



## The Palestine Press

**September 2015**

Volume XXIX Number 9

Monthly newsletter of

Palestine Lutheran Church

Evangelical Lutheran Church in America

**God's work. Our hands.**

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**Pastor Eric Klimpel**

**Nels Dovre, Youth Liaison**

**Oriett Snider, Editor**

**Christa Hartsook, Webmaster**

## Reaching Out in Christian Love to All

### *Our Vision:*

Palestine Lutheran Church will be a haven for all generations, a people worshipping and growing continually in relationship with Jesus, inspired by God's Word; a living example of stewardship, a loving and caring fellowship that reaches out in Christ-centered faith and love to the world.

### *Mission Statement:*

"Palestine Lutheran Church exists to proclaim and live God's Holy Word, to nurture and support our membership, and to enable us to live our faith in our daily lives. As we are nourished, we are called to reach out to our communities, our spheres of influence, and to the wider world through the church-at-large."

## Holy Conversations in Daily Life

### -----With Pastor Eric and Friends!

In the Smalcald Articles Martin Luther discusses the multiple ways we receive the Gospel: first, he says, we receive the Gospel when the forgiveness of sins is preached; second, in baptism; third, in Holy Communion; fourth, through the power of the keys (*confession and absolution*); and "*also through the mutual conversation and consolation of the brethren, Matthew 18:20: Where two or three are gathered together, etc.*" Remarkably even though Luther indicates that this practice is a way we receive the Gospel – the church and Lutheran tradition has not paid it much attention. So this is our opportunity to explore together how mutual conversation and consolation might bring meaning and new life into our lives today.

Here are some thoughts to get us started:

- 1.) When mutual conversation and consolation is affirmed as a sacramental act it gives common daily and mundane experiences a transformative gleam. We highlight the importance of fellowship in our families, work places, schools and communities.
- 2.) By claiming conversation and consolation as a means of grace we are saying something about the way God becomes en-fleshed in our everyday lives. In Luther's "Freedom of a Christian" he describes how we become "little Christs" to one another.
- 3.) Declared grace has had a tendency to slide toward individualism. It focuses our attention primarily on the relationship between me and God. The community and our place within the body of Christ can be overlooked. From Christ all things came and all things will be gathered back into his body once more.
- 4.) Communicating grace to one another requires neither authority nor sacred places set apart. Mutual conversation and consolation happens between friends, fellow travelers and fellow members of the body of Christ. This practice becomes a means of grace when it transforms office cubicles, sidewalks, soup kitchens, locker rooms, fellowship halls, parking lots, and cell phones into sacred spaces. It allows mutuality, reciprocation, and community-building to be transformed past the normal boundaries (*or growth*).

Mutual conversations and consolation invites us into having stimulating discussions without fear because the goal is to listen to one another and learn from our listening where Jesus is and how God's love is abiding in the other. We become "little Christs" by meeting people as they are and allowing them to be "known" by someone else. We value our fellowship time at Palestine, and I hope that we can exercise this practice in ways that enable us to talk about many things in small groups and forums including tough social issues and personal trials and challenges from within the community. Please sign-up for small groups and come to forums with hearts open to growth.

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### *A Note of Thanks*

Dear Palestine Family,

Teri, Ashley, Austin and I thank you for being guests in our home for the "open house." We appreciate the food and the support. It has been quite a transition and now you know where we live and how thankful we are for this blessing. We hope to have other events at our home in the future, so that those families that could not make it can still share in this blessing with us. I am proud to have had my mother, Marlene, with us at this open house. I am very happy that she could meet my Iowa family.

Peace,

*Pastor Eric*

## **Palestine Lutheran Church**

### ***Worship & Study Opportunities- September 2015***



Call in number to listen to worship services: 597-3994  
[Please be sure to put your phone on mute or sounds from your home will be carried to all phones that have dialed in for the service.]

#### Wednesday, September 2

7:00 a.m. Men's Bible Study

#### Saturday, September 5

7 a.m. Tri County Men's Bible study @ Ballard Creek

#### Sunday, September 6 15<sup>th</sup> Sunday after Pentecost

9:30 a.m. Worship: Holy Communion

#### Wednesday, September 9

7:00 a.m. Men's Bible Study

#### Sunday, September 13 16<sup>th</sup> Sunday after Pentecost

9:30 a.m. Worship

10:45 a.m. Sunday School – RALLY DAY

#### Monday, September 14

6 p.m. Women of ELCA Salad Supper & Bible study

#### Wednesday September 16

7:00 a.m. Men's Bible study

6:30-8 pm Confirmation begins

#### Saturday, September 19

7 a.m. Tri County Men's Bible study @ Ballard Creek

#### Sunday, September 20 17<sup>th</sup> Sunday after Pentecost

9:30 a.m. Worship: Holy Communion; Sr. Choir sings

10:45 a.m. Sunday School

#### Wednesday, September 23

7:00 a.m. Men's Bible study

6:30-8 p.m. Confirmation

#### Saturday, September 26

7 a.m. Tri County Men's Bible study @ Ballard Creek

#### Sunday, September 27 18<sup>th</sup> Sunday after Pentecost

9:30 a.m. Worship: KICK serve as worship assistants – ushers, readers, special music

10:45 a.m. Sunday School

New Member orientation

#### Sunday, September 27 thru Tuesday, September 29

SE IA Synod Fall Theological Conference @ Bethesda, Ames

#### Wednesday, September 30

7:00 a.m. Men's Bible study



**Fall Sunday School will start September 13.**



**New Life Small Groups for the Fall will begin in mid-September** - sign up in the fellowship



#### FALL THEOLOGICAL CONFERENCE 2015



The annual Southeastern Iowa Synod Fall Theological Conference will be held September 27-29, 2015, at Bethesda Lutheran Church in Ames. The theme will be "Being Public in the Name of Jesus." Rozella White, Program Director for Young Adult Ministries for the Evangelical Lutheran Church in America and **Pr. Jason Chesnut from Baltimore, Maryland, and the founder of "The Slate Project" will team with Rozella White as the speakers for the Fall Theological Conference.**



**"All Are Welcome!"**

The Senior Choir invites all members and friends age high school thru adult, to join them in singing

an anthem during worship on September 20<sup>th</sup>!

We will rehearse @ 8:30 prior to worship that day.

Please contact Laurie Biedermann for additional information or questions.....[laurie.biedermann@gmail.com](mailto:laurie.biedermann@gmail.com)  
1-563-880-8479

Daily Discipleship themes which will be used for Wed. morning Men's Bible study (uses the text for the following Sunday).. They are available on the ELCA website –

[www.elca.org](http://www.elca.org) → Resources → Downloadable Resources → Bible Studies

September 6 | 15<sup>th</sup> Sunday after Pentecost – **Primary Text:** Mark 7:24-37

**Living in Christ:** *Trust*

September 13 | 16<sup>th</sup> Sunday after Pentecost – **Primary Text:** Mark 8:27-38

**Living in Christ:** *Pick Up the Cross*

September 20 | 17<sup>th</sup> Sunday after Pentecost – **Primary Text:** Mark 9:30-37

**Living in Christ:** *Welcome Others*

September 27 | 18<sup>th</sup> Sunday after Pentecost – **Primary Text:** Mark 9:38-50

**Living in Christ:** *Commit to Christ*

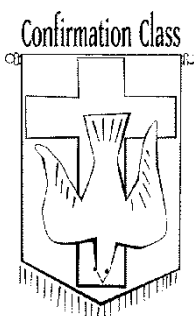
October 4 | 19<sup>th</sup> Sunday after Pentecost – **Primary Text:** Mark 10:2-16

**Living in Christ:** *Love*



#### NEW MEMBER ORIENTATION

Sunday, September 27<sup>th</sup> and Sunday, October 4<sup>th</sup> at 10:45 a.m. in the Council Meeting Room



**Confirmation begins for the new school year - Wednesday, September 16<sup>th</sup> from 6:30-8 p.m.**

If you were not able to attend the information meeting on August 23<sup>rd</sup> and are interested in participating in the 2 year experience and going into the 7th or 8th grade, then please contact Pastor Eric at [ericklimpel@gmail.com](mailto:ericklimpel@gmail.com).

Church Office: 515/597-2620  
 Fax number: 515/597-2621  
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 Secretary's Office: 515/597-2624  
 Church e-mail is: [PLC@huxcomm.net](mailto:PLC@huxcomm.net)  
 Pastor Eric Klimpel's email:  
[ericklimpel@gmail.com](mailto:ericklimpel@gmail.com)  
 cell: 936/444-3895

### **Treasurer's Report**

Balance on hand August 15, 2015  
 Checking Account \$ 10,495.87  
 General Fund \$ 5,241.51  
 Designated Funds  
   Benevolence 535.00  
   Improvement 3,008.74  
   Building Addition 475.00  
   Technology 800.00  
   Lutheran Chaplaincy 10.00  
   Palestine Cemetery 240.00

### **Building Addition Loan Update**

The principal balance due on the loan is \$21,400.43 after the July 15<sup>th</sup> payment. The next loan payment of \$5,473.01 is due October 15, 2015.

### **Church Council 2015**

Pastor Eric Klimpel  
 President: Brad Lewis  
 Vice President: Mike Thomas  
 Secretary: Jacob Huxford  
 Treasurer: Deidre Qual  
 Financial Sec'y: Dick Kepler

#### **Council:**

Mark Doty	Kristin Shelton
Nels Dovre	Jeff VanPelt
Bruce Hartman	Matt Williams
Cynthia Johnson	Lora Young
Laura Kepler	



Oriett's summer work schedule (from Memorial Day to Labor Day) is Monday, Wednesday, and Friday mornings from 8 a.m. to 12 noon. Starting September 8<sup>th</sup> she will be working Monday thru Friday from 8 to noon. The phone number in her office is 597-2624.



**2015**

### **Volunteer schedule**

#### Greeters

9/6 Nancy Fausch, Sandy & Garry Wirtz  
 9/13 Brent & Julie Emerson, Joyce Carlson  
 9/20 Bruce & Angela Hartman, Mike & Holly Larson  
 9/27 Brad & Lesa Lewis, Rich & Chris Nelson

#### Acolytes – to be contacted

#### Lectors - to be contacted

#### Ushers

Brent Larson, captain	Mike Larson
Bill Harleen	Brad Lewis

#### Sunday Fellowship

Families who greet also serve beverages for fellowship.

#### Communion Assistants to be contacted

#### Offering Counters

Doreen Blackmer, Jeannie Williams, Joyce Carlson

#### Altar Ministry

Teri Klimpel, Nancy Fausch

#### Mowing (church & parsonage lawns)

August 31- Sept. 6  
 Sept. 7-13  
 Sept. 14-20  
 Sept. 21-27  
 Sept. 28-Oct. 4

#### Deliver Food Pantry donations for September

September is **Breakfast of Champions!** Month at the food pantry – please donate breakfast items, such as cereal, oatmeal, jelly, peanut butter, juice. Sponsored by Palestine Mission Outreach Committee.



The Parsonage and Property Committee invites you to sign up to mow the lawn of the church and parsonage this summer. This is a good way for students to earn service hours. Please sign up for a week or a month to help out. The church has a riding lawn mower if you would like to use it – indicate this on the signup sheet in Fellowship hall. Thank you!





Thank you to everyone for all your support, encouragement, and prayers for all of us on the mission trip. We could not have travelled to Puerto

Rico for this amazing week without all of you and your support. What an amazing experience for all of us that opened our hearts and helped us to share God's love. It was an amazing week of serving others, developing relationships, and seeing how God can work through each of us. Thanks again for supporting the youth and helping them see a new culture, experience God's love, step outside of their comfort zone, and meet new friends. Kim

## CAN DRIVE! Sunday, September 27<sup>th</sup>



ROCK Group will be putting on a CAN DRIVE September 27, 2015!

Bring your pop cans, plastic bottles or glass bottles to help support the ROCK Group!

We will have a trailer at the south side of the church on Sunday Morning September 27<sup>th</sup>!

**ROCK parent meeting Sunday Sept. 13th** during Sunday School.



ROCK still have tshirts for sale for \$15 select sizes and colors available as long as supplies last.

Also, you may pick up tshirts that were previously ordered.



K.I.C.K.  
Kids in Christ's Kingdom

## K.I.C.K. news (grades 3-6)

Sunday September 13th we are meeting at Lori Schonhorst's for our "kick"-off event! 6-7:30 p.m.

Hot dogs, chips, drinks, and smore's provided.

Postcard invitations mailed. Parents are welcome and encouraged to come to this first event. Bring a lawn chair!

Sunday, September 27th KICK will be involved with worship service (ushering, reading, special music)!

Contact KICK advisors for more information or with any questions:

Lesalewis  
515-669-3131  
[Lesalewis5@gmail.com](mailto:Lesalewis5@gmail.com)

Lori schonhorst  
515-321-2833  
[Ljschonhorst@gmail.com](mailto:Ljschonhorst@gmail.com)

Jody Calvert  
515-451-3332  
[JodyCalvert18@gmail.com](mailto:JodyCalvert18@gmail.com)

## Celebrating a baptismal birthday *Some ideas for making the day special*

Remembering our baptism — that we belong to God — is worth celebrating every day, not just once a year. When parents mark a child's baptism anniversary, however, they help emphasize that this relationship to God is something extra special.



Ideas for celebrating abound: display pictures from your child's baptism, serve white frosted cupcakes as dessert, light the same candle used at your child's baptism, make contact with your child's godparents if they don't remember to contact you first, or arrange to place chancel flowers at your church to mark the occasion.

## September



- 1 - Sisson, Courtney  
VanSoelen, Kirsten  
Neubauer, Devan
- 2 - Brendeland, Allen  
Reed, Ben
- 3 - Rasmussen, Teresa
- 4 - Rahner Zoey
- 5 - Brendeland, Scott  
Sheldahl, Marge
- 6 - Harmon, Ashley
- 7 - Johnson, Warren
- 8 - Doty, Robin
- 9 - Hauge, Orville  
Wee, Arlene  
Wuebker, Adam
- 11 - Kauffman, Holly
- 13 - Keeling, Carisa
- 14 - Henryson, Anna (100<sup>th</sup>)
- 15 - Kepler, Dick  
Lindsey, Vanessa
- 16 - Cooper, Inger  
Neumann, Lori
- 17 - Friedrichsen, Hans  
Sample, Jodie
- 18 - Echtenkamp, Bev  
Atkinson, Jodie
- 19 - Baldwin, DeAnn  
Lisowski, Donna  
Rasmussen, Andrew  
Twedt, Ellie
- 20 - Davis, Bob  
Edwards, Jeremy  
Wuebker, Molly
- 21 - Atkinson, Abrielle
- 22 - Clark, Dax  
Gallagher, Brynn
- 25 - Bowers, Charles
- 27 - Snider, Oriett
- 28 - Clark, Rex  
Shelton, Max
- 29 - Huffaker, Christie  
Kopaska, Andrew
- 30 - Huxford, Jacob

If your birthday or anniversary was not included or is listed incorrectly, please contact the church office so we can update our records.

## Celebrating Their ANNIVERSARY

### SEPTEMBER WEDDING ANNIVERSARIES

- 1 - Steve & Jodie Atkinson  
Omar & Valerie Brendeland
- 4 - David & Margret Anderson  
Dick & Helen Kepler
- 7 - Lucas & Courtney Williams
- 10 - Allen & Ruth Evans
- 11 - Jeremy & Danielle Edwards  
DeAnn & Stuart Baldwin  
Bruce & Angela Hartman
- 14 - Jon & Sarah Jensen
- 15 - James & Lora Young
- 18 - Greg & Christa Hartsook  
Bryan & Kelli Brendeland
- 20 - Richard & Chris Nelson  
Tony & Jamie Ness
- 21 - Tim & Julie Huxford (30<sup>th</sup>)
- 28 - Timothy & Holly Wise
- 29 - Adam & Amber McKenna  
Kyle & Tracy Rhoads (15<sup>th</sup>)  
Dan & Kirsten VanSoelen

## Remember in Prayer

The following were included in the Prayers of the Church during August: Anita Brendeland; Karen Esk; Merlin Lyon; Deb Ness; Elsie Price; Lorraine Sorensen; Miles Taylor; Bob Wetzler; Kaye Winter

- Krishna & his family of India, child sponsored by Palestine's Sunday School students.
- Those impacted by flooding, earthquakes, tsunamis, storms, tornadoes, drought & wild fires.

We extend our prayers and congratulations to...

...**Haylie & Dax Clark** as they welcome their newborn son, **Jax Jameson Clark** (born July 1). He was welcomed to the family by brothers Max and Rex.

O Lord our God, we thank you for being with this family as they experience the joy of watching new life begin.

We extend our prayers and sincerest Christian sympathy...

...to family and friends of **Larry Esk** (father of Julie Emerson)

...to family and friends of **Sherman Thompson**

...to family and friends of **Marie Durr** (sister of Helen Kepler)

...to family and friends of **Jarrett Peterson**

...to family and friends of **Merlin Echtenkamp**

May the risen Lord give his strength and comfort to their families in their time of loss.

## Help Us Create School Kits Care Kits for Lutheran World Relief



The best time to buy supplies for the school kits is in the fall when school supplies are on sale. You can help by donating one or all of the items listed (list available in confirmation/choir room or in August newsletter)

**Guidelines:** Please give new items only, except where otherwise noted; Please do not donate items with any religious symbols, messages or your congregation's name; Please do not donate any items decorated with a U.S. flag, patriotic or military symbols, or references to the armed forces, including camouflage.

Please place items in boxes in the choir room. Items will be assembled to create complete kits. The LWR shipping date is in October ?s talk to Oriett



## GATHER AT THE GARDEN

Tuesday & Thursday evening from 5-7 p.m. are being set as a time for the congregation to gather at the garden – as your schedule allows you are

welcome to come and help with tasks such as planting, weeding, or harvesting.

## PALESTINE WOMEN OF ELCA

### Slow Faith by Liv Larson Andrews

Gather Bible study September 2015 – November 2015  
In the fall of 2015, **Liv Larson Andrews**, pastor of Salem Lutheran Church in the West Central neighborhood of Spokane, Wash., brings us a three-session study on speed and slowness, examining how the Kingdom of God moves slowly, yet we are asked to move with ever greater speed. Liv lives with her spouse and young son and dreams of hosting the first ever lectionary-based cooking show.

#### SLOW FAITH

**Session 1** Sabbath Keeping

**Session 2** Make Haste O Lord

**Session 3** Tempo Giusto

The First session **SABBATH KEEPING** (found in the September Gather magazine) has as its focus verse – Remember the Sabbath day and keep it holy. (Exodus 20:8)

Overview: O snail

Climb Mount Fuji

But slowly, slowly!

–Japanese poet Issa (1763-1828)

The scripture teaches a rhythm and pace for life. The Bible contains no poem like this haiku instructing us to be like snails and “take it slow.” But there is an overarching theme in the Bible that time is in God’s hands. A life redeemed by God moves at the speed of redemption: day by day, moment by moment. From the gift of Sabbath to manna in the desert, through the psalms, then in the parables of Jesus, we hear God telling us that all time is holy and that human beings are meant to live in sacred sync with God’s rhythms.

In our present day of instant-everything, God’s rhythms get drowned out. As we are pulled and pressured by increasing demands on our time, living in any kind of rhythm can seem like an elusive dream. Wages do not stretch to cover the cost of food so we add a second job. We search for work and cannot find any, so our days drag on in despair. Technology meant to help us save time invades our every moment, while offering greater connection with loved ones as well as with our work email account. Even life in the church, set aside to be restorative and healing, can become burdensome. We just don’t have enough time.

The theme for the September *Gather* magazine is **SLOW FAITH**. All time is holy and human beings are meant to live in sacred sync with God’s rhythms.

#### PALESTINE WOMEN OF ELCA

**Monday, September 14, 6:00 p.m.**

**Salad Supper & Bible Study.**

Invite a friend and bring a salad to share. Table service and beverage provided.

**MARK YOUR CALENDAR** Palestine Piecemakers will begin another season of quilting starting Wednesday, September 9<sup>th</sup>. We will start at 1:00 and catch up on everyone’s summer while creating new quilts for the year. All are welcome to come and help – Sewing! Tying! Pinning! Creating!



The Palestine Cemetery Committee would like to install more flags at the cemetery. Flags can either be a memorial or a gift. Cost will be \$120 for flag and pole complete. Please designate if memorial or gift.



Make checks payable to Palestine Cemetery and mail to church: Palestine Lutheran Church

1375 HWY 210, Huxley, IA 50124

Be sure to include your name and contact information if we have any questions.

*From the archives – this list was published in the July 2009 Palestine Press:*

#### Ten Best Practices for Health and Wellness

As faithful Lutherans, we understand the value and the importance of rules that guide us. Living in a way that is healthy and whole is essential in making the most of the life we were given. Here are some suggestions for being intentional about your health and wellness.

1. Love God with all your heart, soul, mind, and strength.
2. Love your neighbor as you love yourself — be an example of self-care as well as caring for others.
3. Remember the Sabbath and keep it holy — be intentional about time for rest and renewal within your week, church year and life in ministry.
4. Honor your body as a gift from God and temple of the Holy Spirit. Feed it healthy foods and build your physical and emotional endurance with regular physical activity.
5. Honor your mother, father, siblings, spouse, and/or children with your love, respect, and time.
6. Reflect your faith and use your gifts in your vocation.
7. Develop healthy habits to keep your wholeness wheel in balance and to be fit for a ministry of service.
8. Equip yourself to use your gifts effectively to proclaim and live out the Gospel in the world.
9. Practice and seek forgiveness.
10. Pray daily.

**Additional Resources** - Learn more about the ELCA perspective on health and wellness by reading [Caring for Health: Our Shared Endeavor](#), a social statement of the ELCA. You may access it and download from the ELCA webpage [www.elca.org/](http://www.elca.org/).



## Tuesday Wellness Checks

Stop in any Tuesday between 9 – 11 AM and a Ballard Creek nurse will provide a complimentary wellness check! - Blood Pressure, Weight, Temperature, Blood Sugar (if Diabetic)

Stay for a cup of coffee afterwards - the pot is always on!  
Ballard Creek Assisted Living, 908 N. Highway 69, Huxley, IA 50124 597-2555



## Madrid Home Ice Cream Social

Thank you to all who participated in the Madrid Home Ice Cream Social in August, by bringing pie, or by attending the event.

Over 50 pies were donated, and over \$700 were raised. Friends of the Madrid Home will use the proceeds to continue the renovation of the resident commons area.

## LUNCH & LEARNS FOR THOSE AGE 60 & OLDER

YOU ARE INVITED! Please join us!

**When:** 11:30 am – 1:30 pm

**Where:** Madrid Home 613 W North St, Madrid

**Why:** To provide educational resources crucial to the well-being of older adults!

**RSVP:** Space is limited **RSVP necessary to guarantee your lunch.** RSVP with Angela Tharp @ 795-3007 or email at [atharp@madridhome.com](mailto:atharp@madridhome.com)

**Cost:** Free-will donation to *Madrid Home Communities ACTS Fund*

Monday, Sept. 14 Topic: Know the Latest Elder Fraud & Scams

Monday, October 12 Topic: FAQ of Retirement Communities

Monday, November 9 Topic: Are You Prepared to Benefit?

A couple upcoming opportunities Southeastern Iowa Synod - **Seminary for Everyone and the Life of Faith Initiative at**

**Wartburg Seminary:** A weekend on-campus course, "Connecting Faith and Daily Life" will be offered October 16-18 taught by Professor Norma Cook Everist. The group will be using a variety of methods; the content will be participants' own lives and the foundations of the faith, using Luther's Large catechism in highly interesting and experiential ways. The course meets "Education and Discipleship" or the "Leadership and Faith Formation" requirement for Wartburg's Certificate Programs. Readings include Dr. Everist new book, *Seventy Images of Grace in the Epistles . . . That Make all the Difference in Daily Life*. See More about this and Fall on-line courses. Groups receive a discount.



**Right Next Door Conference: Beyond the Walls of Church and**

**Neighbor - October 16th-17<sup>th</sup>:** You are invited to join in the Right Next Door Conference! Women at the Well, a United Methodist congregation inside the walls of the women's prison in Mitchellville, is partnering with Prison Congregations of America and the Board of Church and Society of The United Methodist Church to host a weekend of presentations and workshops designed to inspire, equip, and empower churches to connect with folks we might have missed. The Right Next Door conference will include presentations by noted speakers and will also include various workshops addressing prison ministry, advocacy, mental illness, domestic violence, addiction, how to reduce barriers in your home church, and more. For more information, a schedule of events, and to register, visit [RightNextDoor2015.org](http://RightNextDoor2015.org)

## Wheelchair Pushing at Bethany Manor

212 Lafayette Ave, Story City

We will be pushing wheelchairs on Sunday mornings, October 4 & 11, to make worship services possible and meaningful for residents at Bethany Manor.

You need to arrive about 9:20 a.m. It is helpful to have 4-6 wheelchair pushers so that it goes smoothly. Sunday School classes are very welcome and are encouraged to participate.

A sign up sheet will be available in Fellowship Hall in September.

## Affordables by Bethany Life NEEDS Volunteers!

Affordables by Bethany Life, located at 630 Pennsylvania Avenue in Story City is in serious need of volunteers. The store has only one paid employee, with the rest of the manpower being provided by volunteers who live in Story City, Roland, Ames, Gilbert, Jewell, Nevada and other surrounding communities.



In the last year, we have lost several hardworking, dedicated volunteers due to death and illness. To serve our customers properly, each four hour shift needs at least four people on staff. Too often, we are staffing the store with only one or two people per shift.

Can you help? Do you **KNOW** someone who could help?

Volunteering is EASY. You meet new people. You make friends. You have fun! And in giving just a few hours of your time **YOU** give **SO** much! You make it possible for our doors to stay open.

If you enjoy stopping into our store, please consider – could you spare a couple hours and volunteer here? If you work full time, we are open until 7 PM on Monday evenings and from 9 – 3 on Saturdays. Do either of those times fit into your schedule? If you are retired or don't work outside your home, could you arrange your day to fit in a shift or two at our store?

If you are still reading this article, we hope you are thinking about what time you can give. Over 75% of our volunteers come from St. Petri Lutheran Church in Story City. We want to spread the word to other area churches and service organizations that we have a serious need. Won't you join us and help us make a difference in our community and to our residents?

Call 515-733-5304 for more information or stop into the store to talk to Denice.





3001 Riverside Rd, Story City, IA 50248  
1-800-372-7748

[rlbc@riverside.org](mailto:rlbc@riverside.org) [www.RiversideLBC.org](http://www.RiversideLBC.org)  
"To Know Christ and to make Christ known to all."

### **Quilt Auction Recap**

#### **2015 Quilt Auction and 5K**

God continues to bless the ministry of Riverside Lutheran Bible Camp as we reach out to thousands of youth and adults each year. Thank you to all who made the beautiful donated quilts and also thank you to those who bought quilts - a winning combination for Riverside!

August 1 was a gorgeous summer day and many people came to Riverside to enjoy the activities! The day was kicked off with a 5K on the beautiful grounds of Riverside. Perfect weather made for some happy runners and walkers. 63 runners came out to support the ministry. The overall winner was Jim Robidoux, while Celia Bravard was 2nd overall and thus captured the title for the women's division. Over 200 people attended the Outdoor Worship, the turkey BBQ lunch, and the Auction! We had 14 more quilts on the Live Auction and 14 fewer items on the Silent Auction. The day's total was \$43,745.25. This was \$8582.03 less than last year. We continue to be so thankful God has chosen to bless Riverside financially through the Auction.

If you didn't make it to the Quilt Auction, but would like to donate to our General Ministry Fund, you may do so through this website or call the office at 1-800-372-7748 or 515-733-5271. We are able to guarantee every person has the privilege of coming to camp because of generous donations.

### **Women's Retreat 2015**

Join us for the 2015 Women's Retreat to be held on September 19 and 20. Our theme for the weekend is "PreApproved". This retreat is for ALL women of ALL ages! It is a weekend of laughing, learning, playing, enjoying God's beautiful creation, drinking coffee, soaking up God's Word, worship, reconnecting with friends, making new friends, and having delicious meals served – which you don't have to cook or clean up!

We are very excited to have our speaker, Jennifer Dukes Lee, bring God's message to all the women this year. She is the author of Love Idol, a book that has sparked a nationwide movement of women declaring that they are "PreApproved" in Christ. Jennifer is an Iowa native and a former reporter for The Des Moines Register. To learn more about our guest speaker, head over to [jenniferdukeslee.com](http://jenniferdukeslee.com). Jennifer invites you to rediscover the astonishing love of our Savior who gave up heaven to prove his love for us.

Along with being filled up and renewed at this retreat, every year our women's retreat has an outreach project to help others in a tangible way. This year attendees are asked to bring items to donate to Ruth Harbor and Wings of Refuge. Ruth Harbor is a Christ-centered home for young women who are alone and facing unplanned pregnancies. "Ruth" means compassion; "Harbor" means a place of refuge, safety, retreat, and shelter. You can learn more about Ruth Harbor on their [website](http://www.ruthharbor.org). Wings of Refuge is a home in north-central Iowa that addresses human trafficking. It is a Christ-centered home working to help young women who are victimized by the practice. When you register, you will receive more specific information about the weekend and a list of things that these two homes need.

The retreat will begin at 8:30 am on Saturday and concludes with 11:45 am brunch on Sunday morning. Register by September 11 to ensure you have a spot

### **Fall Recharges**

#### **WHAT'S A RECHARGE?**

recharge - (n): The process of reloading or refueling a power source with it's proper fuel. ie: your fuel tank, your batteries, your mind, your heart.

A Recharge is a super fun weekend event at Riverside during the fall that is like a whole week of camp smashed into 40 hours! You'll have a ton of fun! Cool music, wonderful friends, great food, games, activities, free time, small groups, carpetball, foosball, awesome counselors, fabulous skits, and a "no homework guarantee"!! Everything begins between 8:00-9:00pm on Friday night and ends at noon on Sunday. You'll have a ton of fun!

#### Additional Information

Fee: \$70 (A \$25 deposit is required to register, balance may be paid upon arrival. The deposit is non-refundable and non-transferable. If registering less than one week before the recharge, please add \$5)

- Arrival is from 8:00-9:00pm on Friday, please do not arrive before 8:00pm.
- Recharge ends at noon on Sunday.
- You may want to bring some extra money as the camp store will be open selling candy, soda, t-shirts, and other great camp gear.
- Please bring your Bible, pen or pencil, paper or notebook, sleeping bag or bedding, flashlight and warm clothes for lots of outdoor activities.
- Please DO NOT bring cell phones, Game Boys, CD or MP3 players, any type of electronics, expensive jewelry, or food.

#### Dates for Fall of 2015

- October 23-25 Juniors (Grades 4-6)
- November 6-8 Junior High (Grades 6-9)
- November 13-15 Junior High (Grades 6-9)
- November 20-22 Senior High (Grades 9-12)



**What:** a 5km fundraising walk for the work of NAMI

**Where:** Iowa Farm Bureau Lake, 5400 University Avenue, West Des Moines, Iowa

**When:** Saturday, October 3. Check-in time 8:30 am; official walk start time 10:00 am

**Why:** to raise awareness about mental illness.

The NAMI Walk requires no registration fee. Join us for a morning of excitement, fellowship, good food, music, an exhilarating walk around beautiful Farm Bureau Lake, and the knowledge that you have made a difference! You may support the team by making a donation or you have the option of being a phantom walker. Be sure to designate your donation to NAMI Central Iowa - 50% of your donation will then go to NAMI-CI and the other 50% will go to NAMI Iowa.

Funds raised make it possible to train teachers, mentors and facilitators for education and support programs. Classes for individuals with mental illness, family members and Community members to attend are available at no cost to the participants. Funds also help to support the Mental Health Wellness Center and monthly educational meetings for the community sponsored by NAMI-CI.

NAMI of Central Iowa team is "Stepping Out of the Shadows". You may join the team by calling NAMI-CI office (292-9400) or by going online [www.namiwalks.org/iowa](http://www.namiwalks.org/iowa)

NAMI-CI is dedicated to improving the lives of individuals and families affected by mental illness. Its' mission is to provide them with support, education and advocacy. NAMI-CI is a United Way partner agency and is an affiliate of NAMI Iowa and of NAMI, the National Alliance on Mental Illness.

With the Mental Health redesign for the state of Iowa the area served by NAMI- CI has been expanded to include 10 counties. They will begin their work by making educational opportunities available throughout this area.

A special project in Story County is the **Mental Health Wellness Center** which celebrated its' 4<sup>th</sup> anniversary August 1<sup>st</sup>. The Wellness Center is a place where people living with mental illness have a space of their own to learn new skills, set goals for a healthy lifestyle, socialize, and reach out to help others

**When:** Monday to Friday

**Time:** 1:00pm – 4:00pm

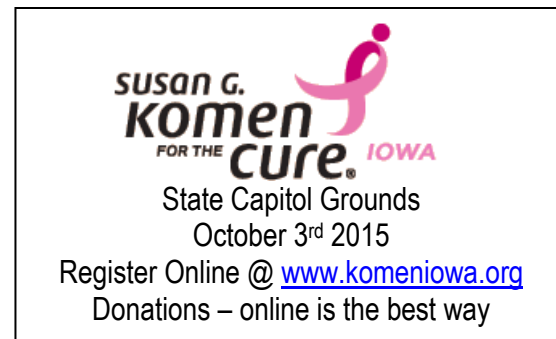
**Place:** Mental Health Wellness Center, 416 Douglas Ave., Suite 205, Ames

A monthly calendar of scheduled activities is available on line [www.namiofci.org](http://www.namiofci.org) or Call 292-9400 for more information.



Central Iowa's fall Family-to-Family 12 week course is set to begin on Tuesday, September 8, 2015 at 6:30PM. Please call 515-292-9400 or email [namiofci@gmail.com](mailto:namiofci@gmail.com) for further information and to register for the course. NAMI Family-to-Family is a free, 12-session educational program for family, significant others and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition.

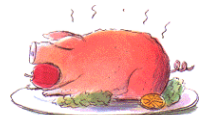
NAMI Family-to-Family is taught by NAMI-trained family members who have been there, and includes presentations, discussion and interactive exercises.



## Gilbert Lutheran 42<sup>nd</sup> ANNUAL PIG ROAST 135 School Street in Gilbert

**Saturday, Sept 26, 5-7 PM**

A Free Will Offering will be accepted, suggested ticket prices are: Adults \$10, Senior Citizens/Military \$8, Children 6-12 \$5, Children 5 & under free. Tickets may be purchased at the door or by calling the church office at 233-2421.



Menu: BBQ pork loin, potato salad, coleslaw, applesauce, baked beans, dinner rolls, homemade pies, coffee and lemonade. Carry outs are available.

All proceeds will benefit the GLC Building and Grounds Fund to assist with improvements and repairs in and around the Church property.

This month Lutheran Services in Iowa (LSI) celebrates Direct Support Professionals Week during Sept. 13 – 19. This national awareness week recognizes the dedication of direct support professionals and their important role in caring for people in our communities.

At LSI, direct support professionals partner with children and adults with intellectual disabilities to help them pursue meaningful, personal lives through their personal goals. They also provide care for children and youth at our Beloit and Bremwood Residential Treatment Centers.

This could mean helping an adult with autism live on her own or helping a child who was abused begin to heal. We thank you for your faithful support of LSI – you create so many new possibilities for children, families and adults!

LSI is proud to be an affiliated social ministry organization of the Evangelical Lutheran Church in America (ELCA). Learn more at [www.LSIowa.org](http://www.LSIowa.org) and [www.facebook.com/LSI.iowa](https://www.facebook.com/LSI.iowa).

### **Celebrating Life with Jamalia**

Jamalia is excited for the weekend. She's been saving her money for a special event: a Friday night at the movies, complete with popcorn.

Her LSI staff is excited, too—because that's who they are. They cheer people on in all parts of their lives, celebrating every accomplishment and every opportunity for joy.

Jamalia is 29, and she has autism. She and her roommate, with help from LSI's services for people with disabilities, have lived together for more than ten years. Their apartment is a cozy place with a bright yellow kitchen table, an exercise bike, puzzles and favorite movies.

LSI's 24-7 supported community living services help Jamalia with her goals, make sure she is safe and ensure she never has to be alone.

Over the years, Jamalia has built a great daily routine. Her calendar is packed with activities ranging from Special Olympics to horseback riding to exercising on her bike.

"On days when I'm not here, I'm always thinking about what Jamalia and her roommate are doing," said Haley, an LSI staff who has known Jamalia for a long time. "I enjoy being here. It's rewarding to see someone grow and learn and succeed."

Jamalia speaks with few words, and those who know her well say she uses something else instead to express herself: her wonderful smile.

And for LSI, celebrating life with Jamalia is definitely something to smile about!

LSI is proud to be an affiliated social ministry organization of the Evangelical Lutheran Church in America (ELCA). Learn more at [www.LSIowa.org](http://www.LSIowa.org) and [www.facebook.com/LSI.iowa](https://www.facebook.com/LSI.iowa).

**The Lutheran** – The current issue of the Lutheran is available on the table in Fellowship Hall. Coming up in the September edition of *The Lutheran*:

**Rise up!** In July, nearly 30,000 of the ELCA's youth and young adults gathered in Detroit to serve, worship and learn under the theme "Rise Up Together." In The Lutheran's September issue, experience the ELCA Youth Gathering through words and photos featured in a special 10-page section.

**Is God enough?** In her September column for The Lutheran, Presiding Bishop Elizabeth A. Eaton says if God is enough, we have everything we need. If God is enough, we can be free from attachments to our plans, self-will and success.

**Who's image?** The Lutheran is a resource for adult forums and individual study. In the September issue, discuss "Image of God" with columnist Peter Marty, who says we should focus our ideas of resemblance on God's activities, powers. Think about liberal arts colleges as communities of memory and hope. Discuss raising disciples—and allowing children to model Christ for adults too (to help your discussion of this article, visit [www.thelutheran.org](http://www.thelutheran.org) for a study guide).

**Young ideas.** The Lutheran is a resource for youth ministry. In the September issue, **find** out how to spark faith in your youth groups ... **learn** how congregations can help prevent child sexual exploitation ... **bless** backpacks and youth at the start of the school year ... and **see** how you can help youth learn about homelessness.

**We are the ELCA.** In the September issue of The Lutheran **see** how an ELCA member grasps college, church and the future after a double-hand transplant ... **travel** to San Francisco, where a transgender ELCA pastor finds a warm welcome ... **meet** an ELCA member whose environmental vocation sprang from camp ... **take** a bike ride in Iowa with Lutheran Men in Mission ... and **see** how Lutherans are breeding "better cows" in Senegal.

### **Coming up in future issues of The Lutheran:**

- **October cover story:** What did the Reformation mean for women?
- **Top dog:** Rusty brings cheer to ELCA nursing home.
- **Walking together:** College professor ministers to a death row inmate
- **Wedding bells:** Michigan man builds chapel to honor his wife
- **Peaceful dialogue:** Roanoke College students raise awareness of Israeli-Palestinian conflict.
- **On air:** Wisconsin congregation shares faith stories using old-fashioned radio.
- **November cover story:** Investment—how has the philosophy of giving changed among younger members?