

Good morning!!!! Welcome to basketball season 2022-23 and the Tip of the Day!

We are a week earlier this year and 2 scrimmages per team have been jammed into about 5 days. If you wanted to work a scrimmage, you certainly had the opportunity!!

Just a thought to start the year off.....be a good colleague, friend and mentor to our new officials. No matter what, the new officials we get will help us. Maybe you could even reach out to one and just offer to answer questions and go watch him/her work and offer advice. Give the new official your cell number, even if it is available on Arbiter or a chapter roster. Think about the people who helped you and honor that person by doing the same. If for some reason you didn't have someone help you, think about how that felt and don't let our new officials go through the same things. Also make sure to honor your own mentor, all the officials no longer with us and those who have retired.....they have paved the way for us all....

Soooo.....starting off the new season running leads us to starting off this evening with team observations. What do you look for, what do you think about? With all the craziness in club and AAU ball, uniforms have become an issue. The pictures below are two in my area this fall. The Farrell uniforms were actually posted on Twitter - that is where I saw them - and the other pic was sent to me asking about legality. Both pictures show illegal uniforms. Uniform reps do not know the uniform rules, and even if they do, are just interested in selling them!



So, rule 3-4 is the uniform rule. We need to know this rule. Why are the Farrell uniforms illegal? The 'F' is below the neckline. And the Blue Devil uniforms? Multiple reasons, but they must be a single solid color to begin with – home MUST be white – and the away must be a solid 'dark' color and it must be 70% towards the darkest that color is – the '70% standard'.

What happens if we have illegal uniforms? The penalty is a direct technical foul to the head coach. The coach must sit (loses the coaching box), a team foul is counted, the T counts towards the head coach's two T's, the opposing team gets two free throws to start the game then gets the ball opposite the table at the division line and the arrow is set to the team that has illegal uniforms when the throw-in is completed. PHEW.....did everyone get that right?!

What happens if BOTH teams have illegal uniforms? Don't laugh, it could happen!!!! Think about that one!!!

Friday Extra: Make sure to STRETCH well before your game(s) and treat your body well!

Have a great game tonight!

Tim