

**NYSPHSAA CROSS COUNTRY CHAMPIONSHIPS**  
**November 10, 2018**

Section 11 Sunken Meadow Park  
Rte 25A and Sunken Meadow Parkway  
Kings Park, N Y 11754

Information for qualifying teams and individuals

**Section 4 Coaches Timeline**

Friday: Nov 2, 2018 There are no more codes of conduct, but *you are responsible* for notifying the NYSPHAA Executive Director (in writing) at least 48 hours prior to the meet if a student athlete does not consent to their photograph, video, or image being used in NYSPHSAA promotional materials.

Thurs: Nov 8, 2018 REMIND RUNNERS TO HAVE THEIR SCHOOL UNIFORM

**Make sure you have your school's emergency release form for each athlete**

Friday: Nov. 9, 2018 Arrive at course DO NOT ARRIVE BEFORE NOON !!!!  
**Remember busses are not allowed on certain roads on the island.**  
Coordinators available: **12:30 PM to 2:30 PM**

*You need to let us know if you are not arriving until Saturday to pick up number.*

**Look for us in parking lot before concession stand/bathhouse.**

**Cells: Steve: 607-743-1231 Becca; 781-248-7938**  
**Lee: 607-353-9354**

Saturday: Nov. 10, 2018 State Meet held  
**Vehicles with athletes use gate #1 at park entrance**  
**Remind parents all parking will have a fee of \$10 per car. Other information on nysphsaa.org website – time schedule, course map, description, hotels, etc**

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***Section 4 has first starting box on south end of line for all races***

***It is assumed all teams and individuals qualifying for the Federation Meet will attend unless the appropriate coordinator is notified otherwise.***