


# APRIL 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 5:00 – 6:00 – Show Practice 6:00 – 6:50 – Show Practice	2 5:00 – 6:00 – Show Practice 6:00 – 6:50 – Show Practice	3 4:00 – 5:00 - FS 5:00 – 6:00 – FS 6:00 – 6:50 – LTS	4 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 –LOW FS 6:00 – 6:50 – Show Practice	5 4:00 – 5:00 – FS 5:00 – 5:50 – FS	6 8:30 – 9:30 FS 9:30 – 10:30 FS 10:30 – 11:20 FS 11:30 – 12:00 Show Practice 12:00 – 12:30 Show Practice 12:30 – 12:50 Stroking – HIGH & LOW
7 10:00-11:00 – FS 11:00-11:50 – FS 12:00-12:50 – Show Practice	8 5:00 – 6:00 – Show Practice 6:00 – 6:50 – Show Practice	9 5:00 – 6:00 – Show Practice 6:00 – 6:50 – Show Practice	10 4:00 – 5:00 - FS 5:00 – 6:00 – FS 6:00 – 6:50 – LTS	11 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 –LOW FS 6:00 – 6:50 – Show Practice	12 <b>NO SKATING</b>	13 <b>NO SKATING</b>
14 <b>NO SKATING</b>	15 5:00 – 6:00 – Show Practice 6:00 – 6:50 – Show Practice	16 5:00 – 6:00 – Show Practice 6:00 – 6:50 – Show Practice	17 4:00 – 5:00 Salvation Army 5:00 – 5:30 – FS 5:30 - 6:00 – LTS SHOW 6:00 – 6:50 – LTS	18 1:00 - 3:30 Test Session 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 –LOW FS	19 4:00 – 5:00 – FS 5:00 – 5:50 – FS	20 8:30 – 9:30 FS 9:30 – 10:30 FS 10:30 – 11:20 FS 11:30 – 12:00 HIGH Style 12:00 – 12:30 LOW Style 12:30 – 12:50 Stroking – HIGH & LOW
21 <b>NO SKATING</b> 	22	23	24 4:00 – 5:00 - FS 5:00 – 6:00 – FS 6:00 – 6:50 – FS	25 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 –LOW FS	26 4:00 – 5:00 – FS 5:00 – 5:50 – FS	27 8:30 – 9:30 FS 9:30 – 10:30 FS 10:30 – 11:20 FS 11:30 – 12:00 HIGH Style 12:00 – 12:30 LOW Style 12:30 – 12:50 Stroking – HIGH & LOW
28 10:00-11:00 – FS 11:00-11:50 – FS 12:00-12:50 – Show Practice	29 5:00 – 6:00 – Show Practice 6:00 – 6:50 – Show Practice	30 5:00 – 6:00 – Show Practice 6:00 – 6:50 – Show Practice				