: Thanks be to God.**

## RESPONSORIAL PSALM

**Psalm 24(25):4-6,7b-9**

*The Response Is:*

*Teach me your ways, O Lord.*

Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach  
me: for you are God my saviour.

**Teach me your ways, O Lord.**

Remember your mercy, Lord,  
and the love you have shown from of  
old. In your love remember me,  
because of your goodness, O Lord.

**Teach me your ways, O Lord.**

The Lord is good and upright.

He shows the path to those who stray,  
He guides the humble in the right path,  
He teaches his way to the poor.

**Teach me your ways, O Lord.**

## SECOND READING

*1 Corinthians 7:29-31*

Brothers: our time is growing short.  
Those who have wives should live as  
though they had none, and those who  
mourn should live as though they had  
nothing to mourn for; those who are  
enjoying life should live as though  
there were nothing to laugh about;  
those whose life is buying things  
should live as though they had nothing  
of their own; and those who have to  
deal with the world should not become  
engrossed in it. I say this because the  
world as we know it is passing away.

The Word of the Lord

**All: Thanks be to God.**

*Please stand for the Gospel*

*Acclamation.*

## GOSPEL ACCLAMATION

**Alleluia, alleluia!**

The kingdom of God is near:  
believe the Good News!

**Alleluia!**

## GOSPEL

*Mark 1:14-20*

After John had been arrested, Jesus  
went into Galilee. There he proclaimed  
the Good News from God. 'The time  
has come' he said 'and the kingdom of  
God is close at hand. Repent, and  
believe the Good News.'

As he was walking along by the Sea of  
Galilee he saw Simon and his brother  
Andrew casting a net in the lake – for  
they were fishermen. And Jesus said to  
them, 'Follow me and I will make you  
into fishers of men.' And at once they  
left their nets and followed him.

Going on a little further, he saw James  
son of Zebedee and his brother John;  
they too were in their boat, mending  
their nets. He called them at once and,  
leaving their father Zebedee in the boat  
with the men he employed, they went  
after him.

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

## THE NICENE CREED.

I believe in one God, the Father  
almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God, begotten, not  
made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation he  
came down from heaven,  
*(At the words that follow, up to and  
including 'and became man', all bow.)*  
and by the Holy Spirit was incarnate  
of the Virgin Mary, and became man.  
For our sake he was crucified under  
Pontius Pilate, he suffered death and  
was buried, and rose again on the third  
day in accordance with the Scriptures.  
He ascended into heaven and is seated  
at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead and his  
kingdom will have no end.

I believe in the Holy Spirit, the Lord,  
the giver of life, who proceeds from  
the Father and the Son, who with the  
Father and the Son is adored and  
glorified, who has spoken through the  
prophets.  
I believe in one, holy, catholic and  
apostolic Church.  
I confess one Baptism for the  
forgiveness of sins and I look forward  
to the resurrection of the dead and the  
life of the world to come. Amen.

## COMMUNION ANTIPHON

Look toward the Lord and be radiant;  
let your faces not be abashed.

