The Emerging Role of BTK Inhibitors in the Treatment Landscape

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# **Learning Objectives**

- Describe the role of the B-cell receptor (BCR) pathway in the survival and proliferation of cancer cells and the rationale for targeting this pathway in CLL/SLL.
- Examine the latest efficacy data on the use of BTK inhibitors in treatment-naïve and relapsed/refractory CLL and review the most recent guideline recommendations for CLL/SLL management.
- Discuss the unique adverse events that may arise with the use of BTK inhibitors and explore evidence-based strategies to ensure the timely recognition and proper management of these adverse events.
- Using a case-based approach, evaluate effective strategies that oncology nurses can employ to optimize therapy, anticipate and manage toxicities, improve adherence to oral chemotherapy and promote collaborative discussion with other members of the oncology care team to ensure optimal CLL patient outcome and shared decision-making.



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# Targeting the BCR Pathway in CLL: A Novel Approach

### Chronic Lymphocytic Leukemia Overview

- Most common leukemia in the Western world
  - >20,000 new cases/year in the United States with ~4,000 deaths
- Median age at diagnosis = 70
- Heterogeneous disease with wide-ranging clinical course
- Strongest tendency of leukemias for family aggregation
- Incurable with standard chemotherapy
- Small, mature lymphocytes accumulated in peripheral blood and/or bone marrow (CLL) or primarily in lymph nodes and bone marrow (SLL)

Brown JR. *Expert Rev Hematol*. 2008; Nosari A. *Mediterr J Hematol Infect Dis*. 2012; https://seer.cancer.gov/statfacts/html/clyl.html; NCCN. CLL/SLL Guidelines. v4.2020.



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#### Chronic Lymphocytic Leukemia Diagnostic Markers

- <u>Flow cytometry</u> of blood adequate for diagnosis of CLL/SLL
  - − Monoclonal B lymphocytes  $\geq$ 5 x 10<sup>9</sup>/L in peripheral blood
- Immunophenotyping identifies surface markers
  - Distinguishes CLL/SLL from other B-cell malignancies
  - Typically: CD5+, CD23+, CD43+/-, CD10-, CD19+, CD20 dim, and cyclin D -

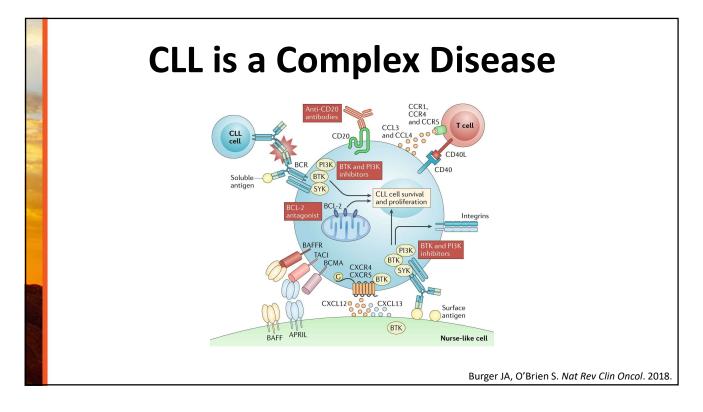
NCCN. CLL/SLL Guidelines. v4.2020.

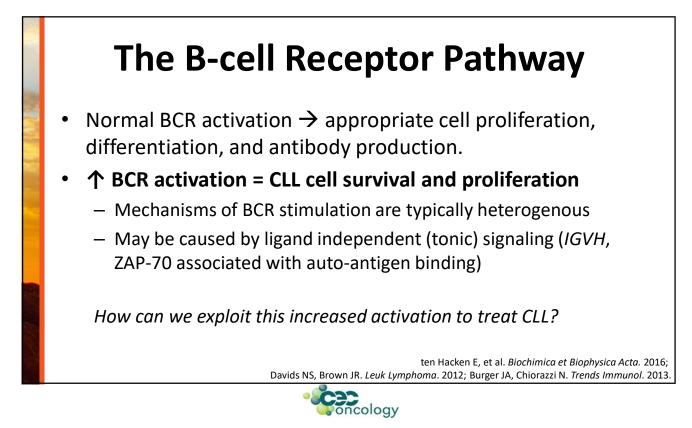
#### **Genetic Abnormalities in CLL/SLL** *Guiding Prognosis & Treatment Modalities*

Genomic aberration	Prognosis
Deletions in 13q14	Favorable
Deletions in 14q32.33	Favorable
IGHV mutation	Favorable
Del(6q)	Intermediate
Trisomy 12	Intermediate
Deletion in 17p13	Unfavorable
Deletions in 11q22 (ATM)	Unfavorable
Complex karyotypes	Unfavorable
Elevated beta-2 microglobulin	Unfavorable
TP53 mutation (vs wild-type)	Unfavorable

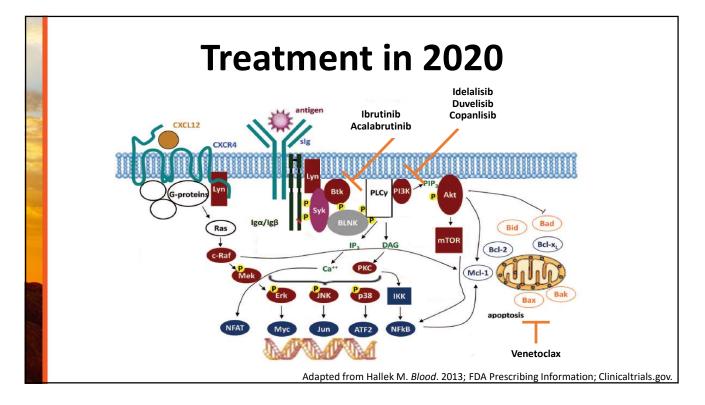
Yeung CC, Shadman M. Curr Oncol Rep. 2019; NCCN. CLL/SLL Guidelines. v4.2020; Gentile M, et al. Haematologica. 2009.

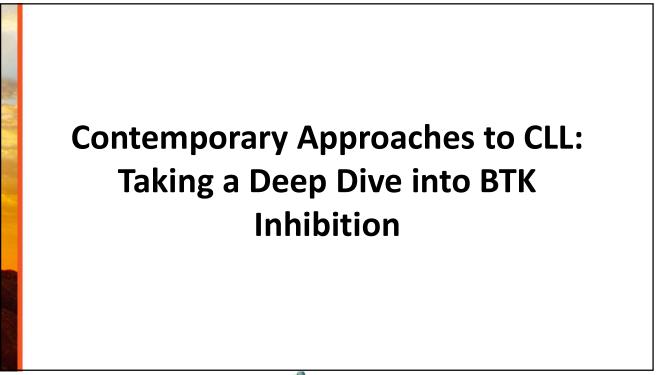






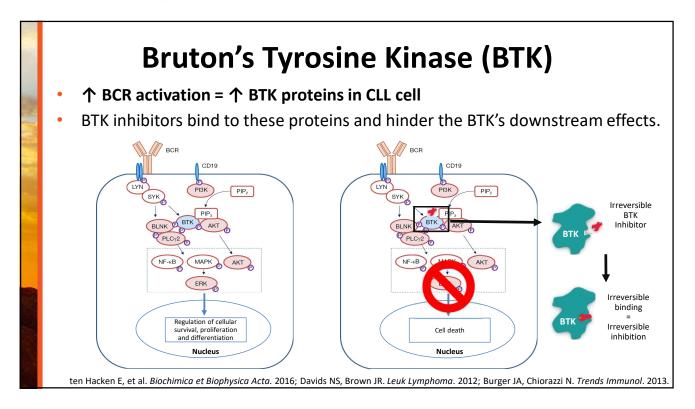
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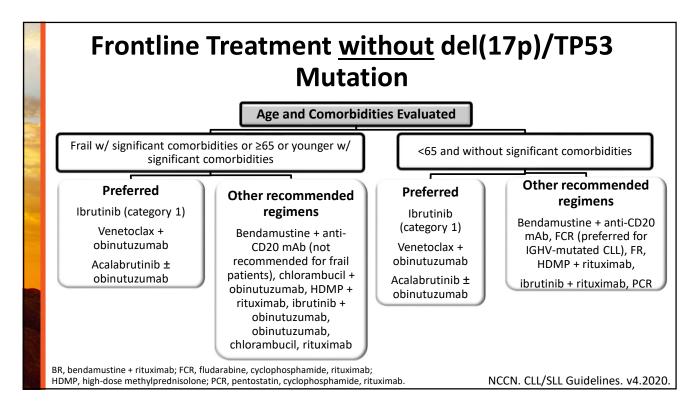


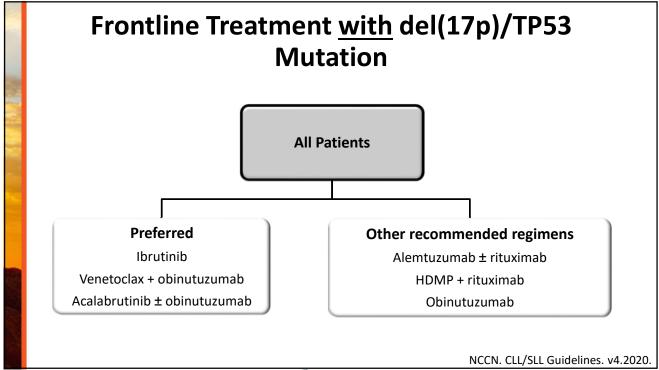
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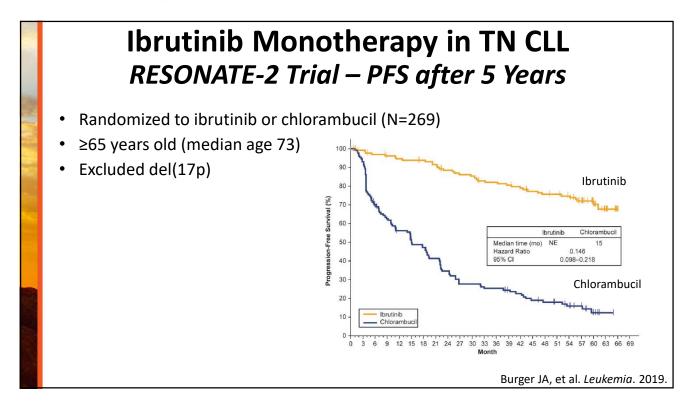
BTK Inhibitors for the Treatment of CLL/SLL				
Therapy	FDA-approved CLL Indication			
Ibrutinib	<ul> <li>Approved for CLL/SLL with or without del(17p)</li> <li>420 mg tablet PO once daily</li> </ul>			
Acalabrutinib	<ul><li> Approved for CLL/SLL</li><li> 100 mg tablet PO Q12H</li></ul>			
Zanubrutinib	Under investigation			
Tirabrutinib	Under investigation			
Vecabrutinib	Under investigation			
	FDA Prescribing Info			

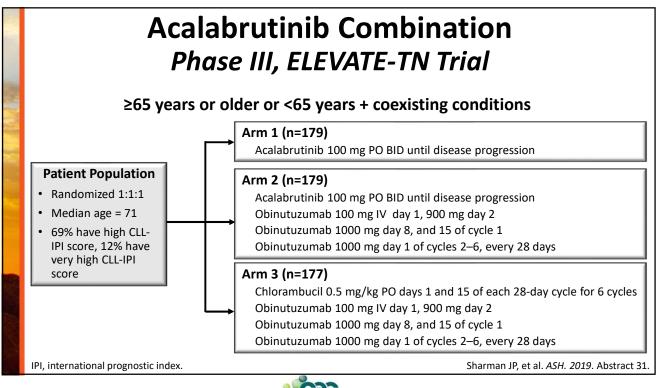




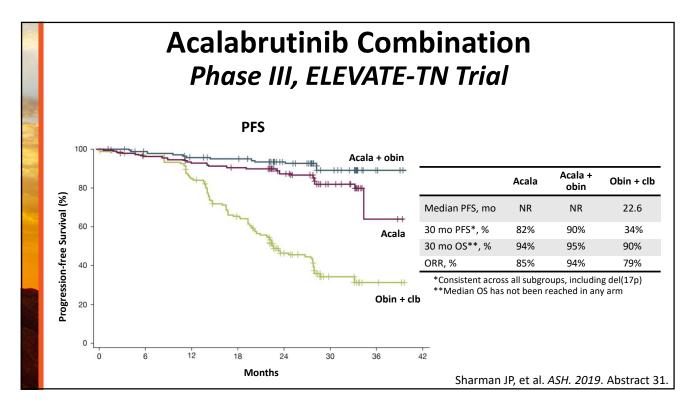


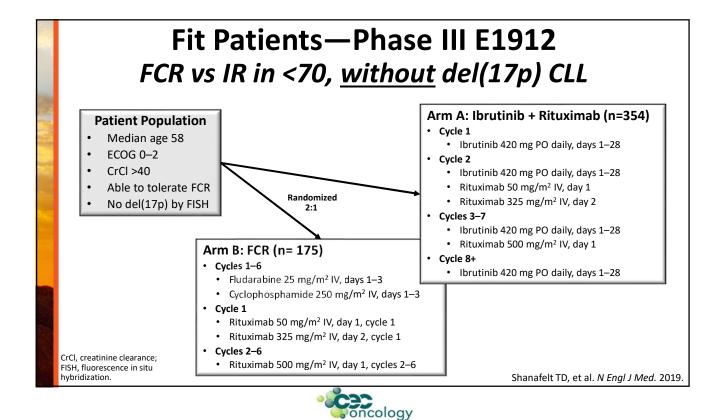




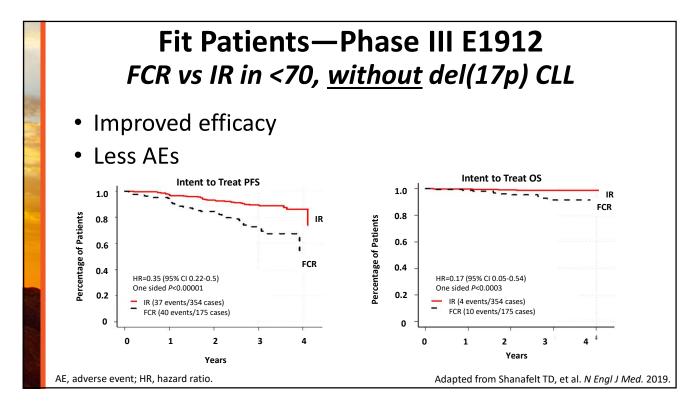








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#### **Patient Selection for Frontline Treatment**

- Ibrutinib plays a crucial role in frontline treatment in NCCN Guidelines
  - Regardless of high-risk features
  - With or without comorbidities
- BTK combinations require more research
  - IR combination has not demonstrated benefit over monotherapy in those ≥65 yo
  - Acalabrutinib and ibrutinib combinations with obinutuzumab seem promising
- Alternative combinations such as venetoclax + obinutuzumab have similar PFS
  - Fixed duration may impact preference
  - May also be preferred over ibrutinib in those with cardiac comorbidities or predisposition for AEs

NCCN. CLL/SLL Guidelines. v3.2020.



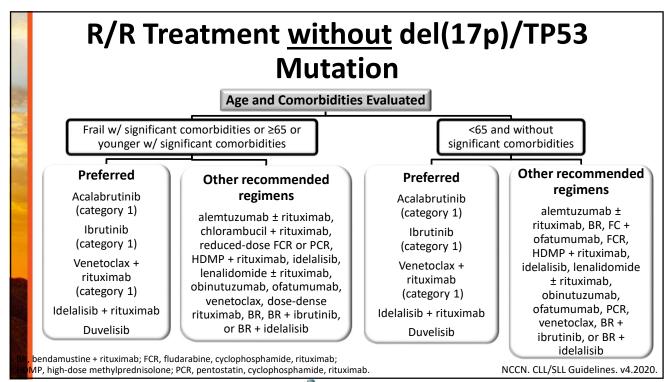
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#### **Ongoing and Future Trials for Frontline CLL**

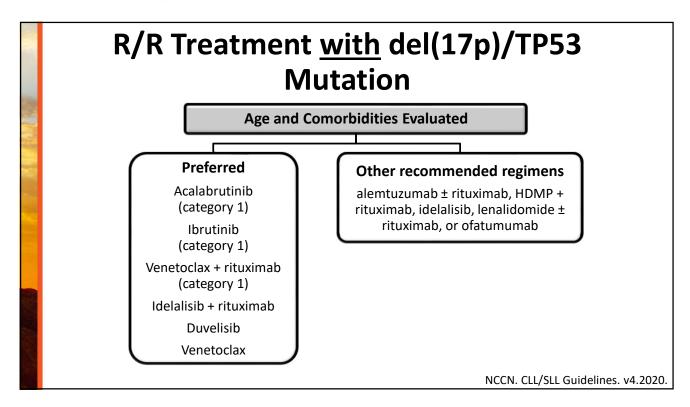
Trial	Patients	Study Arms	Available Data
<b>SEQUOIA</b> Ph III (NCT03336333)	≥65 years old or younger if comorbidities	<ul> <li>Zanubrutinib</li> <li>Zanubrutinib + venetoclax</li> <li>Bendamustine + rituximab</li> </ul>	At median f/u of 7 months: ORR of 92%
ASSURE Ph III (NCT04008706)	TN cohort (further stratified by concomitant warfarin use)	Acalabrutinib	-
<b>EA9161</b> Ph III (NCT03701282)	All comers, no del(17p)	<ul> <li>Ibrutinib + venetoclax + obinutuzumab</li> <li>Ibrutinib + obinutuzumab</li> </ul>	
<b>GLOW</b> Ph III (NCT03462719)	≥65 years old or younger if comorbidities	<ul><li>Ibrutinib + venetoclax</li><li>Obinutuzumab + chlorambucil</li></ul>	-
<b>AVO</b> Ph II (NCT03580928)	All comers	<ul> <li>Acalabrutinib + venetoclax + obinutuzumab</li> </ul>	<ul> <li>Interim TN cohort data:</li> <li>100% PR; 75% CR</li> </ul>

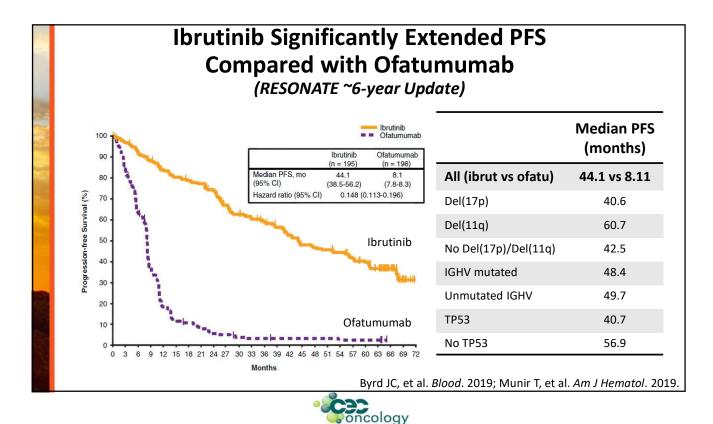
www.clinicaltrials.gov; Tam CS, et al. ASH. 2019. Abstract 499;

Lampson BL, et al. ASH. 2019. Abstract 32; Fischer K, et al. N Engl J Med. 2019; Jain N, et al. ASH. 2019. Abstract 34.

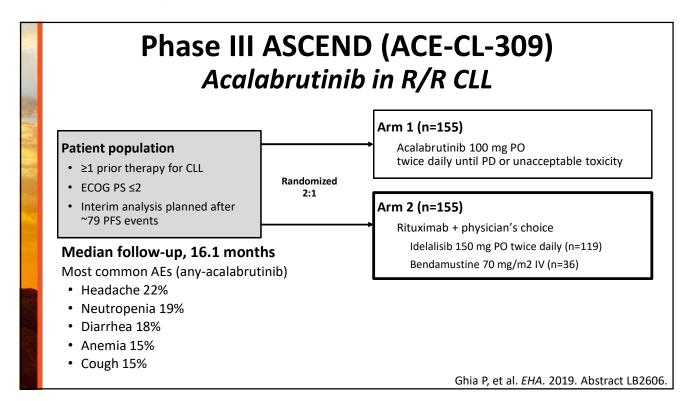


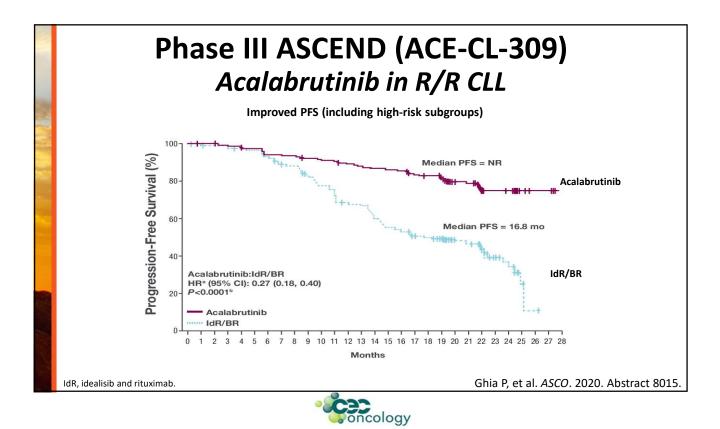












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## **Ongoing and Future Trials for R/R CLL**

Trial	Patients			Study Arms	Available Data
<b>ALPINE</b> Ph III (NCT03734016)	Relapsed/refractory		Zanubrutinib Ibrutinib		-
<b>ACE-CL-006</b> Ph III (NCT02477696)	Previously treated, high-risk		Acuidoracimo		_
Ph II (NCT04169737)	Relapsed after and/or refractory to ≥1 prior therapy			+ obinutuzumab + venetoclax + early obinutuzumab +	-
Ph II (NCT02029443)	Relapsed/refractory, ≥1 prior therapy		Acalabrutinib		<ul> <li>ORR: 94%</li> <li>CR: 4%</li> <li>PR: 84%</li> <li>PD: 1%</li> </ul>
Ph II (NCT04116437)	Previously treated, ibrutinib intolerant		Zanubrutinib		-
Ph II (NCT02756897)	Relapsed/refractory, ≥1 prior therapy (cohort 1)	•	lbrutinib + ve	netoclax	<ul> <li>After 24 cycles, 67% achieved BM uMRD remission</li> </ul>





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#### **BTK Inhibitor Cardiovascular Adverse Event Management**

Toxicity	Ibrutinib	Acalabrutinib
Hemorrhage/Bleeding	44% ≥Gr3—3%	50% ≥Gr3—2%
Increased risk of bleeding on concomitant anticoagulant th	erapy or antiplatelet therapy	
• Consider risk/benefit of withholding for 3–7 days pre- and	post-surgery	
Afib/flutter	5%-77%	3%
<ul> <li>lightheadedness, syncope, chest pain) or new onset dyspne</li> <li>Manage cardiac arrhythmias and manage as appropriate</li> </ul>		
Hypertension	12%	NR
Monitor for new/uncontrolled hypertension		

#### **Risk Factors for Developing Atrial Fibrillation** Hypertension Heart failure 1. Careful history and Diabetes mellitus assessment-numerous risk Age score calculators Obesity 2. Optimize modifiable factors • Excess alcohol consumption Valvular heart disease, murmur 3. Reassess on regular basis COPD 4. Educate patient and Hyperthyroidism caregivers Obstructive sleep apnea Chronic kidney disease Acute infections Stuhlinger MC, et al. Wien Klin Wochenschr. 2019; Wiczer TE, et al. Blood Adv. 2017; COPD, chronic obstructive pulmonary disease. https://www.framinghamheartstudy.org/fhs-risk-functions/atrial-fibrillation-10-year-risk/.



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#### Special Considerations for BTK Inhibitor AE Management

Toxicity	Ibrutinib	Acalabrutinib
Infections	≥Gr3—24%	≥Gr3—18%
<ul> <li>Cases of progressive multifocal leukoencephalopathy (PML), pneumocystis jirovecii p reactivation (acalabrutinib) have occurred</li> <li>Monitor and evaluate patients for fever and infections; treat appropriately</li> </ul>	neumonia (ibrutinib), and i	nfections due to hepatitis B
Lymphocytosis	33%	32%
Presents during the first few weeks of therapy and typically resolves by 2 months		
Second Primary Malignancies	9%	11%
<ul> <li>Most common malignancy seen is skin cancer</li> <li>Advise protection from sun exposure and encourage routine cancer screening</li> </ul>		
Arthralgias	24%	16%
<ul> <li>Usually occurs early in the treatment course</li> <li>APAP or short course of prednisone therapy; anti-inflammatory agents, such as ibupr</li> <li>Transition to a selective BTKi, such as acalabrutinib can diminish or resolve this toxicit</li> </ul>		minimize bleeding
Headache	13%	39%
<ul> <li>Usually observed early in therapy and typically resolves over 1–2 months</li> <li>Generally well managed with analgesics, such as acetaminophen and caffeine supplet</li> </ul>	ments	
FDA Prescribing Information; Stephens DM, et al. Blood. 2019; Rogers B, Khan N. J Ad	v Pract Oncol. 2017; NCCN C	CLL/SLL Guidelines. Version 4.2

#### **General BTKi Dose Modifications Due to AEs**

- **Ibrutinib:** ≥grade 3 non-hematological toxicities, ≥grade 3 neutropenia with infection or fever, or grade 4 hematological toxicities
- Acalabrutinib: ≥grade 3 non-hematological toxicities, grade 3 thrombocytopenia with bleeding, grade 4 thrombocytopenia, and grade 4 neutropenia lasting longer than 7 days

Toxicity			
Occurrence	Ibrutinib 560 mg	Ibrutinib 420 mg	Acalabrutinib 100 mg
First		d to grade 1 or baseline; may be starting dose	Interrupt therapy until
Second	Interrupt therapy until resolved to grade 1; restart at 420 mg daily	Interrupt therapy until resolved to grade 1; restart at 280 mg daily	resolved to grade 1 or baseline level; may be resumed at 100 mg
Third	Interrupt therapy until resolved to grade 1; restart at 280 mg daily	Interrupt therapy until resolved to grade 1; restart at 140 mg daily	daily
Fourth	Fourth Discontinue		

FDA Prescribing Information.

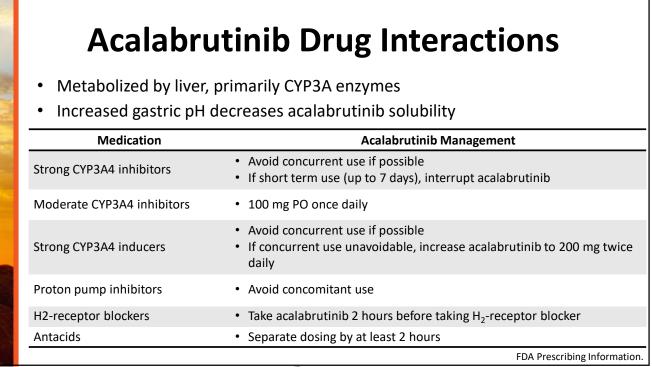


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# **Ibrutinib Drug Interactions**

- Metabolized by liver, primarily CYP3A4 substrate, also inhibits P-gp
- Avoid concomitant administration with CYP3A4 inhibitors/inducers and P-gp substrates, if possible
- Prospective trial reported two-thirds of patients on medications that potentially interact with ibrutinib

Examples					
<b>(P3A4 Inhibitors</b> Clarithromycin, erythromycin, itraconazole, fluconazole, posaconazole, voriconazole, ritonavir, indinavir, nelfinavir, fosamprenavir, diltiazem, verapamil, amiodarone, dronedarone					
Rifampin, carbamazepine, phenytoin, St. John's wort					
Dabigitran, digoxin, methotrexate					
Managamant	Dosing Examples				
Management	Dosing Examples				
If short term (<7 days), consider interrupting ibrutinib	Voriconazole 200 mg PO BID—decrease to 140 mg PO daily				
	Clarithromycin, erythromycin, itraconazole, fluconazole indinavir, nelfinavir, darunavir, fosamprenavir, diltiazen Rifampin, carbamazepine, phenytoin, St. John's wort Dabigitran, digoxin, methotrexate				





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# **BTKi and Invasive Procedures**

What recommendations would you provide regarding BTK inhibitor therapy?

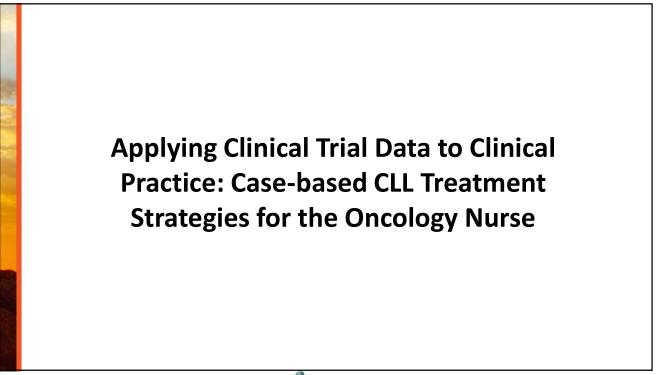
- Both ibrutinib and acalabrutinib recommend holding for 3–7 days pre- and postinvasive procedures
  - For major procedures, hold ibrutinib 7 days prior to procedures and resume at 1–3 days or based on individual factors
- For urgent procedures, platelet transfusion to achieve 50% fresh platelets

#### Management of bleeding?

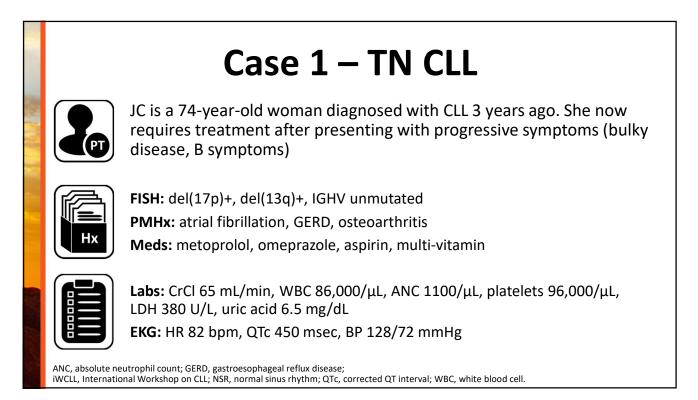
- Low grade bleeding—supportive care
- Non-CNS bleeding—hold BTKi and transfuse platelets
- CNS bleeding—individualize considerations for platelet transfusion

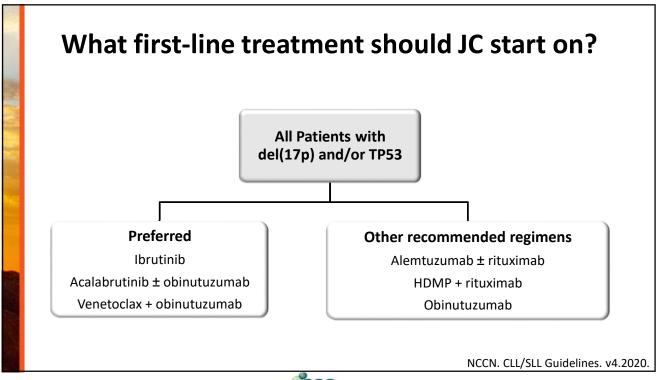
CNS, central nervous system.

Shatzel JJ, et al. *J Thromb Haemost*. 2017; Gribben JG, et al. *Br J Haematol*. 2018; FDA Prescribing Information.



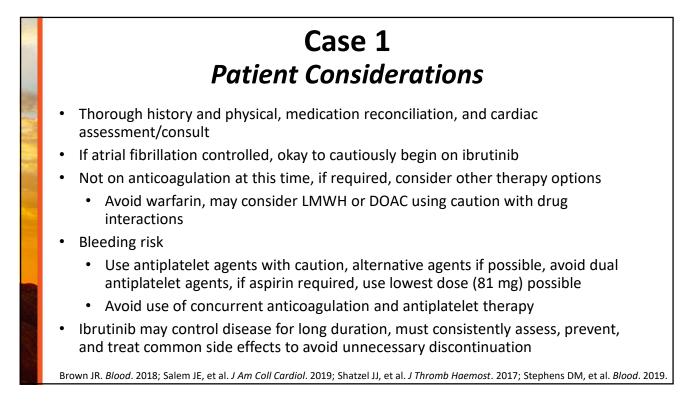


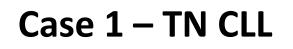






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JC was started on ibrutinib 420 mg PO once daily and responded well to therapy. After a year of ibrutinib therapy, she began to consistently experience elevated blood pressure (>160/90).

What should be done for JC at this time?

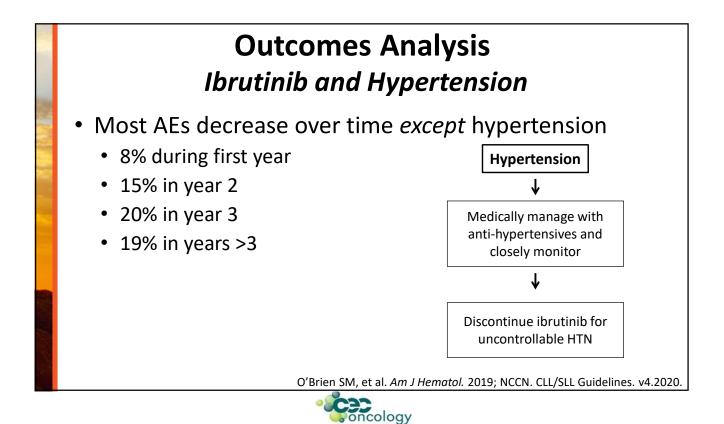


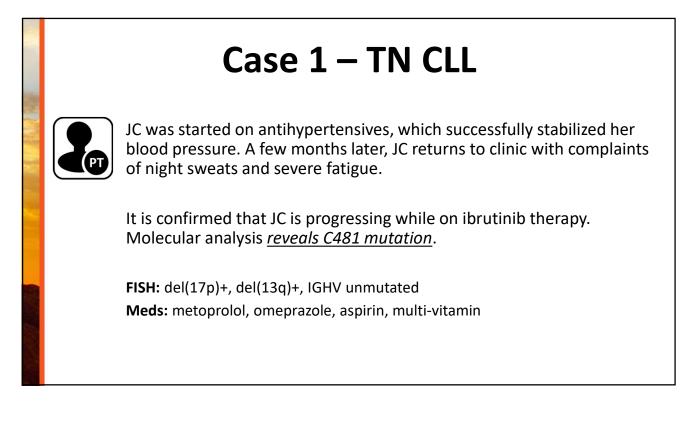
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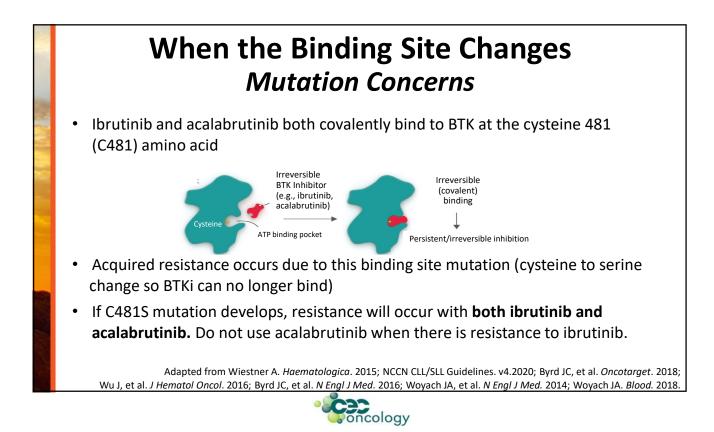
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#### **BTK Inhibitor Cardiovascular Adverse Event Management**

Toxicity	Ibrutinib	Acalabrutinib
Hemorrhage/Bleeding	44% ≥Gr3—3%	50% ≥Gr3—2%
<ul> <li>Increased risk of bleeding on concomitant anticoagulant</li> </ul>	t therapy or antiplatelet therapy	
<ul> <li>Consider risk/benefit of withholding for 3–7 days pre- at</li> </ul>	nd post-surgery	
Afib/flutter	5%-77%	3%
Manage cardiac arrhythmias and manage as appropriate		
Hypertension	12%	NR
<ul> <li>Monitor for new/uncontrolled hypertension</li> </ul>		









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What Is	Next?
Overcoming	Inhibition

_				
	<b>BTK</b> inhibitor	Mechanism	Selectivity for BTK	Phase of development
1	Zanubrutinib	Covalent, Irreversible	Moderate	II/III
	Tirabrutinib	Covalent, Irreversible	High	1/11
	Vecabrutinib	Non-covalent, Reversible	Moderate	1/11
	LOXO-305	Non-covalent, Reversible	High	I
	ARQ-531	Non-covalent, Reversible	Low	I.

#### Reversible, non-covalent BTKis may mitigate resistance

- Trial with ARQ 53, found cytotoxicity at 72 hours against ibrutinib resistant cell lines
- Activity in heavily pretreated patients with BTK mutations
- Well tolerated

Reiff SD, et al. Cancer Discov. 2018;

Woyach JA, et al. EHA. 2018. Abstract PF355; Bond DA, Woyach JA. Curr Hematol Malig Rep. 2019.





EP is a 64-year-old male who has new symptoms of increasing cervical lymphadenopathy, fatigue, and left upper quadrant fullness.

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**PMH:** diagnosed with CLL 3 years ago and treated with FCR, achieving a complete response; hypertension; diabetes; multivessel coronary artery disease s/p stents (requiring prolonged dual antiplatelet therapy); and GERD

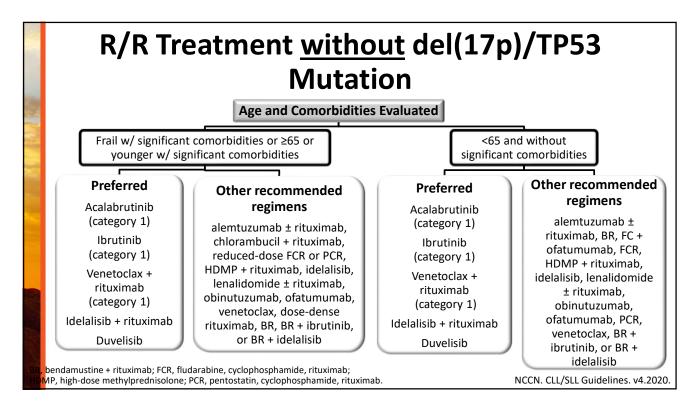
Disease: del(11q), unmutated IGHV, and TP53 wild type

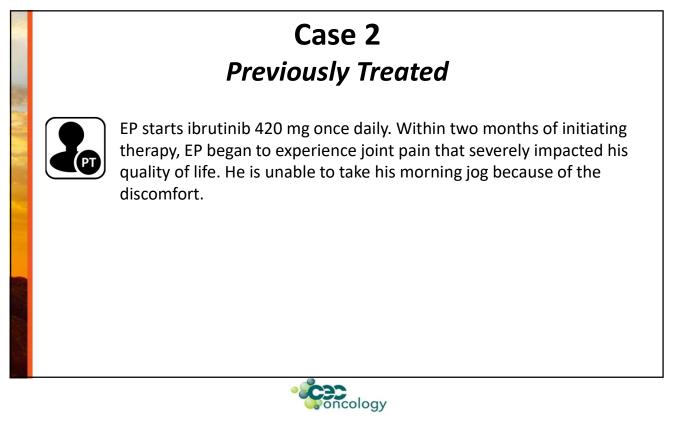


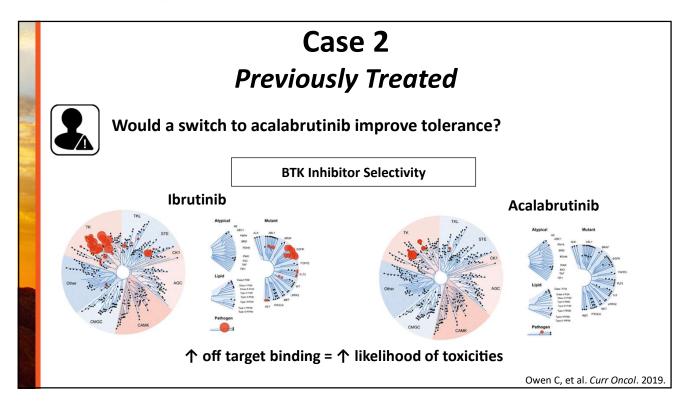
**Meds:** aspirin, ticagrelor, lisinopril, hydrochlorothiazide, metformin, and pantoprazole

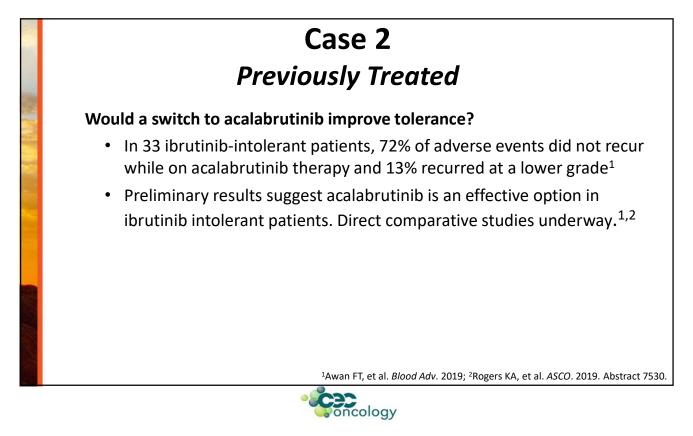
Labs: CrCl 52 ml/min, Hb 11.2 gm/dL, WBC 55,000/  $\mu L$ , ANC 1600/ $\mu L$ , and Plt 147,000/ $\mu L$ 











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#### Case 2 Previously Treated

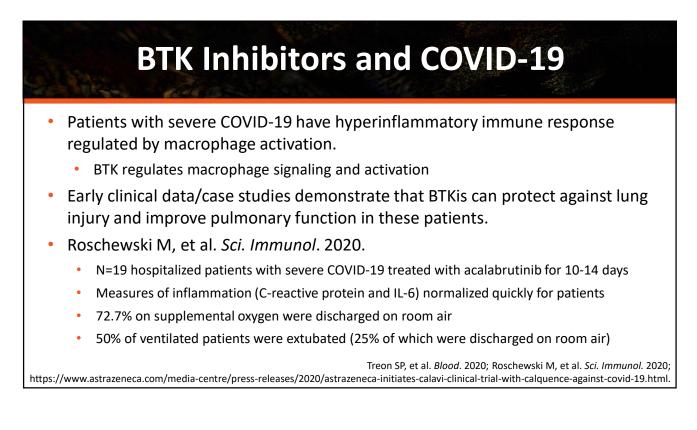


- EP was treated with multiple courses of steroids to treat the arthralgia experienced with ibrutinib. Unfortunately, his joint pain would continue to come back. EP noted that he had missed a "couple doses here and there" in hopes that it would alleviate the pain.
- EP was switched to acalabrutinib 100 mg PO every 12 hours. His arthralgia dissipated within a couple of weeks of therapy. EP calls the clinic stating that he has been having headaches more frequently than usual. He wants to know if this has anything to do with his acalabrutinib treatment.

#### **Considerations to Ensuring BTKi Therapy Success**

- Continued medication access
  - Unfunded, private insurance, Medicare part D
  - Pharmaceutical company support/programs, prior authorization/appeal support, utilization of approved compendia for off-label use
- Reinforce patient and caregiver education
  - Compliance
  - Adverse events
- Ongoing reassessment of new medications, OTC
  - Dosing/drug interactions





Notes



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