## Idaho Driver Education and Training

## Strategies for Rural Driving



Photograph courtesy of the AAA Foundation

## Crash Statistics

- Idaho roadways are 96 percent rural
- Currently, over 50 percent of all crashes in Idaho occurr on rural roadways
- Idaho, Montana, Utah, Wyoming have the nation's highest death rate on all roads



## Crash Statistics

The high percentage of rural roadways in Idaho may account for the high fatality rate

- Rural crashes are more likely to be head-on collisions
- Rural crashes involve more single vehicle rollovers, collisions with fixed objects and serious injuries
- It takes emergency medical services longer to reach rural crash scenes than urban
 crashes



## Crash Statistics

A federal study found that there is a greater chance of severe vehicle damage in rural area crashes and of people being ejected from their cars


What could contribute to people being ejected from their cars?

## Rural Road Characteristics

Many rural roads were designed when traffic speeds were slower and modern engineering was not available


Photography by Don Klosterman

- Few traffic signs, sharp curves, and steep hills
- Less crowded and often have high speed limits
- May not have advisory speed limits posted beneath curve warning signs
- Fewer hazards than urban areas but higher speed limits allow hazards to be reached more quickly


## Rural Road Narrow Width

## Narrow roads may have:

- No shoulders or uneven surfaces
- Poor drainage
- Mailboxes, signs, and trees closer to the edge of the roadway


What driver behavior could cause a driver to hit this tree?


How many potential hazards exist in this scene?


How many potential hazards exist in this scene?

## Uneven Surface

- Roads can be broken pavement or gravel creating inconsistent traction
- "Washboard" surfaces can cause loss of traction
- Changing road surface can cause loss of control
- Soft and unmarked shoulders are especially hazardous at night



## Signs and Markings on Rural Roads

- Traffic controls and roadway markings are inadequate
- Crash protection devices found on urban roads are lacking
- Signs may or may not be accurate or present



## Rural Road Hazards

## Rural Roads may:

- Have more hazards
- Not be cleaned as often as city streets
- Contain roadway debris
- Have less snow removal


The markings on this road are difficult to see.

Is this a common rural problem?


## How can an oncoming driver avoid this debris in the road?

## Rural Road Characteristics

## Mud, Gravel and Dirt

- Harvest season can create large chunks of mud in and along the side of the road
- Vehicle windows can accumulate dirt and gravel



## Line-of-Sight (LOS) Restrictions

- Hills and curves can restrict LOS
- Crops, trees and bushes can create LOS restrictions
- Fences close to the roadway edge can create large visual
 obstructions


## Reduced Lighting on Rural Roads

- Low lighting or no lighting to help drivers see the roads
- Right side of lane may not have a painted white fog line
- Retro- reflective signs are more visible to the driver



## Good Habits to Manage Time and Space

Use longer following distances when:

- Following a snowplow
- Following farm equipment
- Pulling a trailer
- Driving on surfaces with less traction
- Visibility is reduced
- Other?
- Use your orderly visual search pattern
- Search 20-30 seconds ahead ( $1 / 2$ to $3 / 4$ mile)
- Reduce speed when there is a line-of-sight or path-of-travel restriction



## Two-Lane Rural Roads

- Curves
- May be sharp and lack warning signs
- May be narrow without shoulders
- Hills
- Are usually not marked unless very steep
- Some vehicles may
 have difficulty maintaining speed going uphill
- Uphill vehicles have the right of way


## Two-Lane Rural Intersections

- Many are uncontrolled and hidden
- Identify intersections early by looking for:
- Loose gravel in the roadway
- Electrical, telephone, or utility lines
- Reflectors marking driveways
- Mailboxes - may be across the road from the driveway



## Rural Two-Lane Intersections

- T-intersections the driver on the main road has the right of way
- Y-intersections may be controlled by signs - know what the sign means before moving into the intersection



## Rural Multi-Lane Roads

- Multi-lane roads have four or more lanes
- Intersections may or may not have traffic signs/signals
- Two-lane roads may cross a multi-lane road
- Multi-lane roads may be divided by a guardrail or a median strip



## Scenic Byways

- Scenic byways are highways and local roads officially recognized as scenic or historical by the federal or
 state government


## Three Types of Scenic Byways

- Scenic, Historical and
 Backcountry
- All are marked with brown signs
- Scenic and historical byways are usually two-lane paved roads
- Many byways have
- Steep grades that are closed in winter
- Narrow, windy roads


You are the driver of the oncoming white car behind the red pickup truck in front of you. When will it be safe to pass the pickup truck?

## Passing on Two-Lane Rural Roads



- Passing on two-lane rural roads can be very risky because:
- Low traction - Narrow roads
- Low lighting - High speeds


## Passing on Two-Lane Rural Roads

- No-passing zones help improve safety
- Double-yellow lines are painted in locations with visual limitations
- Ignoring no-passing zones can risk the lives of your passengers and innocent occupants of the vehicle ahead that may not be able to see oncoming vehicles


## Deciding to Pass

- Before passing, know the answer to these questions:
- What is the road width
- Are there shoulders?
- Are there LOS/POT restrictions
- How far away is the oncoming vehicle?
- Is the oncoming driver driving within the speed limit? Is the vehicle turning left?
- Are there hidden driveways or intersections?


Photo courtesy of AAA Foundation

## The driver of the vehicle ahead has moved to lane position 5

If you were following this vehicle, would you pass?

Why?
Why not?

## Preparing to Pass on Two-Lane Rural Roads

- Before passing know if you have a long, straight, open zone to complete the pass
- Keep a following distance of at least three seconds
- Search for vehicles slowing, turning or preparing to stop
- Estimate passing distance needed, you need to increase speed by $10 \mathbf{m p h}$ to pass another vehicle



## What do these two roads have in common?

## Passing on Multi-lane Rural Roads



- Be prepared for heavier traffic
-Search rear zone
-Check traffic speed in the front zones
-If a passing lane is ahead, wait to pass there
- Usually available on long grades


## Being Passed on Rural Roads

- When being passed, drivers carry some responsibility to help the driver pass safely
- Move to LP3 to increase the other driver's visibility and space cushion
- Reduce speed to help them pass quickly
- Adjust your following distance
- Never speed up to prevent the other driver from passing-it's illegal and


## Highway Hypnosis

- Highway hypnosis is when
a driver goes into a dreamlike state, not remembering the last few seconds (or longer) of driving
- Driving at a constant speed on a road with little traffic can contribute to fatigue,
 boredom or getting accustomed to the speed


## Highway Hypnosis

- Safety features to help prevent highway hypnosis include:
- Rumble strips to alert drivers they are leaving their lane or entering an intersection



## Velocitation

- Occurs when a driver drives faster than intended because the speed "feels" slower than it actually is
- Typically can occur when leaving a high-speed roadway to merge onto a slower speed roadway
- The result may be
 exceeding the speed limit


## Slow Moving Vehicles - Definition

- Designed to travel no faster than 25 mph
- Must have a foot brake and turn signals
- Must display the "slow moving" emblem
- May travel on public roadways during daylight hours
- Exception for emergency, snow removal equipment and farm equipment on noninterstate highways and equipped with flashing lights visible for 500 feet


Photo courtesy of AAA Foundation

## Identify the required equipment on this slow moving vehicle that permits it to be driven on public roads

## Slow Moving Vehicles on Rural Roads

- The variety of vehicles includes:
- "Wide loads" carrying modular homes, trailers, heavy equipment
- Farm equipment
- Snowplows and de-icing trucks
- Off-road vehicles such as ATVs and snowmobiles



## Slow Moving Vehicle Cautions

- Slower vehicles can create problems:
- Traffic backing up resulting in rear-end collisions
- Wide loads making it difficult to pass
- Hauled equipment spilling debris
- Idaho Slow Moving Vehicle Law
- Any vehicle traveling so slowly that it delays three or more vehicles must turn off the road where safe and allow other vehicles to pass


## Identify Slow Moving Vehicles Early

- Maintain a safe following distance
- Do not pass unless a clear, open LOS is seen
- Approach with caution
- Be alert for equipment projecting out
- Reduce speed uphill until the slower vehicle crests the hill


Photo courtesy of AAA Foundation

## Night Driving

- Practice these good habits:
- Headlights and taillights lit from sunset to sunrise
- Dim headlights 500 feet before meeting and 200 feet before overtaking another vehicle
- Keep the windshield clean both inside and out
- Glance to the right edge when oncoming vehicles approach



## Railroad Crossings

- There are nearly 252,000 highway-railroad grade crossings in the United States
- Idaho has 1,362 public crossings and
- 1,083 private crossings



In the United States about every two hours a
vehicle or pedestrian is struck by a train

## Rural Railroad Crossings

- Rural railroad crossings are less likely to have lights, bells, and whistles than urban crossings
- Many crossings may only have a crossbuck sign or no sign
- Treat these crossings with extreme caution and use the good habits (Module 7) for crossing railroad tracks
- At night it may be very difficult to see a train--search carefully for signs of a train, especially the headlight that is more visible



## Animals

- Every year about 1,800-2,000 crashes with wild animals are reported in Idaho
- Most crashes go unreported
- Deer are most active during early morning and evening
- The most dangerous time of year is during the mating season: November and December
- $90 \%$ of deer-vehicle crashes occur between dawn and dusk
- Large animals such as elk and deer can cause serious damage to vehicles and occupants


Photo courtesy of AAA Foundation

## Animal Crossings

- Reduce speed in animal crossing areas
- If a herd is on the road, stop and let the herd clear the road
- Avoid high beam or flashing headlights - the animals
 could become confused
- Do not swerve - it's better to hit an animal than head on into another vehicle
- If a crash with an animal is inevitable, brake firmly then release the brake just before hitting the animal it will
 help avoid having the animal come into the windshield
- Do not attempt to render aid to the animal
- If the damage is $\$ 750$ or more, Idaho law requires drivers to contact law enforcement



Photo courtesy of AAA Foundation

## What actions might the driver have taken to avoid this collision?

## Idaho Open Range Law

- Open range means all un-enclosed lands outside of cities, villages and herd districts, upon which cattle by custom, license, lease, or permit, are grazed or permitted to roam
- Fences do not void the open range law
- The owner is not required to keep animals off the road and is not liable for any damages or injury
- Animals under controlled movement in a crossing area have the right of way




## You are the driver,

## who has the right of way?



