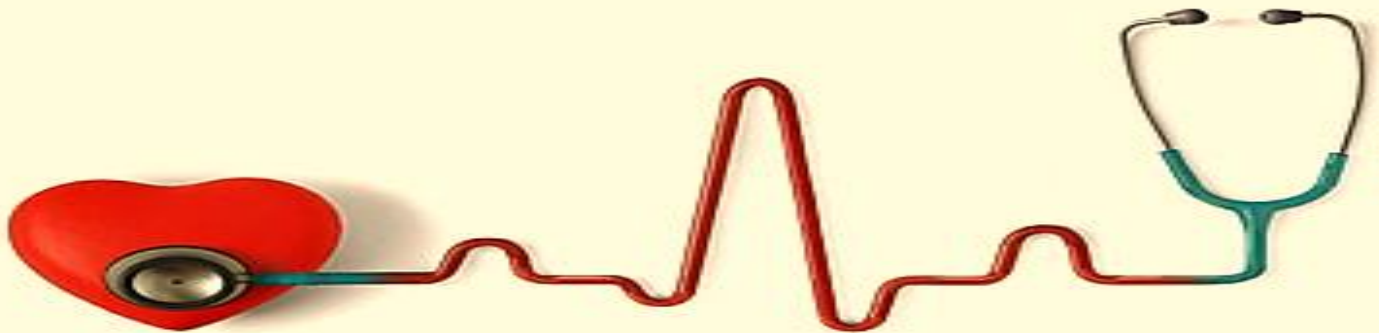


HEALTH FAIR



WEDNESDAY
MARCH 20, 2019
1 p.m. – 3 p.m.

Wellness Center Central invites you to join us as we host our Annual Health Fair. Come and learn more about how your physical health is important to your mental health recovery.

401 S. TUSTIN ST. #C
ORANGE, CA 92866

*For more information, please contact Sohail Eftekhazadeh.
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(714) 361-4860*



Our goal at Wellness Center Central is to provide a safe and nurturing environment for each individual to achieve their vision of recovery while promoting acceptance, dignity and social inclusion.

Take advantage of this opportunity to learn about the resources and programs that are available in your community and the role they can play in your recovery.

- *CHIOC – Community Health Initiative of Orange County*
- *Waymakers - Community Service Program*
- *NAMI Orange County*
- *Orange Coast College*
- *211 Orange County*
- *Orange County Health Care Agency*
- *NewLung*
- *AccessCal*
- *Hearing Loss Association*
- *Zen Tea House*
- *And more...*

KEYNOTE SPEAKER **Fernando Lopez, Founder and CEO**

Fernando Lopez is the founder and CEO of Zen's Tea House, which is based in Southern California. Mr. Lopez, while serving in the United States Navy, visited many sacred religious sites throughout Southeast Asia and the Middle East. His travels inspired him to create Zen's Tea House, established in 2012. Zen's Tea House specializes in the manufacturing of "Loose Leaf Botanical Nutraceuticals" which not only supplement the diet but provides medical benefits as well. The mission of Zen's Tea House is to support alternative health by "Helping People Through the Power of Tea," and by producing an assortment of teas and herbs available for public consumption.

