





Congregation Shir Chadash

Rabbi Daniel Polish

Cantor Gail Hirschenfang

President Wendy Bill

Vol. 18 No. 5

January 2020

Services held at the *Freedom Plains United Presbyterian Church Route 55 and Stringham Road, LaGrange*

JANUARY CALENDAR

Online at
www.shir-chadash.org

3 Kabbalat Shabbat
7:30pm
4 Sharing Shabbat
9:00am
10 Kabbalat Shabbat
7:30pm

11 Hockey Game at
West Point vs Air
Force. Tickets

12 Board Meeting
9:00am
17 Kabbalat Shabbat
7:30pm
18 Sharing Shabbat
9:00am

24 Kabbalat
Shabbat at Home

31 Kabbalat Shabbat
7:30pm

Looking Ahead
2/1 Tu B'Shevat Sedar
11:45am

2/2 Groundhog
Day—the Movie
4:00pm

2/29 Line Dancing
7:00pm

From the Desk of Rabbi Daniel Polish

A Prayer for the New Year



Recently a television personality who bills himself as “your favorite president”, just before receiving the coveted “impeachment” of the year award, urged us in a tweet to “say a prayer”.

The fact is I say many prayers each day. Still, as we stand at the threshold of a new year I feel moved to share my personal prayers for 2020:

- I pray for the health of my loved ones and friends.
- I pray for the vitality of my congregation.
- I pray that the new year will be challenging, fulfilling and rewarding for all of us.
- I pray that our country may find its way back to civility and decency.
- I pray for the reuniting of families separated at our border.
- I pray for the return to mental equanimity of migrant children separated from their families.
- I pray of the thousands of migrants around the world desperately looking for a place of security and sanctuary. May they find a place with open arms and hearts.
- I pray for the strength of Nancy Pelosi.
- I pray for the health of Justice Ginsburg.
- I pray for all those suffering from homelessness and poverty. May they find a society open and eager to stand with them and assist them in their times of trial.
- I pray for veterans, returning home from the errands on which we sent them, now suffering from PTSD. May their nation be as eager to help them in their struggles as it was to send them into harms way.
- I pray for a nation where thousands die each year of gun violence. May it awaken to its own peril and together reason a way to making our society safer.
- I pray for all the racists and anti-Semites, the white supremacists and nationalists in America and around the world. May they experience a turning of their hearts. May they be guided to understanding and tolerance.
- I pray for the state of Israel, may it become again a wholesome society, a place both Jewish and democratic, tolerant of diversity and fair in its dealings with all people.
- I pray for Israelis and Palestinians. May they find leaders ready and able to lead them to peace, mutual security, respect and co-operation.
- I pray for candidates for office who speak for reason, civility, compassion, healing and civic cohesion.
- I pray for the one who urged us to pray. May he find happiness and contentment in his new home in Florida. May 2020 find him returned there speedily and in our day.

And let us say Amen

B'Shalom,
Rabbi Daniel Polish

A Message from President Wendy Bill

Jewish New Year vs. Secular New Year



For most of us, September marks a new year. We dip apples in honey to celebrate Rosh Hashanah. We plan dinner menus; we invite family and friends to break bread with us and we go to synagogue.

Three months later we dip chips in onion dip to ring in the secular New Year and hope we can make it 'til midnight. I love having two opportunities to celebrate but how is the Jewish New Year, Rosh Hashanah, different from the secular New Year? The start of the secular New Year is commonly a time for making resolutions for individual betterment in the year to come. Why not incorporate some Judaism into your New Year's resolutions?

Strengthen your connection to your Shir Chadash community. Now's the perfect time! Start by attending Shabbat services. And for those Friday nights when you just can't make it, try observing the Day of Rest .

Make a commitment to social justice. Social justice is an essential component of Reform Judaism. We hear the voices of the prophets in our heads: be engaged in the ongoing work of *tikkun olam* (repair of the world); strive to improve the world in which we live; be G-d's partners in standing up for the voiceless and fixing what is broken in our society.

Study Torah more often. Studying Torah offers something for everyone, of all ages. Our Shabbat morning Torah Study requires no prior knowledge of Torah or Hebrew. Round table discussion over breakfast. You can listen or participate. Give it a try!!

Experiment with Jewish cooking. Kugel and mandelbrot and matzah ball soup, oh my; just like Grandma's. Tender vegetable stews and soups laced with lemon and Middle Eastern spices infusing your home. Find the perfect Jewish recipe for any occasion. Ask any one of our excellent Shir Chadash cooks!!

B'Shalom
Wendy Bill
845-227-7236;
bills1989@msn.com



Kabbalat Shabbat at Home

On Friday, January 24 we are welcoming Shabbat with friends at our tables. Shir Chadash families have opened their homes to fellow members. It is a meaningful way for us to share the joy of Shabbat together, and to get to know one another better as well. Rabbi Polish and Cantor Hirschenfang look forward to dropping by and visiting with you as they become "circuit riders" for the evening. — please RSVP and you will be signed up to be at one house or another.

We all look forward to a meaningful and joyous Erev Shabbat with our extended Shir Chadash Family. There will not be regular services.

Congregation Shir Chadash

Presents

The West Point Black Nights

Hockey Team

Vs.

Air Force Academy Falcons

Saturday, January 11, 2020

7:00pm at West Point

Bleacher seating

Concessions available

\$25.00 per ticket

More information:

Wendy Bill

bills1989@msn.com or

845-702-8645



Name _____

Telephone _____

Email _____

Number of Tickets _____

Amount Enclosed \$ _____

Check or Cash only

Please mail to: Congregation Shir Chadash, Wendy Bill, 5404 Chelsea Cove North,
Hopewell Junction, NY 12533



Calling All Readers— Rosh Chodesh Pot Luck Brunch & Discussion

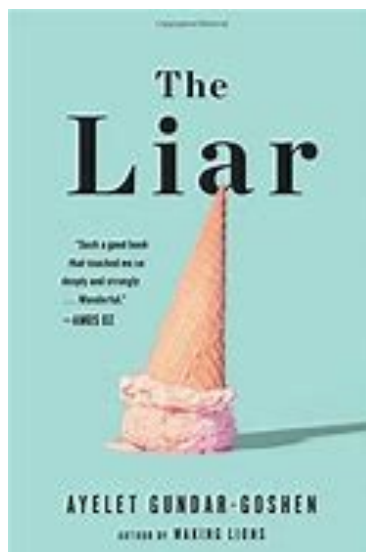
Sunday January 26th

10:30am—12:30pm

at the home of Sandy & Jeff Lash

53 Rymph Road LaGrangeville

845-723-4045



From the award-winning author of *Waking Lions*, a provocative novel about how one mistake can have a thousand consequences.

Nofar is an average teenage girl---so average, in fact, that she's almost invisible. Serving customers ice cream all summer long, she is desperate for some kind of escape.

One afternoon, a terrible lie slips from her tongue. And suddenly everyone wants to talk to her: the press, her schoolmates, and even the boy upstairs. He is the only one who knows the truth, and he is demanding a price for his silence.

Written with propulsive energy, dark humor, and deep insight, *The Liar* reveals the far-reaching consequences of even our smallest choices, and explores the hidden corners of human nature to reveal the liar, and the truth-teller, in all of us.

Ayelet Gundar-Goshen is an Israeli novelist, screenwriter and psychologist. Her debut novel, “*One Night, Markovitch*”, won the Sapir prize for debut fiction – Israel’s Man Booker – and her second, “*Waking Lions*”, is an international bestseller. She has also worked for the Association for Civil Rights in Israel.

“A brilliant fable about the lure of lying and the lure of fame. The writing is wonderful.” –Joan Silber, National Book Critics Circle and PEN/Faulkner award-winning author of *Improvement*

A Message from Sue Marcoe Education Enrichment Coordinator

Fun at Religious School? Yes!



The first half of the year has just flown by. Watch for more exciting programs coming up in our Religious School. We'll be looking at Tu B'Shevat, Purim, and Passover from different perspectives, touching upon Tikun Olam, Tzedakah, and G'milut Chasadim as well. And in the spring we will revisit our unit on Israel with the younger students "traveling" to the land of milk and honey, and our older students getting a preview of what they might see, and what foods they might taste, when they travel to Israel with Birthright or any of the other programs available for teens.

Alyssa Barnes will be guiding 5th-7th grade students on January 4th, and Karen Marder will once again be working with these young teens on January 18th. But we still need parents and/or Shir Chadash members who can offer one or two Sharing Shabbats to work with these students, from 9-10:10a.m., as they learn more about their Judaism. If you enjoy working with children/teenagers, I can provide a lesson plan. If you have some talent or knowledge that you would like to share with these youngsters, your help would be greatly appreciated, especially if you have been to Israel. We need teachers for February 1st and 22nd, and March 7th and 21st, as well as for April and May. Please let me know if you are available and willing. Thank you!

As always school begins promptly at 9:00am with bagels & juice in the classroom. Bring your children a little earlier and they can prepare a plate of healthy food to bring upstairs. Plan to stay for Shabbat services and enhance your child's Shabbat experience. What is important to you becomes important to your children.

Wishing you and your family a Happy and Healthy 2020!!

B'Shalom Sue Marcoe
sfmarcoe@gmail.com; 845-723-4045



Member's Corner

Beef Barley Soup With Lemon

YIELD 8 servings **TIME** 3 1/2 hours

With a higher ratio of broth to barley than one usually sees, and the addition of plenty of fresh baby spinach, this beef barley soup is a little lighter than most of its kind. However, it's still a substantial, satisfying meal that gets a heady aroma from spices (coriander, cumin and paprika) and a brightness from lemon. If you like your meals with a kick, top this with thinly sliced jalapeño, which will wilt slightly from the heat of the soup. Leftovers freeze perfectly for at least three months, though if using the jalapeño, don't add it until serving time.

INGREDIENTS

1 pound beef stew meat, cut into 1/2-inch cubes
2 teaspoons kosher salt, more as needed
1 teaspoon black pepper, more as needed
2 tablespoons olive oil, more as needed
3 small or 2 large leeks, thinly sliced
3 celery stalks, diced
1 fennel bulb, diced
4 garlic cloves, finely chopped
1 tablespoon tomato paste
3/4 teaspoon ground coriander
1/2 teaspoon ground cumin
1/2 teaspoon sweet paprika
Large pinch cayenne, optional
1 quart beef or chicken stock
3 sage sprigs
2 rosemary sprigs
2 bay leaves
2 carrots, peeled and cut into 1/2-inch chunks
2 parsnips, peeled and cut into 1/2-inch chunks
2 large turnips, peeled and cut into 1/2-inch cubes
3/4 cups pearly barley
8 ounces/8 cups baby spinach or baby kale
1/4 cup chopped parsley
Finely grated zest of 1 small lemon, plus fresh lemon juice to taste
Thinly sliced jalapeños or other chiles, for serving (optional)

PREPARATION

Season beef with 1 teaspoon salt and 1/2 teaspoon pepper. Let mixture stand for 30 minutes to 1 hour at room temperature. Heat 2 tablespoons oil in a large pot over medium-high heat. Add meat and cook in batches, turning occasionally, until well browned, 8 to 10 minutes per batch. Drizzle in additional oil if the pan seems dry. Transfer the browned meat to a paper-towel-lined plate to drain.

Add leek, celery, fennel and garlic to the pan; cook until soft, about 7 minutes, adjusting the heat if necessary to prevent burning. Push the vegetables to one side, and, if the pan looks dry, add a bit more oil. Add tomato paste and spices to the cleared spot and cook until tomato paste is darkened and caramelized, 1 to 2 minutes. Stir together vegetables and tomato paste.

Return meat to the pot. Pour in stock and 8 cups water. Using kitchen string, tie sage, rosemary and bay leaves into a bundle and drop into pot. Bring the liquid to a simmer over medium heat. Cook, partly covered, for 1 hour. Stir in the carrots, parsnips, turnips, barley, 1 teaspoon salt and remaining 1/2 teaspoon pepper. Simmer until barley is cooked through and meat is tender, 45 minutes to 1 hour more. Pull herb bunch from pot and discard. Stir spinach and parsley into pot until wilted, 2 to 3 minutes (kale may take a few minutes longer), then stir in lemon zest and juice. If soup is too thick, thin it with a little water. Taste and adjust seasonings, if necessary. Serve with chiles, if you like .

Roberta Tracy

BE A MORTGAGE MENSCH-

Help Shir Chadash Secure Our Land And Our Future

Background: Many years ago, the congregation purchased property along Freedom Road in Lagrangeville with the intention of building a synagogue. After much money, time, and sweat equity it has been determined that for the foreseeable future we will be unable to utilize this land. We have some money to continue to pay the mortgage, however that money will be depleted soon.

The net liability is \$21,000. Possibly we could actually pay off the mortgage and in doing so, gain some added flexibility as to the disposition of the land.
If each member family pays \$18 (Chai) until November 2021, we could easily pay off the mortgage.

So be a mortgage mensch.....

I/We hear by authorize Congregation Shir Chadash to withdraw monthly :

_____ \$18 per month until November 2021

_____ \$36 per month until November 2021. I/We would like to help those who can not.

_____ \$432 one-time withdrawal

Routing Number _____ Account # _____
(Please attached a voided a check)

_____ Enclosed is a one-time payment of \$432

_____ I/We will make monthly payments from my/our financial intuition

Signature _____

Date _____

For more information, please contact Jim Thrasher, Treasurer at 845-380-7221 or jdt845@yahoo.com or send your completed form to Jim Thrasher, Treasurer, 31 Timberline

Drive, Poughkeepsie, New York 12603. **Thank you!!**

IN SUPPORT OF SHIR CHADASH

Donations to Shir Chadash are a wonderful way to honor the memory of a loved one, honor a friend or celebrate a simcha while supporting the Congregation. We have the "General Fund", the "Building Fund", the "Clergy's Discretionary Fund", the Adult B'nai Mitzvah Scholarship Fund, the Morse and Social Action Projects and the Sy Hirschenfang Scholar-in-Residence Fund. We will accept donations to any of our funds. The General Fund always needs your help to fund all our wonderful programs. Please send your donations to our Treasurer: Jim Thrasher, 31 Timberline Drive Poughkeepsie, New York 12603 or on our website; www.shir-chadash.org. The donation tab is on the home page and please remember to complete the message box.

Sadie Herschbein **in appreciation** of Sara and Michael Rothman

Wendy and Stuart Bill **in memory** of Myrtle Herschbein, mother of Steve Herschbein

Sandy and Jeff Lash **in memory** of Myrtle Herschbein, mother of Steve Herschbein

Thank you for the generous donations to the Be a Mortgage Mensch Campaign:

Norm Mackay

Rochelle and David Bellach

Lori and Ron Dritz

Jeff and Sandy Lash

Roberta Schiff

Kezia Gleckman Hayman

Steve Herschbein

Rabbi Polish and Cantor Hirschenfang

Roberta Burshtyn

Sue Marcoe

Would you like to see your name on this list? Contact Jim Thrasher, Treasurer at jdt845@yahoo.com or 845-380-7221.

Shop with Shir Chadash at no extra cost to you

Did you know that every dollar you spend at Adams Fairacre Farms, Hannfaord, Shop Rite, Stop & Shop or Tops could be helping Shir Chadash ... and it won't cost you anything extra?

It's true.

Through programs at each store, Shir Chadash is able to purchase gift cards and gets a percentage back while you get the full face value! It's a true Win-Win!

Think about it, you probably shop every week and therefore would need cards every week, right? In an effort to help stabilize some of the congregation's finances and make it easier for members to get cards as-needed, the board would like to be able to place regular monthly orders and have cards available for everyone as they need them.

So, here's how you can help. Several people have committed to contributing money to fund an initial order of cards so we'll have them for September.

If you can commit each week to purchasing gift cards totaling the amount you spend each week and paying treasurer Jim Thrasher either with cash or check (*PayPal takes too much out to make it cost effective*) two week's prior, you'll be able to pick up the cards at or before services in two weeks.

Of course, if you'd like to pay ahead for two, three or more weeks at once, that's OK too!

Either way, you'll be able to get your groceries that week and Shir Chadash will get a little bit of revenue on an ongoing basis, and we'll all be happy.

If you have any questions about the program, contact Wendy Bill at 227-7236 or bills1989@msn.com

ALSO: If you use Amazon, you can help generate ongoing revenue for Shir Chadash simply by shopping through Amazon Smile and selecting Shir Chadash. With every purchase you make, Amazon donates a small percentage to the congregation! All these small things add up, so if you haven't signed up yet, please do so today.



January Torah Readings

January 3 and 4 Vayigash

Gen 44:18-47:27

D'var Torah Tammy Malley

January 10 and 11 Vayechi

Genesis 47:28-50:26

January 17 and 18 Shemot

Ex 1:1-6:1

D'var Torah Irwin Goldberg

January 24 and 25 Va'era

Exodus 6:2-9:35

January 31 and February 1 Bo

Exodus 10:1-13:16



January Yahrzeits*

Friday, January 3, 2020	Benjamin Gottesman	Grandfather	Lois Lang
Friday, January 3, 2020	Benjamin Yaver	Father	Jinny Goff
Friday, January 3, 2020	Martin Roth	Father	Rochelle Bellach
Friday, January 10, 2020	Ruby Sonnenstien	Step dad	Diane Light-Spiro
Friday, January 10, 2020	Bernard Hoffman	Uncle	Sue Marcoe
Friday, January 10, 2020	Clara Dorn	Mother	Peter Dorn
Friday, January 10, 2020	Marcia Been	Sister	Edward Ginsberg
Friday, January 03, 2020	Gertrude Sonnenstein	Mother	Diane Light-Spiro
Friday, January 10, 2020	Clara Jaitin	Grandmother	Gail Jaitin
Friday, January 17, 2020	Leo Dorn	Father	Peter Dorn
Friday, January 17, 2020	James Thrasher	Father	Jim Thrasher
Friday, January 17, 2020	Elaine Mae Rosenberg	Mother	Wendy Bill
Friday, January 10, 2020	Betty Gottesman	Aunt	Lois Lang
Friday, January 10, 2020	Myron Wassell	Father	Emily Kuriloff
Friday, January 24, 2020	Doris Marchaese	Special Friend	Wendy and Stuart Bill
Friday, January 24, 2020	Richard M. Freeman	Father	Jane Moore Freeman
Friday, January 24, 2020	Jean Weiss Jaitin	Mother	Gail Jaitin
Friday, January 17, 2020	Aaron Goldberg	Father	Irwin Golderg
Friday, January 24, 2020	Selma Feit	Mother	Victor Feit
Friday, January 17, 2020	Wendy Rada	Sister	Susan Feit
Friday, January 31, 2020	Violet Camac	Mother	Deanna Sandor
Friday, January 31, 2020	Donna Presser	Sister	Stuart Bill
Friday, January 31, 2020	Jerry Zuckerman	Father	Daniel Zuckerman
Friday, January 31, 2020	Tillie Herschbein	Grandmother	Steve Herschbein
Friday, January 31, 2020	Morris Roth	Father	Sara Rothman

*To update your Yahrzeit list, please complete the on-line form on our website www.shir-chadash.org

Oneg and Bagel Break Hosts

Friday, January 3

Saturday, January 4

Friday, January 10

Saturday, January 18

Friday, January 24

Friday, January 31

Roberta Burshtyn

Liz and Harold Glassberg

Wendy and Ian Freedman

Pat and Ed Freeman

Angela and Butch Panzer



Oneg Coordinators: Suzanne Neil
suzanneneil@mac.com
 845-559-3123
 Wendy Bill
bills1989@msn.com
 845-227-7236
 Sharing Shabbat Bagel Organizer:
 Sara Rothman 845-223-5925



Congregation Shir Chadash

brings you “a new song”

Calendar 5780 (2019-2020)

Kabbalat Shabbat Services starting Friday evening September 6th at 7:30pm
Sharing Shabbat starting Saturday morning, September 7th at 9:00am

All are welcome!

SATURDAY MORNING SHARING SHABBAT 9:00 AM

September 7 and 21
October 5 and 19
November 2 and 16
December 7 and 14

January 4 and 18
February 1 and 22
March 7 and 21
April 4 and 18
May 2 and 16

Saturday, September 21st Selichot Joint Celebration at Temple Beth-El 8:00pm

Sunday, September 29th Erev Rosh Hashanah 8:00pm

Monday, September 30th Rosh Hashanah 10:00am

Family Rosh Hashanah Celebration Service 3:00pm

Tuesday, October 8th Kol Nidre 8:00pm

Wednesday, October 9th Yom Kippur 10:00am

Panel Discussion: Hate in the Bible Stories We Love: What If? 12:30pm

Yom Kippur Family Service 2:00pm

Yom Kippur Afternoon/Yizkor/Concluding Services from 3:00pm to BreakFast

Sunday, October 13th Sukkah Building and Family BBQ and Service, 3:00pm

Friday, October 18th Sukkot Family Service 7:30pm

Friday, October 25th Family Simchat Torah Shabbat 7:30pm

Sunday, November 24th Interfaith Thanksgiving Service 5:00pm

Friday, December 27th “Light Up the Night”

Family Chanukah Celebration 7:30pm

Saturday, February 1st Tu B'Shevat Seder 11:30am

Friday, March 13th Purim Celebration 7:30pm

Friday, April 10th No Services – Second Passover Seder

Friday, April 17 Joint Service with Temple Beth-El – at Shir Chadash 7:30pm

Friday, April 24th Yom HaShoah Shabbat 7:30pm

Friday, May 1st Yom Haastmaut Shabbat 7:30pm

Friday, May 8 Joint Service with Temple Beth-El – at TBE 7:30pm

Thursday, May 28th Tikkun Leyl Shavuot – Time TBD

Friday, June 5th Honoring Our Teachers at 7:30pm

Friday, June 12th Board Installation at 7:30pm

Board of Trustees 2019-2020

President
Vice President
Secretary
Treasurer
Immediate Past President
Trustee
Trustee
Trustee
Trustee

Wendy Bill
Victor Feit
Sue Marcoe
Jim Thrasher
Lindsey Turner
Rochelle Bellach
Lori Dritz
Roberta Tracy
Irwin Goldberg

Clergy

Rabbi Daniel Polish
Cantor Gail Hirschenfang
Rabbi Emeritus Leonard A. Schoolman



371 Hooker Avenue
Poughkeepsie, NY 12603
845.485.0241 Fax: 845.452.8601

59 Montgomery Street
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845.452.1140

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hopewellanimalhospital.com

Save on Taxes – Contribute Directly from your Retirement Account

If you are retired and drawing required minimum distributions (RMDs) from a retirement account, you may be able to avoid paying income taxes on your contributions to Shir Chadash up to the RMD limit by directing your financial institution to issue a check made out to Shir Chadash, and sending the check to our Treasurer, Jim Thrasher. Please consult your financial advisor to ascertain whether you are eligible to take advantage of this tax avoidance before making your contribution.



**the
deadline
for the
weekly email is
tuesdays at
3:00pm. thank you
for your
cooperation.**

**wendy bill
bills1989@msn.com
845-227-7236**

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SERVICES WOULD BE CANCELLED BY
5:00pm Sharing Shabbat
WOULD BE CANCELLED BY
7:00am**



January 2020

SUN	MON	TUE	WED	THU	FRI	SAT
Welcome 2020			1	2	3 KABBALAT SHABBAT 7:30PM	4 SHARING SHABBAT 9:00AM
5	6	7	8	9	10 KABBALAT SHABBAT 7:30PM	11 WEST POINT HOCKEY GAME VS ARMY 7:00PM
12 BOARD MEETING 9:00AM	13	14	15	16	17 KABBALAT SHABBAT 7:30PM	18 SHARING SHABBAT 9:00AM
19		21	22	23	24 SHABBAT AT HOME 7:30PM	25
26	27	28	29	30	31 KABBALAT SHABBAT 7:30PM	1 SHARING SHABBAT 9:00AM TU B'SHEVAT SEDER LUNCH 11:30AM 