

## **Elizabeth Stillwell**

Elizabeth was born and raised in Grifton, North Carolina. She graduated from the NC School of Science Math in Durham, received her Bachelor's degree in Public Relations and Communications from UNC-Chapel Hill, and her M.S. in Human Resources and Organizational Development from Champlain College. She completed the Positive Organizational Certificate Program at Champlain College and holds a Property and Casualty Insurance Producer License, the SHRM-SCP, and Strengthscope Master certifications. Elizabeth has 14 years of experience in risk management, benefits, and human resources. She was named a Rising Star by Vermont

Business Magazine in 2015, awarded the International Risk Management Professional of the Year award by IAIP in 2014, and recognized in 2021 by The Junior League of Raleigh for her work on the first Statewide Conversation on Inequities team. She is currently the VP of People & Culture at Counter Culture Coffee, Inc. based in Durham, NC.

Elizabeth is an active member of Raleigh SHRM, The Junior League of Raleigh, and the B Corp HR Network. She has served on many non-profit boards in the past, including Winooski Food Shelf, Winooski Dollars for Scholars, and Champlain Valley Association of Insurance Professionals. She was connected with Project Enlightenment Foundation through The Junior League of Raleigh and is currently Co-Captain of the JLR Training Team. She has always had an interest in early childhood education and worked in this field throughout high school and college as a counselor at the YMCA of the Triangle and Camp Don Lee.

Working in the human resources field for a local employer, she sees firsthand the challenges families face with early childhood care and education. This work and being a parent of a young child continue to shape her experience and ignite her passion for serving on the Board. She spends her spare time with her family and two dogs! We enjoy running, hiking, reading, and gardening.

Elizabeth joined the Foundation Board on 7-1-22.