



Nutrition

With all the brands of cat food and sources of information out there, feeding your kitten can be no easy task! Check out the FAQs below to demystify kitten nutrition

Brand? RVS recommends Purina, IAMS, Royal Canin, or Hill's pet foods. These brands spend a significant amount of time and money on researching the efficacy and safety of their foods. As pet food is not as closely regulated as human food, claims made by other brands may not be backed up by science.

Type? It is best to feed your cat kitten food until they are 8-12 months old. For dental health, it is best that cats and kittens receive mostly dry food. However, supplementing your pet's diet with small amounts (around 1 tablespoon) of wet food can be extremely helpful in ensuring that they get enough moisture. Cat fountains or other alternative water containers may also be beneficial to ensure adequate water consumption.

What if I don't want to feed my kitten the same food the breeder/rescue was using? That is fine, but kittens that switch foods abruptly may develop diarrhea. To prevent this, transition your kitten to her new food over 2-3 weeks, so her digestive system can adjust.

Amount? Most kittens do well with free choice access to food during their first year of life.